

Annual Report 2003

Registered Charity Number CHY 15289



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Psychotherapy

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Campaigning

**Auditor's &
Administrative Report**

**Support and resources for women and men who have
experienced sexual abuse and/or sexual violence**



One in Four

One in Four exists to give voice to the experience of people who have experienced sexual abuse and/or sexual violence and to provide a space that by its very existence challenges feelings of shame and self blame. In the often perceived hopelessness and despair of such trauma the reality of meeting another, one who has undertaken that journey themselves, offers hope and encouragement.

One in Four is an organisation run for and by people who have experienced sexual abuse and/or sexual violence. We actively seek and welcome the involvement of people who have experienced sexual violence, whether as children or as adults, at all levels of the organisations work. The creation of a community that bears witness to the isolating and silenced reality of sexual abuse and/or sexual violence fundamentally changes and moves beyond that reality.

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Introduction

“Transparency and accountability are core principles of One in Four... we therefore believe that we have a responsibility to demonstrate clearly and fully how we use such funds and apply ‘best practice’ principles across the programme of services.”



Introduction

This first Annual Report of One in Four Ireland presents the organisation with its first opportunity to explain in detail the nature of its work and to demonstrate its commitment to best practice in both service delivery and governance. It is an opportunity that we welcome.

The name One in Four comes from research that consistently tells us that 25% of adults disclose an experience of childhood sexual abuse. In Ireland this figure is 27%¹.

One in Four was founded in the UK in 1999, when a group of therapists in private practice found that a significant number of their clients disclosed childhood sexual abuse. While individual therapy was in the main effective and helpful, there were needs that could not appropriately be met through individual psychotherapy. It was decided to establish an organisation that would develop services to address the wider needs of that client group through individual therapy, group therapy, advocacy and support.

Following on from the public and media attention that resulted from the screening of the BBC documentary, “*Suing the Pope*”, One in Four (London) decided to explore the possibility of establishing an office in Ireland. The London office was inundated with calls, letters and e-mails from Ireland and the website www.oneinfour.org, which was set up to give access to the UK service from Ireland, was recording 2,000 to 3,000 hits per day.

Colm O’Gorman, Director of One in Four (London), approached the Irish Government to discuss how to proceed and was encouraged to put forward a concrete proposal. The Government strongly encouraged the establishment of One in Four Ireland.

This first annual report covers the period from the incorporation of the organisation as a Company limited by guarantee on July 15th 2002, to the end of the financial year 2003. In November 2002, One in Four Ireland received funding to secure and refurbish offices in Holles Street, Dublin and recruit staff. In reading this report it is important to recognise that accounts cover financial dealings from 2002 to 2003, whereas the service information and statistics refer to the period February to December 2003. The provision of core client services, Psychotherapy and Advocacy, commenced in February 2003.

The report that follows sets out in detail the work undertaken by One in Four since its establishment. It also details the approach adopted by the organisation in carrying out this work and the financial accounts that refer to the period. Transparency and accountability are core principles of One in Four, the organisation is funded in part by grant aid from public funds, by donation, through service provision and by fundraising. We therefore believe that we have a responsibility to demonstrate clearly and fully how we use such funds and apply ‘best practice’ principles across our programme of services. For this reason we have adopted a policy of publishing, as part of our Annual Reports, the full text of the Annual Audit carried out by John P. Carlin and Company, independent auditors.

1. McGee, H. Garavan, R., De Barra, M. Byrne, J and Conroy, R. (2002). *The SAVI Report - Sexual Abuse and Violence in Ireland*. Dublin: Liffey Press in Association with the Dublin Rape Crisis Centre.



Review of Service

“It has been an incredible time, a time of arrival that by its nature demanded that all of those who work within One in Four, demonstrate extraordinary commitment, vision, courage, professionalism and integrity.”

Review of Service

It is my fervent hope that the period covered by this, our first Annual Report, will go down in the history of One in Four as the most dynamic in the life of the organisation. I say it is my hope, not because I regret the dynamism of this past 18 months but, because I cannot see how it is possible for such a period of momentous development, hard work and challenge to be sustained in the long term. It has been an incredible time, a time of arrival that, by its nature, demanded that all of those who work within One in Four demonstrate extraordinary commitment, vision, courage, professionalism and integrity.

One in Four employs sixteen staff, eight on a full-time basis and eight part-time. In the space of four months, from November 2002 to February 2003, the organisation faced the momentous task of refurbishing a building, recruiting staff and working towards the establishment of a national service. Given that the organisation was new to Ireland, this required a formidable effort; an effort that was worthwhile and a challenge that I am proud to say the entire team here at One in Four rose to. It is only by the combined and sustained efforts of every member of this team that the organisation has been able to deliver the volume and quality of service recorded in this report.

In essence, this period has been about formation and consolidation. The organisation was founded and the process of fulfilling the necessary criteria to be granted charitable status successfully undertaken. One in Four became a registered charity in June 2003. Resources have been an ongoing concern, as they are for most organisations operating in the voluntary or charitable sector. In October 2003, One in Four found itself without the funding necessary to continue in operation. Thankfully, due to extraordinary public and private support, this crisis was averted and the organisation was able to continue its work.

A further challenge faced by the organisation has been to communicate effectively its purpose and its vision. In the furore surrounding the scandal of clerical sexual abuse and the frantic developments of the past two years, One in Four has established a service of excellence that provides therapeutic support and advocacy to women and men who have experienced sexual abuse and/or sexual violence in any context.

The public perception of the service however has been, and to some degree continues to be, that it is a 'clerical abuse survivors' group'. It is hoped that this report will correct that misperception. In the time period from February to December 2003, One in Four's Psychotherapy Programme has provided a total of 2,140 one-to-one sessions and 540 hours of group therapy to 156 women and men who have accessed therapeutic support at One in Four.

In the same period the Advocacy Programme has undertaken in-depth, one-to-one work in 113 individual cases, held 232 client support meetings and provided support by e-mail and telephone to hundreds of individuals. The Advocacy Programme received 2,366 calls in the period up to December 2003.

It is true to say that across all of One in Four's programmes the level of service delivered has been limited only by the resources available. The Psychotherapy Programme has had a waiting list since its inception and the Advocacy Programme has been equally over-subscribed. In reality, the lack of resources has meant that the service has not been able to meet demand.



Review of Service...

An indication of outstanding success of the service has been the high number of women and men seeking support, many of whom have broken silence for the first time. The percentage of men seeking to access support is particularly noteworthy. For some time it has been recognised that men who have experienced sexual violence are less likely to report such abuse and seek support; only 2.6% of men report experiences of sexual abuse or sexual violence to An Garda Síochána and 57% of men who have experienced sexual violence as children or adults never disclosed such abuse .

One in Four has sought to develop and deliver services in ways that encourage some of the more marginalised or silent victims of sexual abuse and/or sexual violence to seek support. Forty three percent of all psychotherapy clients and 49% of all advocacy clients at One in Four are men. These figures are markedly higher than those generally reported for men seeking support in relation to sexual abuse and/or sexual violence. The organisation will in future years need to focus particular attention on other sections of the population including women and men with disabilities, refugees and asylum seekers, and older people.

The number of women and men seeking support in relation to sexual abuse perpetrated by females is also noteworthy. This emergence is mirrored in other services, in their annual statistics for the same period, the Dublin Rape Crisis Centre reported that 7% of clients accessing therapy disclosed abuse perpetrated by females. At One in Four 8% of clients in therapy and 4% of clients accessing the Advocacy Programme reported abuse perpetrated by females.

While the development of client services at One in Four over the period has been essential, so too has the putting in place of effective and professional administration and financial control mechanisms for the organisation. One in Four sees this as a core function of the service; without effective, transparent and professional administration, the organisation cannot resource and deliver services to clients. While it has been a particular challenge to focus attention on administration in the face of heavy demand on support services and the rapid pace of service development, I believe that the organisation has successfully put in place robust and appropriate systems to ensure effective and accountable management of the service and its resources.

One in Four has demonstrated strong and unwavering commitment to best practice across the breadth of the organisation's work. I believe that its commitment to transparency and openness, and to questioning practice and policy, are the most effective and important manifestations of that commitment. We do not believe that we can or do get everything right and as such we are open to and welcoming of questioning and examination that informs the further development of best practice principles.

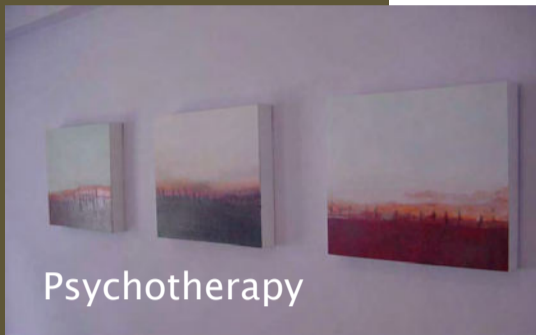
It is with confidence, and the possibilities that this openness brings, that we look forward to learning more and developing our awareness and skills as we work to further develop our services and structures.

Our work is challenging, and essential. It is, for me, an honour to be party to such work and to be a witness to the extraordinary courage and beauty that our clients display in working through and beyond experiences that have had a devastating impact on the lives of so many Irish women and men. It is true to say that in the experiences of abuse our clients disclose, we are witness to much of the darkness of humanity, but it is also true that in the struggle to emerge from such trauma we are witness to what is the best of humanity.

Colm O’Gorman
Director

1. McGee, H. Garavan, R., De Barra, M. Byrne, J and Conroy, R. (2002). *The SAVI Report - Sexual Abuse and Violence in Ireland*. Dublin: Liffey Press in Association with the Dublin Rape Crisis Centre.

Review of Service



February to December 2003:
2,140 one-to-one sessions
540 hours of group therapy to 156 women and men



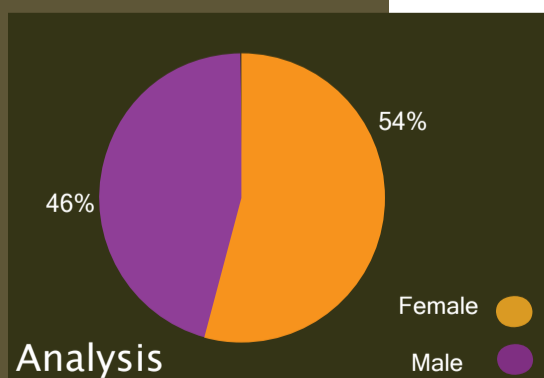
February to December 2003:
113 individuals supported through in-depth case work
2,366 telephone calls seeking information and support



Website 2003:
Approx 573,000 hits on message boards



April to December 2003:
3,147 telephone calls



February to December 2003:
Pie chart illustrates the gender breakdown of clients engaged in one to one psychotherapy and/or advocacy



Psychotherapy

“The clinical team is committed to the work of One in Four and to the clients who have entered into relationship with the organisation. Each member of the clinical team adheres to the professional code of practice and best practice guidelines of their affiliating governing body. One in Four as an organisation, has adopted the Ethical Framework for Good Practice in Counselling and Psychotherapy of the British Association of Counselling and Psychotherapy for all clinicians and supervisors.”

Psychotherapy

The Therapy Programme is one of the core services of One in Four. The programme aims to meet the needs of service users in a variety of ways, offering: one-to-one counselling and psychotherapy, group therapy and open nights.

The clinical team comprises of a clinical director, two full-time psychotherapists, three sessional psychotherapists, one sessional counselling psychologist and two placement psychotherapists who together form a dynamic multidisciplinary clinical team with a broad spectrum of therapeutic and professional approaches and experience. One in Four adopts a professional approach in recruiting for the clinical team and all full-time and sessional therapists are trained to the highest standards and are accredited members of the appropriate governing body for their particular therapeutic approach. The two placement psychotherapists are valuable members of the clinical team and bring a refreshing energy, reminding those with more experience that there are always new skills, new approaches and new theoretical perspectives to consider, open up to and embrace.

The clinical team is committed to the work of One in Four and to the clients who have entered into relationship with the organisation. Each member of the clinical team adheres to the professional code of practice and best practice guidelines of their affiliating governing body. One in Four as an organisation, has adopted the Ethical Framework for Good Practice in Counselling and Psychotherapy of the British Association of Counselling and Psychotherapy for all clinicians and supervisors. Supervision forms an intrinsic aspect of the support offered to the clinical team and while each individual psychotherapist is required to meet particular criteria for supervision as set out by BACP or Irish Association of Humanistic and Integrative Psychotherapy or Irish Association of Counselling and Psychotherapy, One in Four has put in place supervision above and beyond those stated requirements. We recognise and acknowledge the impact of the therapeutic work and how important it is to support the overall well-being of clinicians, professionally and personally. This approach to clinical supervision illustrates One in Four's deep commitment to delivering best practice across all the organisation's services.

One-to-one therapy began in February 2003 and since then over 136 individuals have engaged in weekly one-to-one therapy. While some of the therapy has been short-term, research indicates that therapy with individuals who have experienced childhood sexual abuse and/or sexual violence is predominantly long-term. Each individual who enters into therapy in One in Four is assured that they determine how long their therapy will go on for and that endings are at their discretion. Therapy is offered on a weekly basis, though this can be negotiated to fortnightly should a client's particular circumstance require this.

One in Four also offers Group Psychotherapy, since September 2003 two different groups – a Mixed Group and a Allies Group have been up and running, meeting the needs of a further 20 individuals. The Mixed Group is a deep process group that runs on a weekly basis for two and a half hours and is co-facilitated by two psychotherapists. It is attended by 12 clients, who are in one-to-one therapy either in One in Four or elsewhere. It is a requirement for the Mixed Group that each client has the additional support of one-to-one therapy.

The second group is the Allies Group which has proven to be a wonderful extension of the work of the organisation. It offers support to individuals who have been or who are supporting someone who has experienced childhood sexual abuse and/or sexual violence. It runs on a weekly basis and is facilitated by one psychotherapist and is attended by eight clients.

The need for different types of groups continues to present a challenge to the organisation in meeting service users' needs. Currently under consideration for the forthcoming year is the establishment of an Art Therapy Group, and an Eating Disorders Group and/or a Self-harm Group.

Open Evenings were established on a weekly basis in February 2003 before the first therapy clients began being seen. On any one evening, between 8 and 12 people might attend an open evening. Open Evenings offer a space that does not demand discussion, work or thought but is simply a space to be free to connect with others in similar circumstances. They offer an opportunity to talk about personal issues if desired and offer individuals the experience of an environment that holds the issues surrounding sexual abuse and/or sexual violence in a mindful way, acting as a container for the broader, collective experience. These evenings also offer a 'way in' for individuals considering engaging with their issues around an experience of sexual abuse and/or sexual violence.

Thérèse Gaynor
Clinical Director

Psychotherapy: Data & Analysis

Figure 1.0. Number of Psychotherapy Enquiries.

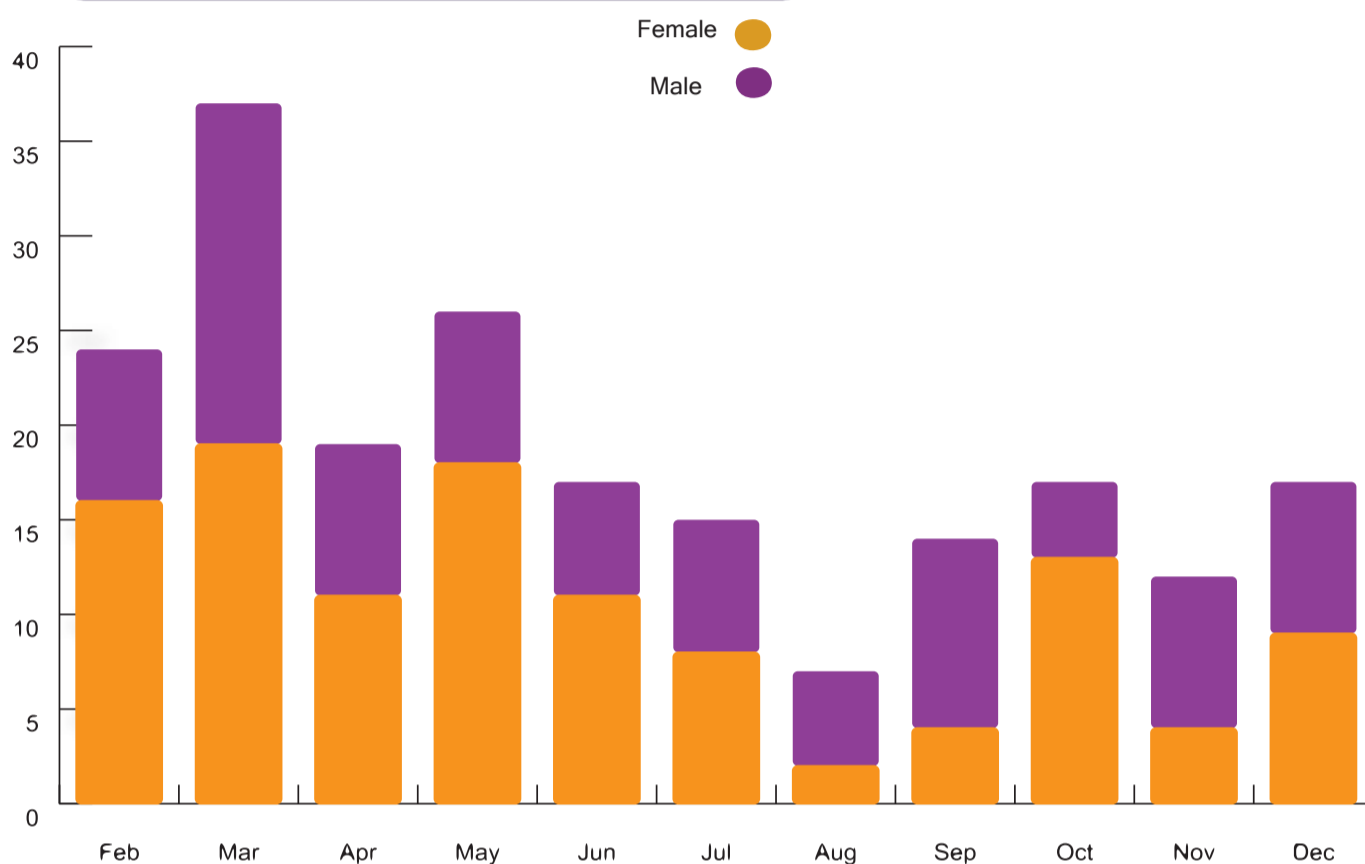


Figure 1.0 shows a breakdown of enquiries to One in Four for therapy in the period February 2003 to December 2003.

It highlights female and male enquiries and the consistent trend that has been experienced throughout the core services of the organisation, i.e. the high percentage of males accessing the service.

Figure 1.1. Breakdown of Psychotherapy Enquiries.

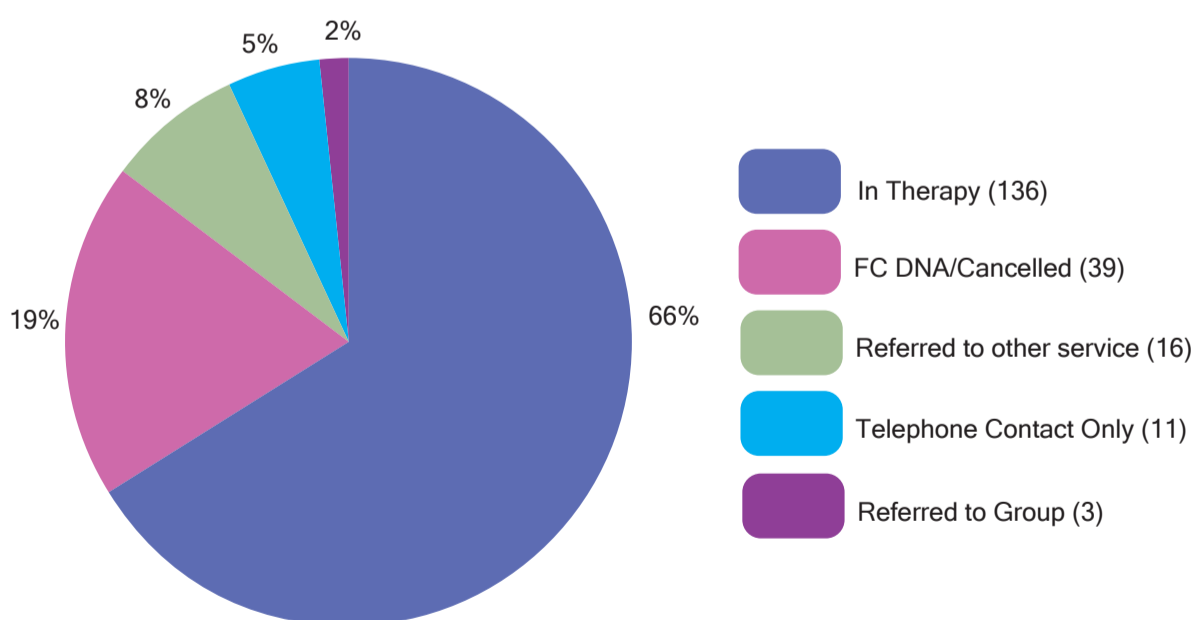


Fig 1.1 shows a further breakdown following an initial enquiry to the service.

The breakdown of the 205 therapy enquiries is as follows; Individual In Therapy (136), First Contact Did Not Arrive/Cancelled (39), Referred to Other Service (16), Telephone Contact Only (11), Referred for Group (3).

Fig 1.2 shows a breakdown by gender of the total number of individuals who entered into one-to-one therapy from the period February 2003 to December 2003.

It highlights the number of females (77) and the number of males (59).

This diagram again illustrates the high percentage of males who have engaged in therapy.

Figure 1.2. Breakdown by Gender of individuals in therapy.

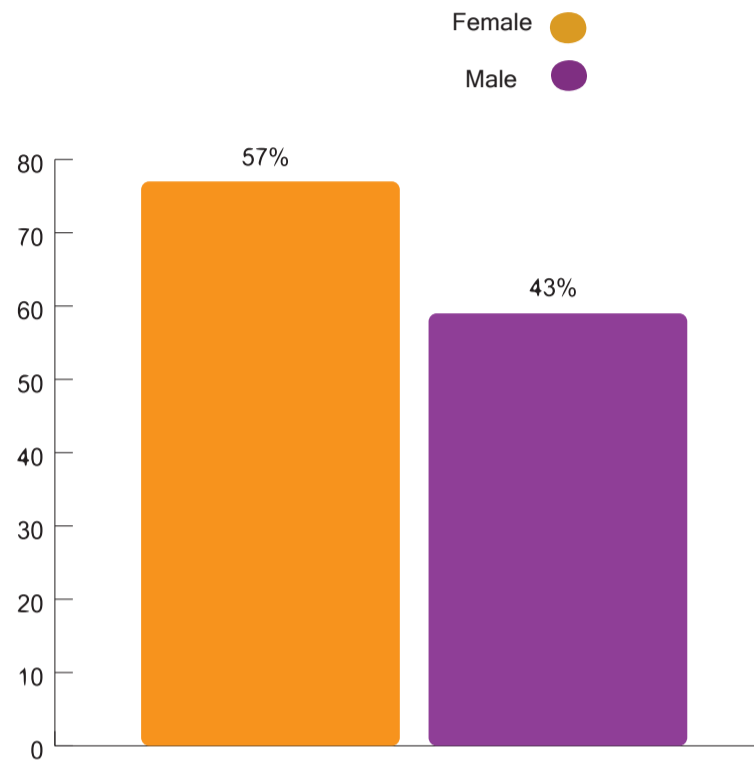


Figure 1.3. Breakdown of Psychotherapy Sessions.

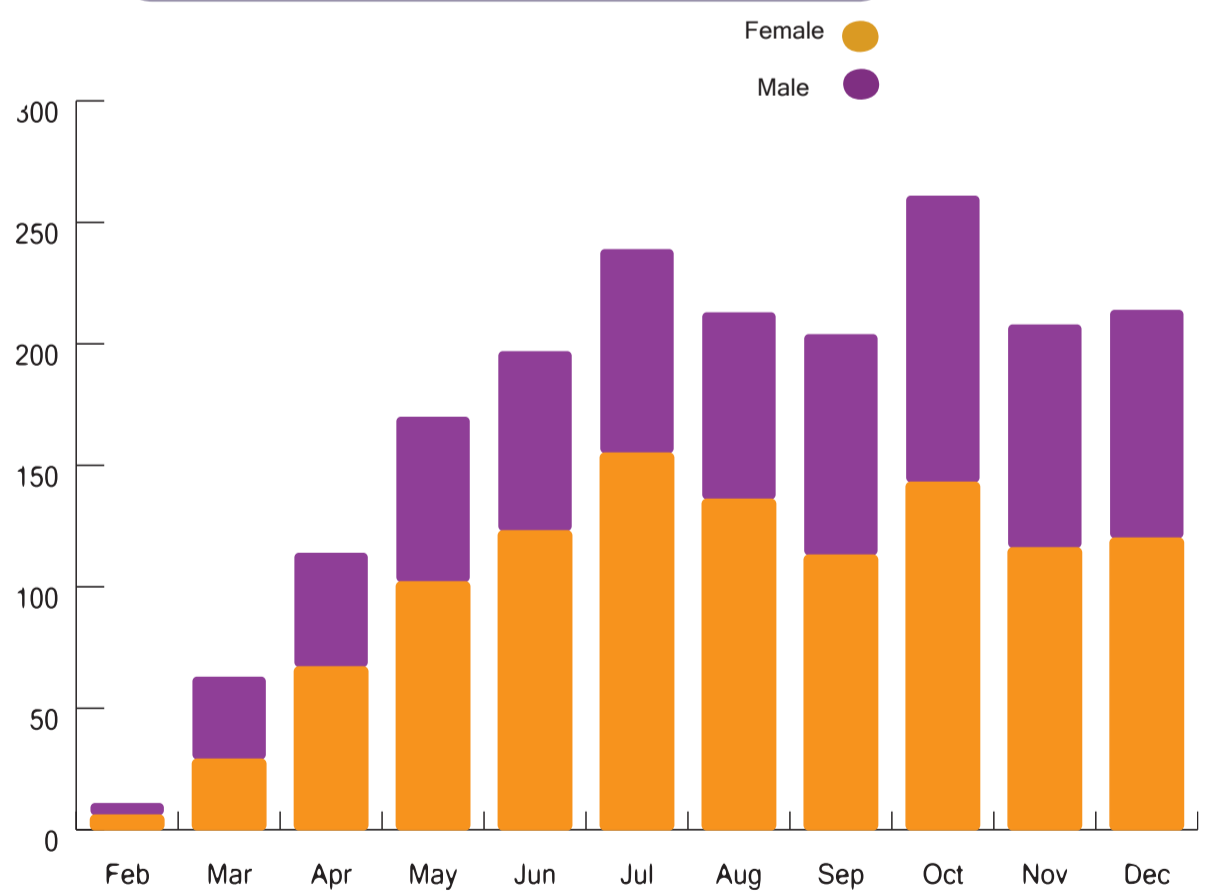


Fig 1.3 shows a breakdown of one-to-one therapy sessions provided in the period February 2003 to December 2003.



Group Therapy

Group Therapy

Group Therapy is available for those who have experienced sexual abuse and/or sexual violence. One in Four offers a range of groups in order to meet the particular needs of service users. These groups can be for women and men only or they can be mixed. Group Therapy offers a space for individuals to discuss and share their experiences in a caring, supportive environment and are a powerful way to break silence and end isolation. All groups are facilitated and run by experienced therapists for varying time periods, depending on the needs and the type of group.

Two groups began in September 2003 and have been on-going since then, these are; a Mixed Group and an Allies Group.

Mixed Group

Participation in the mixed group is offered to clients who are in one-to-one therapy either in One in Four or elsewhere. The group is facilitated by two psychotherapists and runs on a Tuesday evening from 7.00 p.m. to 9.30 p.m. It is an on-going group that runs for fourteen weeks, followed by a two week break, followed by fourteen weeks and so on. The break allows for intake of new clients and for any client who may wish to finish in group to do so. New participants and on-going participants are asked to commit to a fourteen-week period.

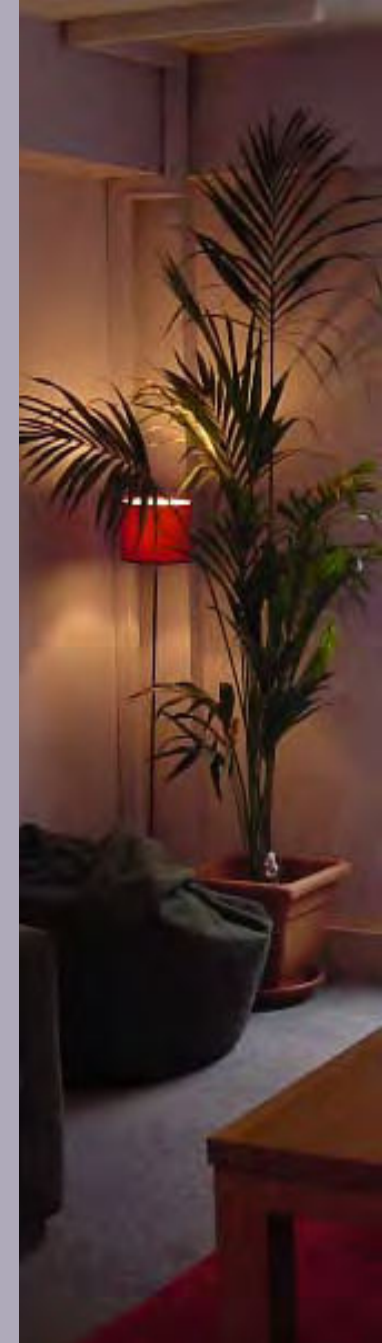
Allies Group

The Allies Group is facilitated by one psychotherapist and currently runs on a Monday evening from 6.30 p.m. to 8.00 p.m. It is an on-going group that runs for ten weeks, followed by a two week break, followed by another ten weeks and so on. The break allows for intake of new clients and for any client who may wish to finish in group to do so. New participants and on-going participants are asked to commit to a ten-week period.

Both groups began in September 2003 and have continued on an on-going basis since then. The table below shows the breakdown of group hours in the period September 2003 to December 2003.

Table 1.0.

Group	Hours per Week	Duration	Participants	Total Client Hours
Mixed Group	2.5	14 Weeks	12	420
Allies Group	1.5	10 Weeks	8	120



Psychotherapy: Context of Abuse

Figure 1.4. Percentage of female and male perpetrators.

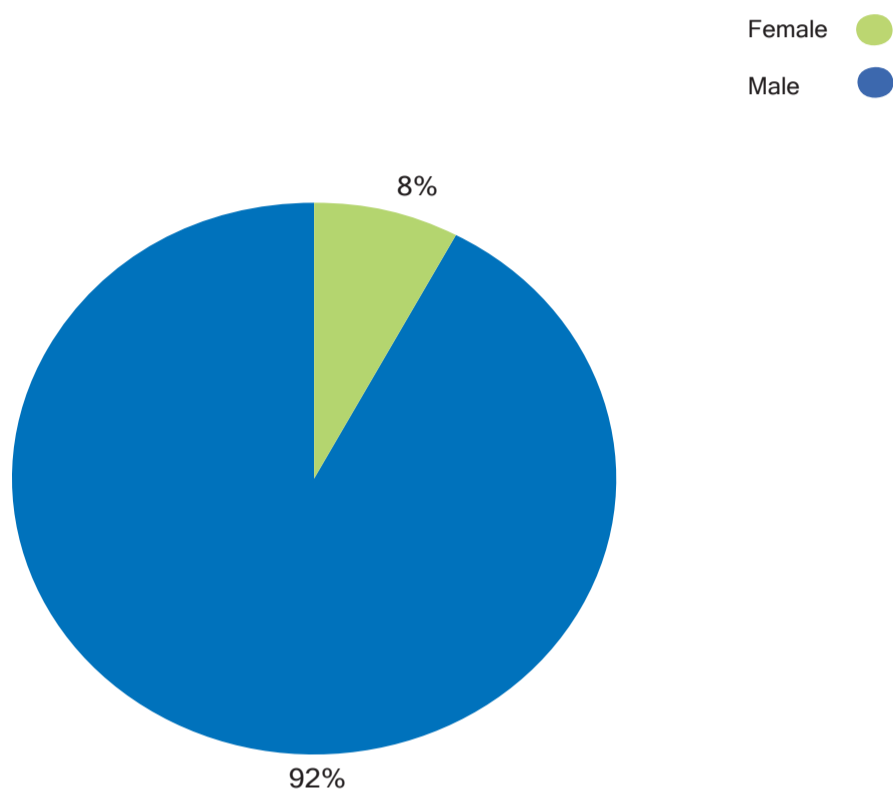


Fig 1.4 shows the overall percentage of female and male perpetrators as indicated through psychotherapy client disclosures.

Figure 1.5. Context of sexual abuse and/or sexual violence.

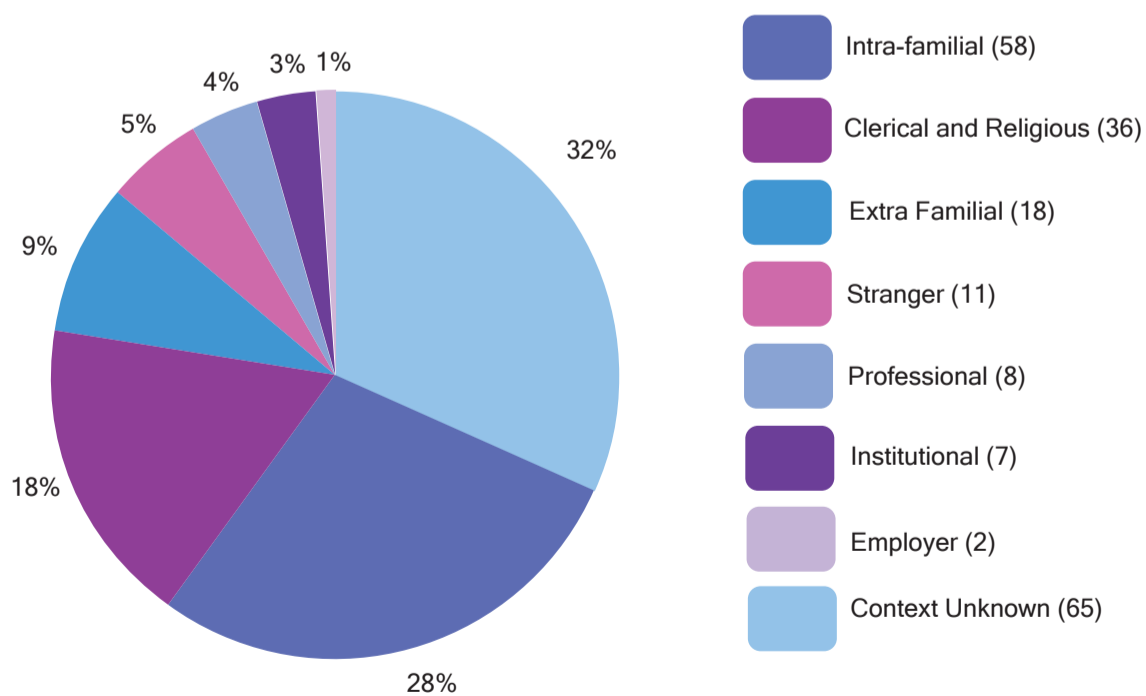


Fig 1.5 shows a breakdown of the context in which sexual abuse and/or sexual violence occurred as disclosed in all psychotherapy enquiries.

Fig 1.6 shows a breakdown of the context of sexual abuse and/or sexual violence by perpetrator.

The size of each chart reflects the scale of the number of perpetrators within each of the categories.

It is broken down by percentages of female and male perpetrators.

Figure 1.6. Gender of perpetrator within each context.

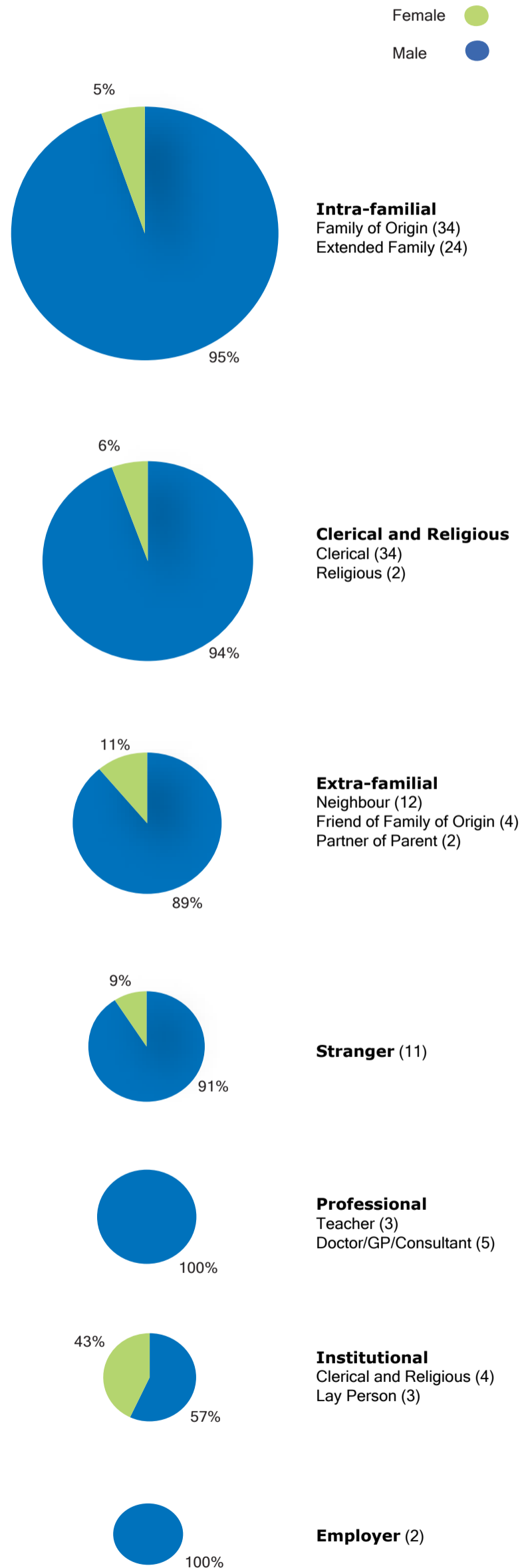


Figure 1.6 excludes the context unknown category featured in Figure 1.5 as neither the context of abuse nor gender of perpetrator has been disclosed.



Advocacy

“Our advocacy service has one simple and clear aim: to work for our clients in order to empower them by providing safe and clear contact with the necessary services. The client decides what steps to take and our advocates act only under their direction. Our role is to determine and discuss the options.”

Advocacy

One in Four is a needs responsive agency; we are here to help our clients in whatever way might be necessary. In responding to individual needs psychotherapy is obviously a core response, however, in the majority of cases there are wider health, social care and justice needs. In order to respond to these needs, One in Four has established a dynamic advocacy service that works with both women or men seeking support to address their individual needs.

Our advocacy service has one simple and clear aim: to work to empower our clients by providing them with safe and clear contact with the necessary services. The client decides what steps to take and our advocates act only under their direction. Our role is to determine and discuss the options.

As a core service at One in Four, advocacy has experienced heavy demand since its inception. Indeed, the level of demand has been such that the service has found itself seriously under-resourced. One in Four's current funding only provides one member of staff for the programme – the Advocacy Co-ordinator – who, with support from the Director, has undertaken all the work involved in this programme. This lack of resources has meant that the service has neither been able to respond fully to demand nor develop the programme further.

The advocacy programme can be broken into two work streams – direct client work and in-direct client work, though both categories are obviously closely inter-linked.

Direct client work:

Between February and December 2003 the Advocacy Programme undertook in-depth, one-to-one work with 113 individuals. Forty eight percent of them were male. This direct work did not include additional advocacy and support work done with many more women and men via email, telephone or letter.

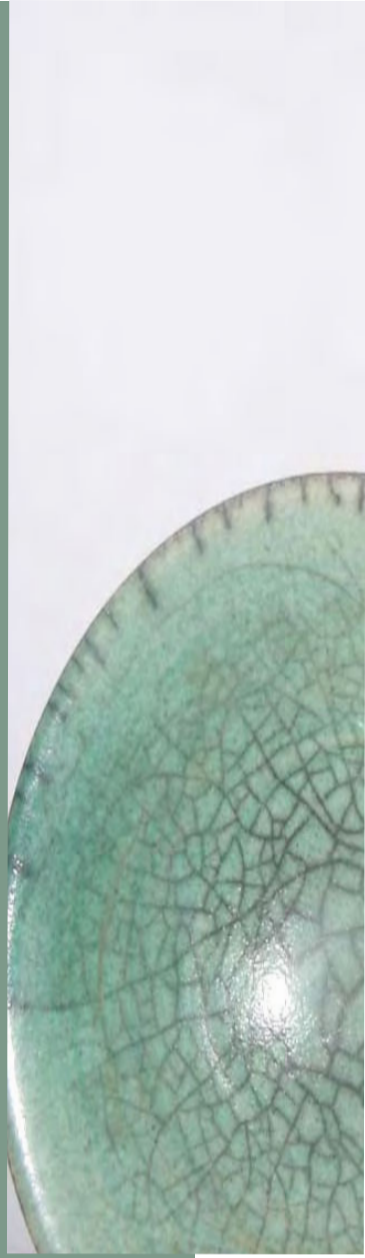
In depth case work:

- Arranging and facilitating meetings with individuals to discuss their needs and explore all available options.
- Facilitating meetings between individuals and the Gardaí and supporting them through any resulting criminal justice process, including court accompaniment where appropriate.
- Supporting individuals and providing appropriate advice on the civil judicial process and referral to appropriate legal advice, including court accompaniment where appropriate.
- Informing individuals of their legal, health and social care entitlements.
- Supporting individuals by providing them with advice on the application procedures and hearing process of the Residential Institution Redress Board and by referring them to appropriate legal advice.
- Assisting individuals in their application for records under the Freedom of Information Act.
- Supporting individual witnesses and providing appropriate advice as they gave evidence to the Ferns Inquiry.
- On-referral to appropriate agencies in order to meet individual needs.

The Ferns Inquiry

Between April 2002 and December 2003, One in Four supported twenty individuals who wished to give evidence to the Ferns Inquiry. The primary focus of this work was to support individuals in an appropriate manner while also remaining independent of the work of the Inquiry itself. The support provided to individuals seeking to give evidence to the Inquiry involved:

- Working closely with individuals in order to empower them by providing safe and clear contact with the Ferns Inquiry.
- Arranging travel and accommodation for individuals giving evidence to the Inquiry, when necessary.
- Arranging legal advice for individuals, when required.
- Providing a supportive space for individuals at our offices before and after their visit to the Inquiry.
- Accompanying individuals to the offices of the Ferns Inquiry, if they so wished.
- Ensuring that the process of making a submission to the Inquiry was as painless as possible for the individual.



ADVOCACY CLIENT WORK February – December 2003

Table 2.0: Categories of work

The following table illustrates the type of work undertaken through the Advocacy Programmes with clients. It must be noted that many individuals required assistance in relation to different processes, for example, some individuals required support and information on the criminal justice and civil processes simultaneously.

Type of Work	Numbers	Action
Criminal Justice Support	39 cases	<ul style="list-style-type: none"> ● Information on the criminal justice process. ● Referral to the Gardaí & facilitating meetings. ● General Support. ● Information on the criminal court process. ● Support through court cases. ● Support individuals upset with the criminal justice process and length of case. ● Information and support on the public prosecution process and the refusal of cases by the Director of Public Prosecutions (DPP).
Civil Cases	23 cases	<ul style="list-style-type: none"> ● Information provision on the civil process. ● Explanation of issues in the civil process. ● Referral to solicitors. ● Arranging meetings, where appropriate, with solicitors. ● Court support.
Miscellaneous	29 cases	<ul style="list-style-type: none"> ● Referral to health board. ● Letter writing. ● Referral to book publishers. ● Third level college support. ● General information on services of One in Four.
Ferns Inquiry	20 cases	<ul style="list-style-type: none"> ● Provide up-date information and a point of contact for individuals seeking to participate in the Inquiry. ● Working closely with individuals in order to empower them by providing safe and clear contact with the Ferns Inquiry. ● Arrange travel and accomodation for individuals giving evidence to the Inquiry, when necessary. ● Arrange legal advice and representation for individuals when required. ● Provide a supportive space for individuals at our offices before and after their visit to the Inquiry. ● Accompany people to the offices of the Ferns Inquiry, if they so wished.
Redress	18 cases	<ul style="list-style-type: none"> ● Sourcing Support. ● Explaining the application form. ● Transcribing personal information. ● Referral to solicitors.
Freedom of Infomation	3 cases	<ul style="list-style-type: none"> ● Completion of Freedom of information applications
Housing	1 case	<ul style="list-style-type: none"> ● Arranging housing ● Writing letters to Housing Welfare Officer

Indirect client work:

Indirect client work is informed by the experiences and issues highlighted through the direct client work. During the period of this report, this work included:

- Research on issues applicable to the Advocacy Programme.
- Report writing on issues that are applicable to the Advocacy Programme and wider organisation.
- Policy analysis and policy writing for internal and external purposes.
- Assisting in the development of national inquiries into child abuse.
- Developing and maintaining effective links with outside agencies.
- Co-operating with and participating in the media on issues that are applicable to the Advocacy Programme.

The following are issues that the Advocacy Programme has worked on between February – December 2003:

- Successfully lobbying Government to ensure that amendments to the Freedom of Information Act passed into legislation in 2003 did not negatively impact upon women and men abused in institutions and other settings and seeking access to records in that regard.
- Research and preparation of a detailed submission on the sexual exploitation and forced labour of children in Ireland to the United Nations Committee on Contemporary Forms of Slavery.
- Establishment of and participation in a working group to lobby and prepare for a statutory inquiry into clerical sexual abuse in the Catholic Archdiocese of Dublin.
- Research for and preparation of a detailed submission to the Ferns Inquiry

Main Issues in the first year of the programme

Looking back over the work of the Advocacy Programme at One in Four over this period and listening to the expressed needs of our clients, there were two words we heard most often: information and justice.

The experience of sexual abuse and/or sexual violence is a crime, which in the moment of its perpetration, renders the victim powerless. In the case of child abuse, this powerlessness may be a result of the child's inability to comprehend what has happened, to make sense of that experience and respond in any healthy way. For those who have experienced sexual violence as adults, the taboo of sexual victimisation and the shame projected onto the experience may not allow them to disclose their assault and seek support. For many re-visiting these experiences information is key.

Through our work in advocacy over the past year, we believe that information, an understanding of the experience of sexual abuse and/or sexual violence and the systems that work to respond, can allow the person to reclaim their power. This is a lesson we learn each and every day as we undertake the work of advocacy in One in Four. The need for clear access to and an understanding of information is essential. Too often individuals can be overwhelmed with information, and it therefore must be communicated in a clear and objective manner.

Many women and men who have experienced sexual abuse and/or sexual violence turn to our systems of justice, both criminal and civil, in an effort to seek a response to the crimes they have been subject to. There is often a huge need for justice, for validation and to ensure that the responsibility for the crime no longer rests on their shoulder. Many seek such justice through our criminal and civil justice system, through systems of redress or investigation. Many have spent years waiting for such justice to prevail only to find they have been completely failed by these systems of justice. The impacts of this failure can be devastating. For many it can represent another level of not being heard, of not being believed; a further and devastating abuse.

The Irish justice system, in common with those in other mature, republican democracies, is supposed to respond to crimes against the vulnerable in particular. We are conditioned to expect that when we are violently assaulted and injured, our systems of justice can and will respond; the reality is that often they cannot. It is a core function of the Advocacy Programme to inform, assist and guide our clients through the varied justice systems that seek to respond to sexual crime. In doing so we have a duty to be candid and objective as to the possible outcome of any such engagement. This can mean that we find ourselves supporting and working with the devastating disappointment and terrible despair that a client feels when all possible options are exhausted. It beholds us to fundamentally examine the reasons for such failures of justice and to work to change flawed systems in the years ahead.

Deirdre Fitzpatrick
Advocacy Co-ordinator



Advocacy: Data & Analysis

Figure 2.0. Number of Enquiries to Advocacy.

Female ●
Male ●

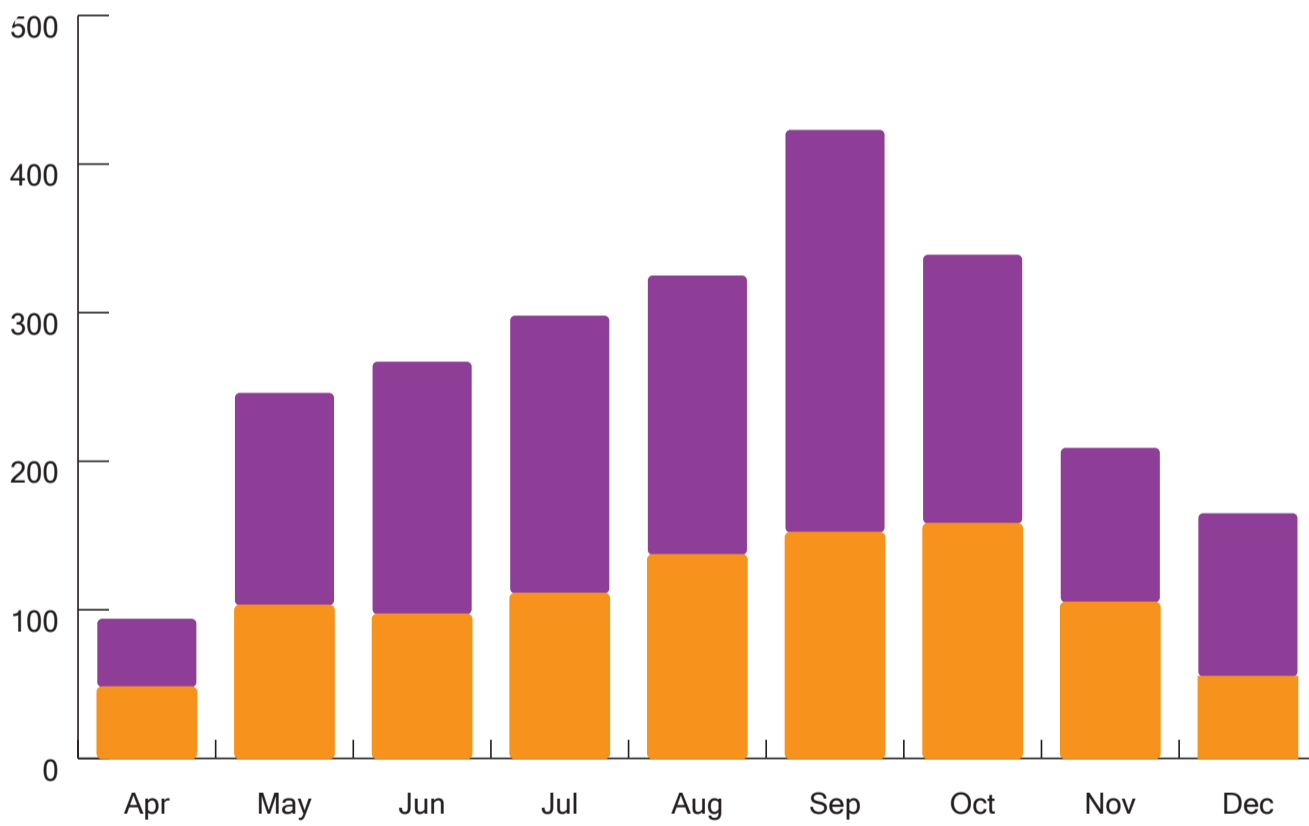


Figure 2.0 shows the breakdown of Enquiries to Advocacy in the period April 2003 to December 2003.

Fig 2.1 shows a breakdown by gender of the number of females (58) and males (55) who attended one-to-one advocacy meetings.

Figure 2.1. Breakdown by gender.

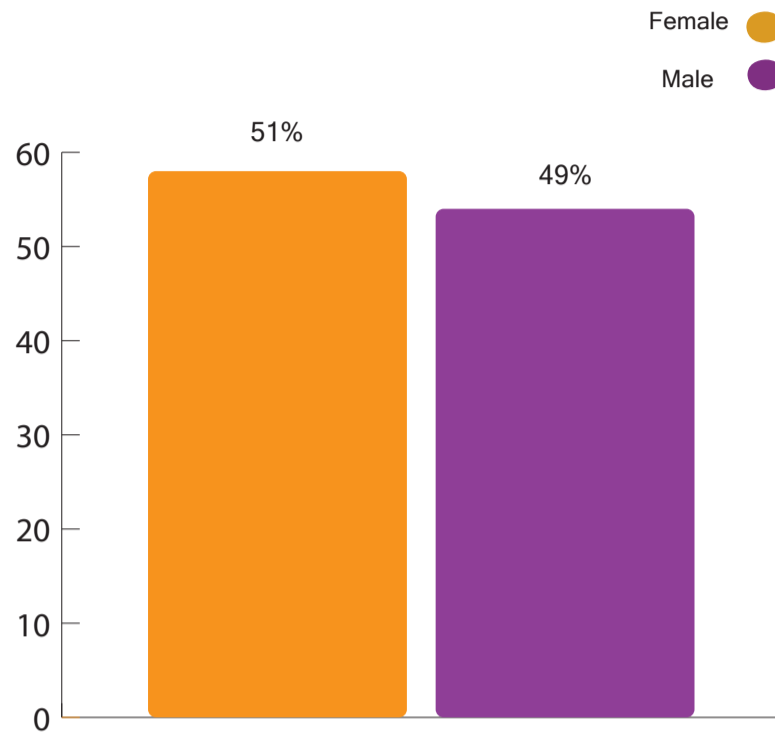
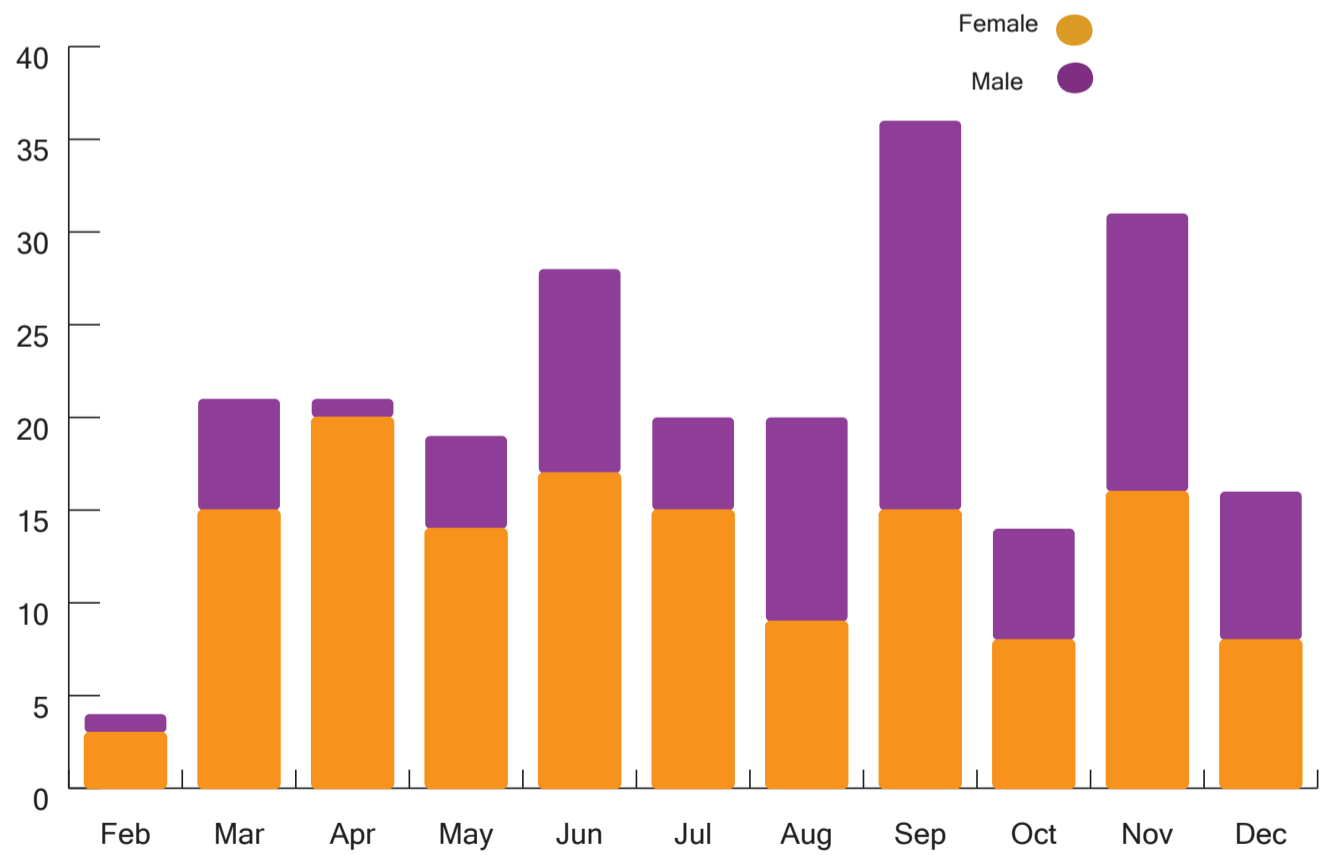


Fig 2.2 shows a breakdown by gender of one-to-one client meetings over the period February 2003 to December 2003.

Figure 2.2. Number of one-to-one meetings with individuals.



Advocacy: Context of Abuse

Figure 2.3. Overall percentage of female and male perpetrators .

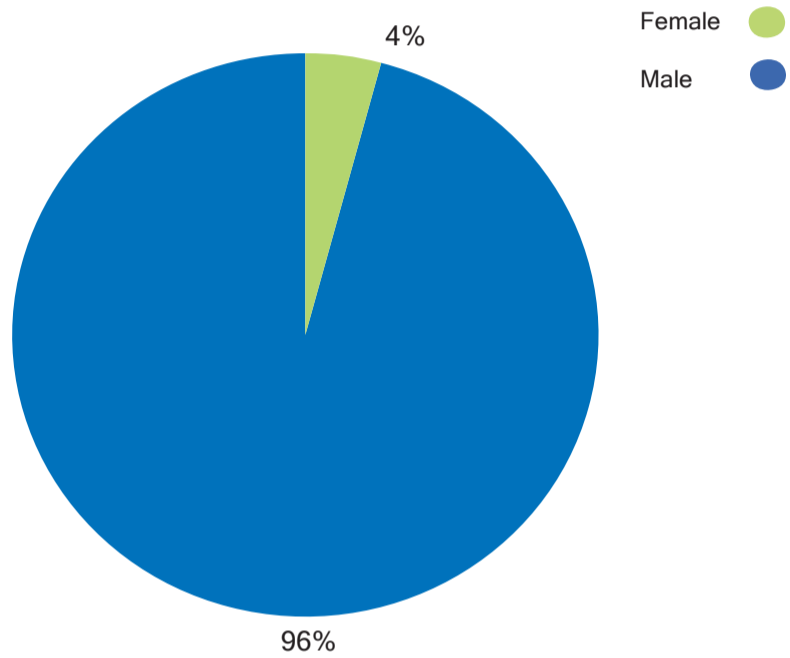


Fig 2.3 shows the overall percentage of female and male perpetrators as indicated through advocacy client disclosures.

Figure 2.4. Shows the context of sexual abuse and/or sexual violence.

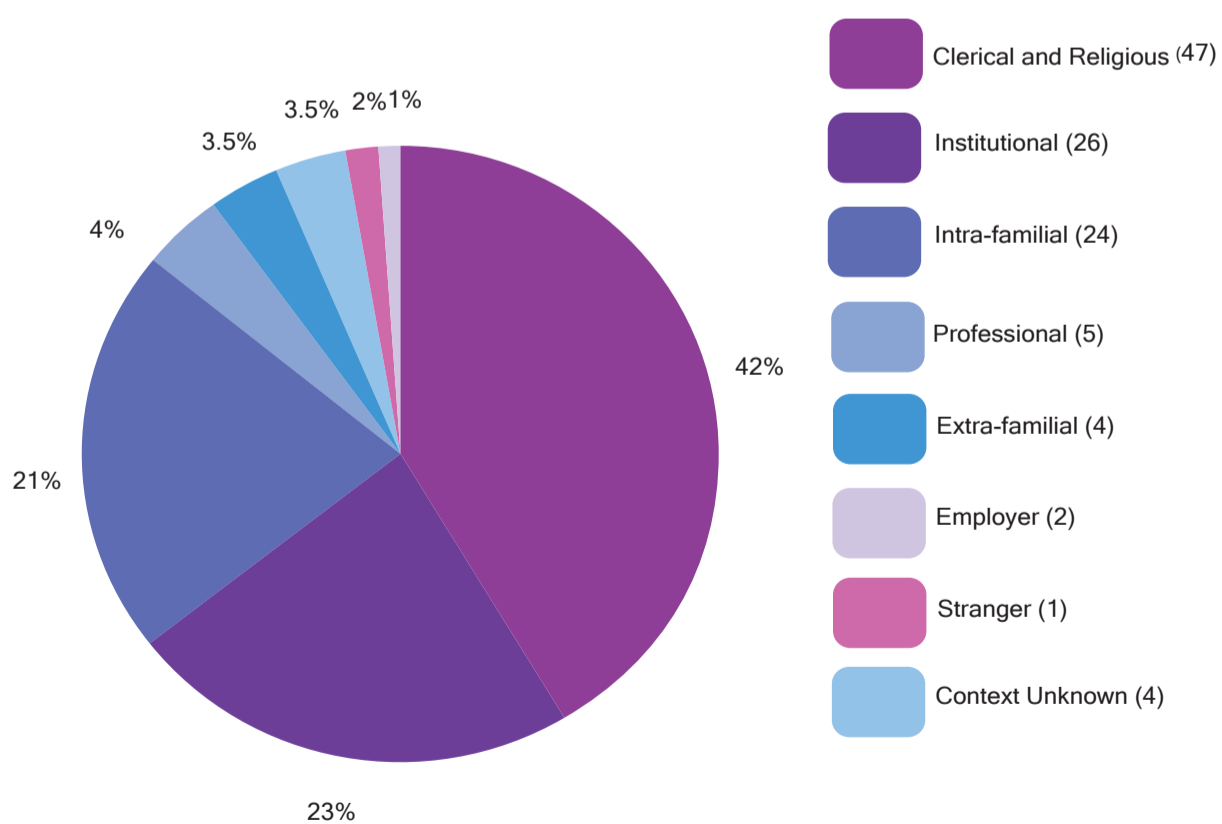


Fig 2.4 shows a breakdown of the context in which sexual abuse and/or sexual violence occurred.

Figure 2.5. Gender of perpetrator within each context

Female ●
Male ●

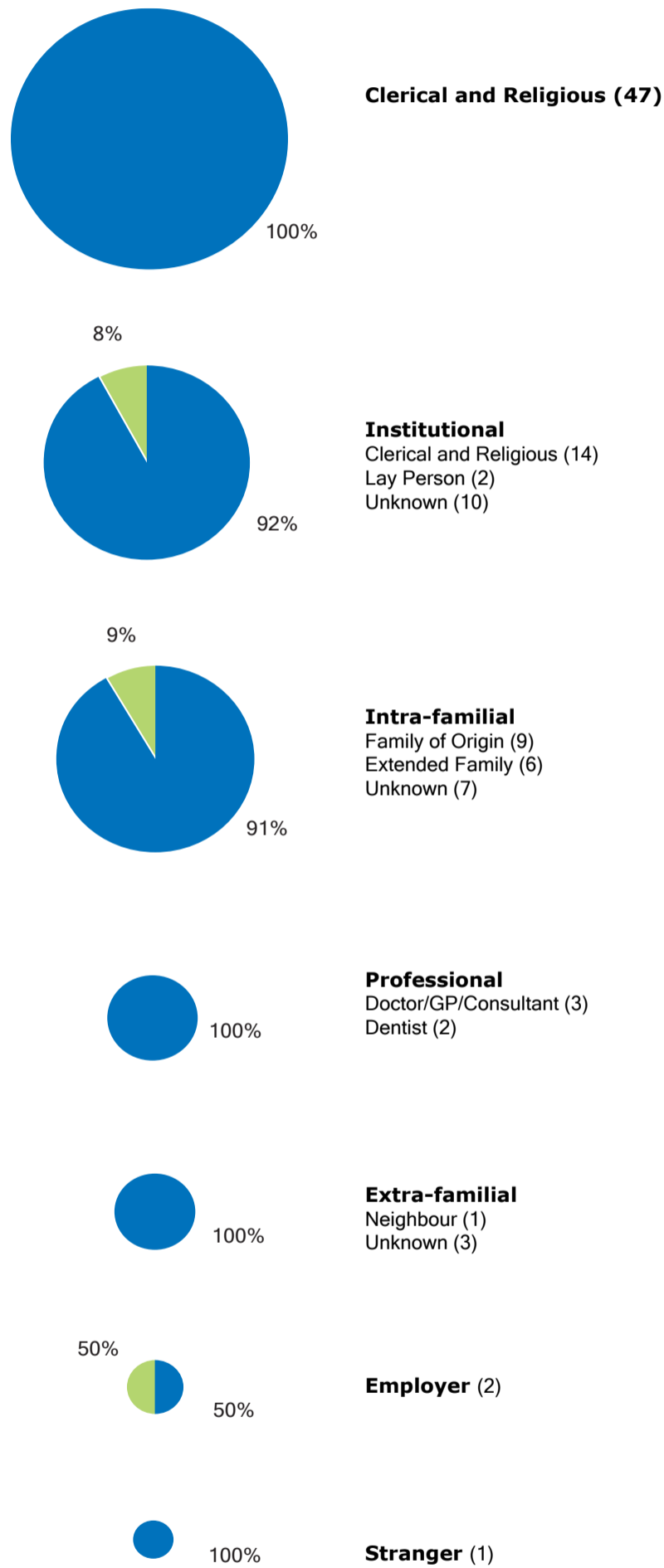


Fig 2.5 shows a breakdown of the context of sexual abuse and/or sexual violence by perpetrator.

The size of each chart reflects the scale of the number of perpetrators within each of the categories.

It is broken down by percentages of female and male perpetrators.

Figure 2.5. excludes the context unknown category featured in Figure 2.4. as neither the context of abuse nor gender of perpetrator has been disclosed.



Campaigning

“The reality is that all of the public and policy campaigning undertaken by One in Four arises directly from, and is informed by, the support work we do with individual women and men who seek support from the service.

It is through the understanding and awareness that we are granted through our client work that we seek to appropriately and objectively inform, challenge and engage with political, governmental and public opinion.”

Campaigning

It is true that public perception of One in Four has been that it is a lobbying or campaigning group rather than a professional support service. The reality is that all of the public and policy campaigning undertaken by One in Four arises directly from, and is informed by, the support work we do with individual women and men who seek support from the service.

It is through the understanding and awareness that we are granted through our client work, that we seek to appropriately and objectively inform, challenge and engage with parliamentary, governmental and public opinion. One in Four believes that it is essential that there be a clear voice that speaks from the experience of sexual violence and that seeks to inform and be party to innovative, dynamic and meaningful responses to the experience of sexual violence.

In the period covered by this first Annual Report, One in Four became a significant voice and played a primary role in addressing issues relating to the prevalence and impacts of sexual violence in Ireland. The work undertaken by the organisation in this regard has included:

Clerical Sexual Abuse in the Catholic Diocese of Ferns

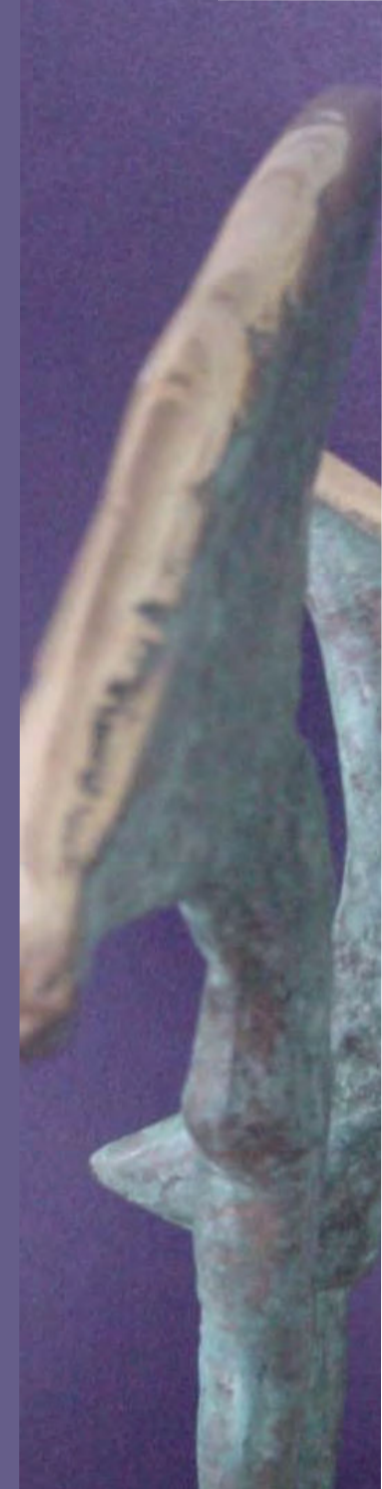
Following the broadcast of the BBC documentary “Suing the Pope”, One in Four made its primary objective the establishment of a full non-statutory Inquiry into the Diocese of Ferns. The organisation was concerned that this Inquiry be efficient and not burdened with many of the problems that have befallen other national Inquiries and Tribunals. It was, in our view, essential that the Inquiry be focused on systemic responses to clerical sexual abuse on the part of Church and State agencies and not on individual findings in relation to allegations of clerical sexual abuse. Therefore, securing a commitment to a non-statutory Inquiry from the State was vital but equally, the terms of reference for such an Inquiry were as important.

As part of its over-arching public affairs and lobbying programme, One in Four set about highlighting the need for an Inquiry through the media but also undertook an aggressive but co-operative lobbying campaign with Government regarding a State Inquiry into the Diocese of Ferns.

This included:

- A national media relations campaign, including regular press statements and opinion pieces written by the Director of One in Four.
- A comprehensive engagement with the Minister for Health and Children and his officials regarding the need for an Inquiry and the terms of reference for such an Inquiry.
- Engaging support from other organisations.
- Establishing partnerships with key influencers through the public affairs programme.
- Establishing a support and advocacy service within One in Four for people wishing to engage in the proposed Inquiry.

The Ferns Inquiry was established on a non-statutory basis in March 2003. One in Four’s engagement with the Inquiry is dealt with comprehensively in the Advocacy section of this report.



Campaigning...

Clerical Sexual Abuse in the Catholic Archdiocese of Dublin

In October 2003 RTÉ television screened the Prime Time special “Cardinal Secrets” which detailed clerical sexual abuse in the Catholic Archdiocese of Dublin. One in Four took part in the media and public debate resulting from this revisiting of the issue of clerical sexual abuse perpetrated by priests of the Roman Catholic Church. Two areas of particular focus for the organisation were a campaign for debate around Canon versus Civil Law to be finally addressed so that the State enforced the primacy of Civil Law in matters relating to child sexual abuse and a Statutory Inquiry into abuse in the Catholic Archdiocese of Dublin. One in Four undertook a dynamic media and policy campaign to address these concerns. This included:

- Ongoing engagement with the Minister for Justice, Equality and Law Reform and his officials to discuss the need for an inquiry and submit proposals for that Inquiry.
- A national media campaign to highlight the need for an Inquiry and the matters raised by the Canon versus Civil Law debate.
- Ongoing dialogue with key influencers as part of this continued engagement.
- Discussions regarding new legislation that might be necessary for an Inquiry.

On October 23rd 2003, the Minister for Justice, Equality and Law Reform, Michael McDowell TD, finally and unequivocally ended the Canon versus Civil Law debate when he said in Dail Éireann that Canon Law had the same status as the rules of a golf club. The Minister also undertook to establish a Statutory Inquiry into clerical sexual abuse in the Archdiocese of Dublin.

Funding for the Service

In order for One in Four to establish its service in Ireland, it was essential that the charity first receive solid financial commitments from Government. In April 2002 we began a process of engagement and dialogue with The Department of An Taoiseach and The Department of Health and Children in this regard. This led to the opening of our offices in February 2003. As has been publicly documented, difficulties in relation to the funding of the service arose throughout 2003. One in Four sought to address these difficulties through ongoing engagement with Government officials and ultimately secured funding for the service to the end of 2003 and a commitment to enter into a service agreement for 2004.

Freedom of Information (Amendment) Bill 2003

In considering the proposed amendment to section 6 of the Freedom of Information Act 1997, One in Four was informed and guided by the stated opinion of the Information Commissioner and the wider public debate. It was however, the report of the Information Commissioner that particularly addressed our concerns.

“Insofar as a request is for personal information the Bill provides for the word ‘contain’ to be substituted for the words “relate to” where records are concerned. Thus, pre-commencement records may be accessed under this provision of the FOI Act only if they ‘contain’ personal information about the person seeking access to them.”

Office of The Information Commissioner

The passing of this amendment would have, in the opinion of One in Four, further silenced and suppressed the already isolated voices of children and adults who have experienced sexual abuse and/or sexual violence.

One in Four presented a submission to the Joint Finance Oireachtas Committee on the 19th of March 2003. Following our submission the Committee was eager to see the amendment dropped. In consequence, the amendment was not enacted.

Campaigning for change in the responses of Catholic Bishops

Throughout the period covered in this report, One in Four has engaged in appropriate dialogue with Irish Catholic bishops and Catholic Church authorities to promote and inform the need for significant change in church responses to individuals who have experienced sexual abuse perpetrated by priests.

Campaigning...

This dialogue has included:

- Ongoing meetings and discussions with individual bishops and dioceses.
- Discussions with clergy and their representatives.
- Correspondence with every Irish bishop to highlight concerns regarding church responses to litigation.

Such discussions and engagement are ongoing.

Submission to the UN Committee on Contemporary Forms of Slavery

In June 2003, One in Four made two detailed submissions to the United Nations Committee on Contemporary Forms of Slavery detailing the Irish experience of the sexual abuse and economic exploitation of children by clergy from the Roman Catholic Church. These submissions were made both orally and in report form.

This work was significant as both Ireland and the Holy See are signatories to the UN Convention on the Rights of the Child. It was our opinion that both parties had failed to honour their obligations under the convention and that the Holy See in particular continued to fail to put in place meaningful and mandatory child protection procedures and responses to adults abused as children, as required by the Convention.

These reports are available from the Campaigning Section of our website:
www.oneinfour.org

The Commission to Inquire into Child Abuse

Following the announcement of Ms. Justice Mary Laffoy's resignation as Chairperson of the Commission to Inquire into Child Abuse, One in Four worked both publicly, through the media, and politically to address the crisis faced by the commission.

In this regard One in Four had numerous meetings and discussions with Government and other political parties and submitted proposals designed to constructively move the commission forward.

Campaigning and lobbying in individual cases.

As a professional support service, a core part of the work of One in Four is to campaign and lobby in the cases of individual clients. This work is documented in some detail in the Advocacy Section of this report. This has involved lobbying government and political parties, engaging with statutory agencies such as health boards and An Garda Síochána, as well as contact with many other agencies and bodies.

The campaigning work at One in Four has been the public face of the organisation over this period. While One in Four is eager to communicate the breadth of our other work and to inform public awareness of the professional service based nature of the organisation, we recognise the importance of campaigning as both central to and an extension of our client work. It has been a challenging and yet fulfilling part of the work over this period.

The true impacts of this work become obvious to us in the movement we see in the cases of our clients and the political and public responses to sexual violence and its impacts.

One in Four was awarded The Excellence in Public Relations Award 2003 in the category Public Affairs/Lobbying by The Public Relations Institute of Ireland.





One in Four On-line

“ This accessible approach proved hugely successful in that it allowed many people to remain anonymous and seek support and information without feeling embarrassed, exposed or judged. It also had an appeal to those who for either geographical reasons or reasons of disability could not access other support services.”

One in Four On-line

Following the “Suing the Pope” documentary and the resulting level of demand for support, One in Four launched a website on the 3rd April 2002. This site was a simple moveable type web blog. It was launched with news content and a relatively simple message board called the “Support Space.”

The intention of the website was simple; to provide a point of first contact with One in Four and to develop a space that could offer safe and meaningful support to those who have experienced sexual abuse and/or sexual violence and their allies, i.e. those family, friends and others in relationship with and supporting people who have experienced abuse. It was hoped that the site would offer hope, and encourage those accessing it to reach out for help and appropriate support. The site was also intended to be a point of reference for resources that would empower people to set out on their personal journey through and beyond their experience of sexual violence as children or as adults. It provided links to professional support, both local and national, statutory and non-statutory, on-line support, and links to other relevant websites.

If the website were to serve only one single purpose, our intention was to tell women and men reaching out in their hundreds, even thousands, “You are not alone.”

The website was managed by a volunteer and a part time member of staff in the London Office. The news content was regularly updated and comments and requests for support were responded to. The message board was provided free to One in Four and hosted on a separate server by a US Company, messageboards.net.

The website and the message boards became hugely popular mainly due to their interactivity, and also because there were no other websites providing such resources to women and men in Ireland at that time. This accessible approach proved hugely successful in that it allowed many people to remain anonymous and seek support and information without feeling embarrassed, exposed or judged. It also had an appeal to those who for either geographical reasons or reasons of disability could not access other support services.

In the first 24 hours following the launch of the site at a Dublin News Conference, the message board on the site recorded over 6,000 hits.

After this first astonishing 24 hours, the site settled into a less frantic, but nevertheless very busy existence. The Support Space message board recorded 875 posts between 1st April and 14th November 2002. Many of these posts were support requests; seeking advice, information and an opportunity to be heard. The message board, although relatively new and not directly promoted, had at this stage an unusually high number of hits; amounting to an average of 834.7 hits per day. This amounts to over 190,000 hits over the period¹.

Over the months the website quickly evolved and included artwork, news, poetry, press releases and more links to other agencies that provided professional support. The website was a means by which One in Four could detail and report progress towards the establishment of offices in Dublin.

The site had a large number of regular visitors many of whom waited until February 2003 to access direct support from the organisation. This indicated to One in Four that there was a level of trust established as a result of communication with the organisation through the website. It was on 3rd February 2003, in conjunction with opening our offices in Dublin that we decided to add two further message boards; Discussion and Chat. These were very popular, as many of the users sought clear and safe spaces to seek support, while also wanting spaces that facilitated discussion or even good, simple, friendly chat.

1. Based on a query conducted on the 14th November 2002.

One in Four On-line...

One in Four understood the significance of the website and the meaning it had to many, but at the early stages of establishing the service in Dublin we also recognised that we were limited in time and resources to develop at the pace that users might have wished. This was largely due to the volume of both internal and external administration required in setting up new offices in Dublin, together with the IT infrastructure and resources needed.

In May 2003, the website crashed due to difficulties with the server space in the US which hosted it. One in Four took this opportunity to redesign and redevelop the website, taking into account the suggestions and comments made by users of the site. The main website closed with 317 posts and 692 comments to its main page. This was distinct and separate to the number of hits and posts on the message boards. The message boards remained, ensuring that people continued to connect and seek support until the new website was launched. During this time we continued to see significant growth in the number of hits on the message boards.

In August 2003, One in Four launched its new website which allowed easier navigation and access to substantially re-developed and improved resources, information and support.

In September 2003, One in Four sought statistics from messageboards.net detailing the total number of hits on the message boards between January 1st and September 30th 2003. The resulting statistics showed that the cumulative number of hits the website received on the message boards was 429,921 for the period. This level of access was despite the main website being down and in redevelopment. Based on these statistics the annual total hits for the message boards would be 573,000.

The development of the website is ongoing; to the end of 2003 the following had been implemented:

- Further expansion of useful links and resources, both in Ireland and internationally.
- The creation of a dedicated press section.
- The expansion of on-line news archives.
- An "About us" section, detailing information about the organisation, its ethos and FAQs.
- An events page (covering the arts, community events of interest etc).
- A campaigning section, detailing the national and international work undertaken.
- A facility for the visually impaired that allowed for the text size to be easily increased.
- More detailed information about client support services at One in Four, including psychotherapy, advocacy, open evenings, group psychotherapy etc.
- Further opportunities for site users to communicate their ideas/suggestion for the space.
- The addition of more detailed contact information including a map showing where our offices are.
- Ongoing contact and support through the message boards.
- The expansion of the guidelines for use of the site. This worked to ensure the space was safe and appropriate and attempted to ensure that each user could make the most of the on-line community space.
- An on-line donation section.
- An enhanced site search facility.



One in Four sees its online presence as an important component of the work of the charity. It sees it as an innovative opportunity to raise and respond to the many complex issues surrounding sexual violence.

One in Four believes the website is one of the many ways in which the organisation can inform public awareness and create public discourse that works towards greater appreciation of the challenges our society faces with regard to sexual violence in all its forms.

Website Statistics

Figure 3.0 shows the average number of hits per day received on the support space. This is based on two sample queries carried out in 2002 and 2003¹.

Figure 3.1 shows the average number of posts per month on the Support Space based on two sample queries carried out in 2002 and 2003¹.

1. The sample query in 2002 relates to the period between 1st April 2002 and 14th November 2002. The second sample query in 2003 relates to the period between 15th November 2002 and 17th April 2003.

Figure 3.0 Average Number of hits per day.

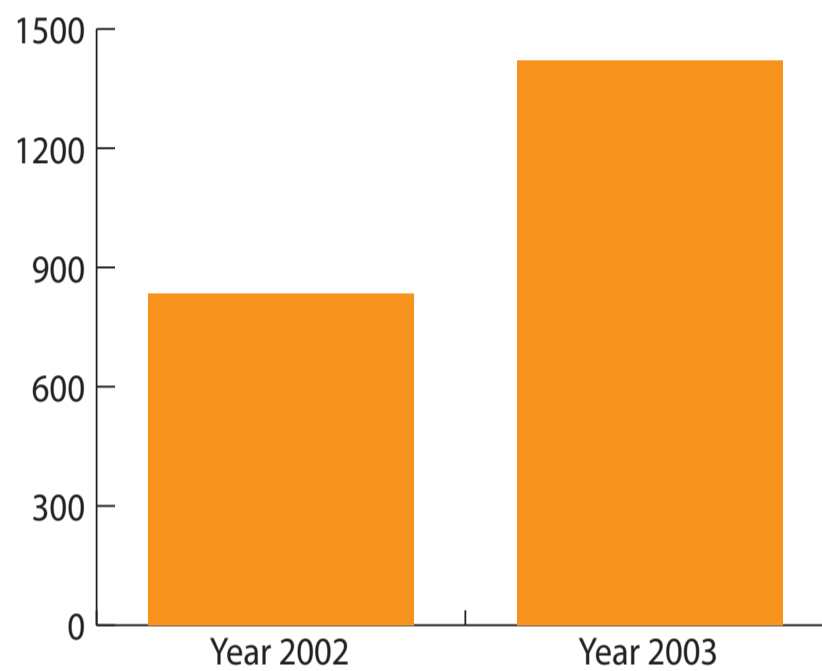
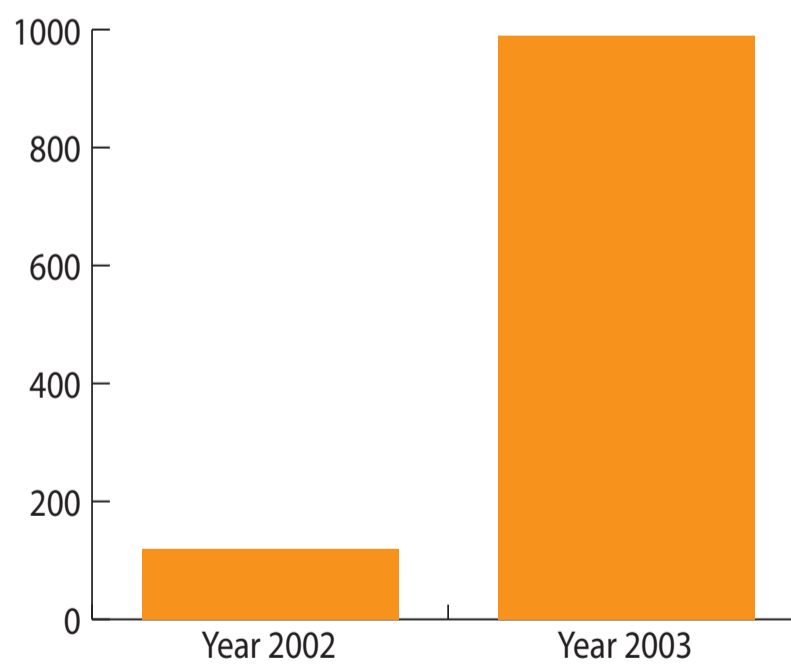


Figure 3.1 Average number of posts per month.





Administration and Audit

“Effective professional administration...is an integral service to the support programmes within One in Four and also a service that the organisation has a duty and responsibility to deliver to the public. It is the public who support the service, through grant aid from public funds, private and public donations and contributions towards the cost of the service.”

Administrative Report

Underpinning any building are strong foundations and the foundations on which any organisation is built are effective and professional administration. The Administration Team at One in Four are responsible for the physical structure where the services are delivered and the office building within which the service makes its home. Great effort has gone into the creation and to the care of this physical space. Care and thought continue to go into its development; it is a space to be proud of.

Environment is at the heart of the work of One in Four. Every room, every landing within the building must welcome and hold the women and men who access services. The space must be safe, comfortable and welcoming, yet practical and purposeful. It is a space that must both be cherishing and that is also cherished, a space that, appropriately and professionally, is nurturing.

Effective professional administration and financial procedures are equally strong foundations necessary for the professional development and delivery of One in Four's client services. One in Four sees this aspect of the organisation as a core service. It is an integral service to the support programmes within One in Four and also a service that the organisation has a duty and responsibility to deliver to the public. It is the public who support the service, through grant aid from public funds, private and public donations and contributions towards the cost of the service.



This annual report documents the beginnings of this organisation. It documents a period of arrival, establishment and significant growth. It has been crucial that the structures and administration of the service be robust and dynamic. Given both the nature of the work and the speed of development, One in Four has needed to put in place policies, procedures, codes of conduct and financial control that many organisations are able to put in place over a more reasonable time frame.

The major pieces of work undertaken by the administration team in this period have included:

- securing, refurbishment and equipping of premises,
- working to provide disabled access,
- recruitment and induction of sixteen staff,
- proper and appropriate management and recording of resources,
- day to day administration of the service.


Future annual reports will allow us to illustrate development and growth in comparative terms. This first annual report is an opportunity for One in Four to demonstrate our commitment to transparent, proper and professional best practice in all aspects of our work. To this end we have adopted the practice of publishing in full each year the Independent Auditors Report into the financial dealings and practices of One in Four Ireland Ltd.

Deirdre Carney
Office Manager

The staffing levels for 2003 include the following personnel

Staff Positions 2003	Number of people fulfilling that role
Director	(1)
Clinical Director	(1)
Advocacy Co-ordinator	(1)
Psychotherapists	(8)
Office Manager	(1)
Receptionsist	(2)
PA to Director	(1)
Information Officer	(1)

Board of Directors: Pat Jackman and Marie Collins



Auditor's Report

“In our opinion the financial statements give a true and fair view of the state of the company's affairs as at 31st December 2003 and of its surplus for the period then ended and have been properly prepared in accordance with the Companies Act 1963 to 1983 and 1990 to 2001.

We have obtained all the information and explanations we consider necessary for the purpose of our audit. In our opinion, proper books of account have been kept by the company. The Company's balance sheet and its income and expenditure account are in agreement with the books of account.

In our opinion, the information given in the Directors Report... is consistent with the financial statements.”

John P. Carlin & Company

One in Four (Ireland) Limited

Company Information

Directors: Patrick Jackman
Marie Collins
Patrick Doyle (Resigned 10th December 2002)
Colm O’Gorman (Resigned 14th March 2003)

Secretary: Marie Collins

Company number: 359278

Registered office 83/84 Upper Georges Street
Dub Laoghaire
Co Dublin

Auditors: John P. Carlin & Company
Chartered Accountants &
Registered Auditors
21 Upper Mount Street
Dublin 2

Business Address: 2 Holles Street
Dublin 2

Bankers: Bank of Ireland
Lower Baggot Street
Dublin 2

Solicitors: Pearse Mehigan & Company
83/84 Upper Georges Street
Dunlaoghaire
Co Dublin

In reading report is reproduced within this annual report in its entirety, in the interests of transparency and accountability.

's report. The

One in Four (Ireland) Limited

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Cash Flow Statement	7
Notes to the Financial Statements	8 – 11
Detailed Trading, Profit & Loss Account	12

One in Four (Ireland) Limited

Director's Report

For the period 15th July 2002 to 31st December 2003

The Directors present their first report together with audited financial statements of the company for the period 15th July 2002 to 31st December 2003.

Principle Activity

The principal activity of the company is to provide counselling services. One in Four is run for and by people who have experienced sexual abuse.

Results

The surplus for the period after providing for depreciation and taxation amounted to €40, 643.

It is proposed that the retained surplus of €40, 643 is transferred to reserves.

Directors

Any Member of the Company who wishes to retire as a member shall write to the Secretary to that effect and the Secretary shall, as soon as practicable, remove his name from the list of Members and he shall thereupon be deemed to have retired.

During the period Paddy Doyle (10th December 2002) and Colm O'Gorman (14th March 2003) resigned as directors and were replaced by Patrick Jackman and Marie Collins.

Business Review and Future Developments

The Directors do not envisage any change in the principal activity of the company.

Health and Safety

The Company has adopted a safety statement in Accordance with the requirements of the Health & Safety at Work Act, 12(6) 1989, and each employee has been fully briefed on its contents.

Directors and their Interests

The Company is limited by guarantee and does not have a share capital.

During the period Paddy Doyle (10th December 2002) and Colm O'Gorman (14th March 2003) resigned as directors and replaced by Patrick Jackman and Marie Collins.

Charitable and political contributions

During the period the company contributed €50,000 to One in Four (UK).

There were no political contributions which require disclosure under the Electoral Act 1987 during the Period.

One in Four (Ireland) Limited

Directors' Report

For the period 15th July 2002 to 31st December 2003

Director' Responsibilities

Company law requires the directors to prepare financial statements for each financial period which give a true and fair view of the state of the affairs of the company and of the profit or loss of the company for that period.

In preparing these the Directors are required to:

- select suitable accounting policies and apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements based on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Acts 1963 to 2001. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Books of Account

The measures taken by directors to secure compliance with the company's obligation to keep proper books of account are the use of appropriate systems and procedures and employment of competent persons. The books of account are kept at 2 Holles Street, Dublin 2.

Auditors

John P. Carlin & Company, Chartered Accountants and Registered Auditors, have expressed their willingness to continue in office in accordance with section 160 (2) of the Companies Act, 1963.

Taxation Status

One in Four has been granted charitable status under sections 207 and 208 of the Taxes Consolidation Act 1997.

On behalf of the Directors

Patrick Jackman

Marie Collins

Date: 14th February 2004

One in Four (Ireland) Limited

Independent Auditor's Report to the Members of One in Four (Ireland) Limited

This report is made solely to the Company's members of One in Four (Ireland) Limited as a body, in accordance with Section 193 of the Companies Act, 1990. Our work has been undertaken so that we might state to the organization's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the organization and the organization's members as a body, for our audit work, for this report, or the opinions we have formed.

We have audited the financial statements of One in Four (Ireland) Limited for the period 15th July 2002 to 31st December 2003 which comprise the Income and Expenditure Account, the Balance sheet and the related notes on pages 8 - 11. These financial statements have been prepared under the historical cost convention and the accounting policies set out on page 7.

Respective responsibilities of Directors and auditors

As described in the Statement of Director's Responsibilities on pages 1 - 2, the company's Directors are responsible for the preparation of the financial statements in accordance with applicable Irish Law and Irish Accounting standards.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and Auditing Standards promulgated by the Auditing Practices Board in Ireland and the United Kingdom.

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Acts, 1963 to 1983 and 1990 to 2001. We also report to you whether in our opinion: Proper books of account have been kept by the company, whether, at the balance sheet date, and whether the information given in the director's report is consistent with the financial statements. In addition, we state whether we have obtained all the information and explanations necessary for the purposes of our audit and whether the company's balance sheet and its Income and Expenditure account are in agreement with the books of account

We report to you; if in our opinion, any information specified by law regarding director's remuneration and director's transactions is not given and, where practicable, include such information in our report.

We read the Director's Report and consider the implications for our report if we become aware of any apparent misstatement within it.

Basis of opinion

We conducted our audit in accordance with Auditing Standards issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgments made by the Directors in the preparation of the financial statements, and of whether the accounting policies are appropriate to the company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

One in Four (Ireland) Limited

Independent Auditor's Report to the Members of One in Four (Ireland) Limited

Opinion

In our opinion the financial statements give a true and fair view of the state of the company's affairs as at 31st December 2003 and of its surplus for the period then ended and have been properly prepared in accordance with the Companies Act 1963 to 1983 and 1990 to 2001.

We have obtained all the information and explanations we consider necessary for the purpose of our audit. In our opinion, proper books of account have been kept by the company. The Company's balance sheet and its income and expenditure account are in agreement with the books of account.

In our opinion, the information given in the Directors Report on pages 1 to 2 is consistent with the financial statements.

John P, Carlin & Company
Chartered Accountants & Registered Auditors
21 Upper Mount Street
Dublin 2

Date: 14th February 2004

One in Four (Ireland) Limited

**Income and Expenditure
For the period 15th July 2002 to 31st December 2003**

Continuing operations

		2003
	Notes	€
Income	2	709,939
Administrative expenses other operating income		(682,355) 13,059
		<hr/>
Surplus on ordinary activities before taxation		40,643
Tax on surplus on ordinary activities		-
		<hr/>
Surplus on ordinary activities after taxation		40,643
		<hr/>
Retained surplus for the period		40,643
		<hr/> <hr/>

There is no recognised surplus or deficit other than the surplus or deficit for the above financial period.

On behalf of the board

Patrick Jackman
Director

Marie Collins
Director

Date: 14th February 2004

The notes on pages 8 to 11 form an integral part of these financial statements.

One in Four (Ireland) Limited

Balance sheet As at 31st December 2003

		2003	
	Notes	€	€
Fixed assets			
Tangible assets	6		60,449
Current assets			
Debtors	7	9,145	
Cash at bank and in hand		38,403	
		<u>47,548</u>	
Creditors: amounts falling Due within one year	8	(15,119)	
		<u> </u>	
Net Current assets			32,429
			<u> </u>
Total assets less current Liabilities			92,878
Deferred income	9		(52,235)
			<u> </u>
Net assets			40,643
			<u> </u>
			<u> </u>
Capital and reserves			
Income and Expenditure account			40,643
Net Company Fund	10		40,643
			<u> </u>
			<u> </u>
On behalf of board			

Patrick Jackman
Director

Marie Collins
Director

Date: 14th February 2004

The notes on pages 8 to 11 form an integral part of these financial statements.

One in Four (Ireland) Limited

Cash flow statement For the period ended 31st December 2003

2003

	€	€
Cash generated from operations		
Operating Surplus	40,643	
Reconciliation to cash generated from operations:		
Depreciation	13,519	
(Increase) in trade debtors	(8,680)	
(Increase) in other debtors	(465)	
Increase in trade creditors	6,860	
Increase in other creditors	8,259	
Government grant released	(13,059)	
	<hr/>	47,077
Cash from other sources		
Receipt of grant	65,294	
	<hr/>	65,294
Application of cash		
Purchase of tangible fixed assets	(73,968)	
	<hr/>	(73,968)
Net increase in cash in the period		38,403
Consisting of:		
Cash at bank in hand		38,403
	<hr/>	<hr/>

One in Four (Ireland) Limited

Notes to the financial statements For the period 15th July 2002 to 31st December 2003

1. Accounting policies

1.1. Accounting convention

The financial statements are prepared under the historical cost convention.

1.2. Income

Income represents the total invoice value, excluding value added tax, of services offered during the period, together with government grants and donations received.

1.3 Tangible fixed assets and depreciation

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Leasehold properties	-	Straight line over the life of the lease
Fixture, fittings and equipment	-	20% straight line

1.4 Pensions

The company operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the company. The annual contributions payable are charged to the Income and Expenditure Account.

1.5 Government Grants

Grants are credited to deferred revenue. Grants towards capital expenditure are released to the Income and Expenditure account over the expected useful life of the assets. Grants towards revenue expenditure are released to the Income and Expenditure account as the related expenditure is incurred.

2. Income

The total Income of the organization for the period has been derived from its principal activity wholly undertaken in Ireland.

3. Operating Surplus

	2003
	€
Operating Surplus is stated after charging:	
Depreciation and other amounts written off tangible assets	13,519

and after crediting:	
Government grants	13,059

One in Four (Ireland) Limited

Notes to the financial statements For the period 15th July 2002 to 31st December 2003continued

4.	Employees	2003
	Number of Employees	Number
	The average monthly number of employees (Including the Directors) during the period were:	8
	Employment costs	2003
		€
	Wages and salaries - Administration	297,207
	Medical Insurance	4,108
	Directors Remuneration	13,333
	Social welfare costs	33,057
	Other pension costs	7,644
		<u>355,349</u>

4.1	Directors' emoluments	2003
		€
	Remuneration	13,333
	Medical Insurance	104
	Relocation Costs	13,000

5. Pension Costs

The company operates a defined contribution pension scheme in respect of employees. The scheme and its assets are held by independent managers. The pension charge represents contributions due from the company and amounted to €7,644.

6.	Tangible fixed assets	Long leasehold property	Fixtures fittings and equipment	Total
Cost	€	€	€	
	8,500	65,468	73,968	
Additions				
At 31st December 2003	<u>8,500</u>	<u>65,468</u>	<u>73,968</u>	
Depreciation				
Charge for the period	425	13,094	13,519	
At 31st December 2003	<u>425</u>	<u>13,094</u>	<u>13,519</u>	
Net Book value				
At 31st December 2003	<u>8,075</u>	<u>52,374</u>	<u>60,449</u>	

One in Four (Ireland) Limited

Notes to the financial statements
For the period 15th July 2002 to 31st December 2003
continued

7.	Debtors	2003		
		€		
	Trade debtors	8,680		
	Prepayments and accrued income	465		
		9,145		
8.	Creditors; amounts falling due within one year	2003		
		€		
	Trade creditors	6,860		
	PAYE and social welfare	(2,133)		
	VAT	2,748		
	Accruals	7,644		
		15,199		
9.	Deferred income		2003	
	Government grants		€	
	At 15th July 2002		-	
	Grant income received in the period		65,294	
			65,294	
	Released in period		(13,059)	
	At 31st December 2003		52,235	
10.	Reconciliation of movements in Members' funds			2003
				€
	At 15th July 2002			
	Surplus for the period			-
				40,643
	At 31st December 2003			40,643

One in Four (Ireland) Limited

Notes to the financial statements For the period 15th July 2002 to 31st December 2003 continued...

11. Liability of Members

Every member of the company undertakes to contribute to assets of the company in the event of the same being wound up while he is a member, or within one year after he ceased to be a member for payment, of the debts and liabilities of the company contracted before he ceased to be a member, and the costs, charges and expenses of winding up and for the adjustment of the rights of the contributors themselves, such as may be required not exceeding €6.35.

12. Approval of financial statements

The financial statements were approved by the Board on 14th February 2004 and signed on its behalf by

Patrick Jackman
Director

Marie Collins
Director

Date: 14th February 2004

One in Four (Ireland) Limited

Detailed Income and Expenditure account For the period 15th July 2003 to 31st December 2003

	2003	
	€	€
Income		709,939
Administration expenses		
Wages and Salaries	297,207	
Directors' remuneration	13,333	
Employer's PRSI contributions	33,057	
Staff relocation costs	13,000	
Pensions	7,644	
Medical Insurance	4,108	
Staff training	6,657	
One in Four UK Donation	50,000	
Expenses paid by One in Four UK	32,069	
Rent Payable	52,748	
Psychotherapy and supervision service	61,017	
Insurance	8,430	
Light and Heat	3,874	
Cleaning	849	
Repairs and maintenance	7,979	
Printing, posting and stationary	21,991	
Telephone	14,316	
Computer costs	1,553	
Hire of Equipment	372	
Travel and subsistence	28,341	
Legal and professional	115	
Bank charges	511	
Canteen	1,619	
General expenses	7,746	
Subscriptions	300	
Amortization on long leasehold	425	
Depreciation on FF & Equipment	13,094	
		<hr/>
		682,355
		<hr/>
		27,584
Other operating income		
Government grants received	13,059	
		<hr/>
		13,059
		<hr/>
Operating Surplus		40,643
		<hr/>
		<hr/>



Future Work

"This vision is aspirational while also in our view essential. The work outlined represents real and current need. Such needs are not static; our understanding of them may change and develop as the work is undertaken. Our approach to organisational development demands that we be dynamic, innovative, focused, holistic and always open to deeper awareness and understanding in the work....It is important to state clearly that whether such development can be achieved successfully depends entirely upon the resources available to the organisation."

Future Work

As an agency that defines itself as “need responsive”, One in Four seeks to develop services and programmes of work that are informed by the issues presented by women and men accessing the service. This ethos applies in every area of the organisation’s work. This section of our first annual report outlines areas of future work and development for One in Four. It is important to state clearly that whether such development can be achieved successfully depends entirely upon the resources available to the organisation, both in financial and human resource terms. This vision is aspirational while also in our view essential. The work outlined represents real and current need. Such needs are not static; our understanding of them may change and develop as the work is undertaken. Our approach to organisational development demands that we be dynamic, innovative, focused, holistic and always open to deeper awareness and understanding in the work.

Psychotherapy

With the exception of the Clinical Director’s post, the Therapy Programme at One in Four does not receive any State funding and is therefore dependent on contributions, donations and fundraising if we are to meet the demands on the service in providing one-to-one therapy and group therapy. The programme employs a team of seven psychotherapists and two student placement psychotherapists. It is a substantial programme that delivers a professional service while operating within very tight financial constraints. The future development of the programme is therefore dependent upon resources and funding.

Extending the Service:

We currently offer one-to-one therapy and group therapy during the week days, Monday to Friday from 09:00 – 21:00. We plan to extend the service to Saturdays, thus meeting the needs of many clients who contact the organisation and who wish to engage in therapy but because of personal circumstance can only attend on a Saturday. The Dublin Rape Crisis Centre have been offering this invaluable and flexible option to clients for many years and it is with this kind of vision that One in Four approaches this particular phase in the development of the Therapy Programme.

Group Therapy

One in Four is looking to develop this area of the Therapy Programme both as a response to service users but also to explore creative alternatives in working with women and men who have experienced sexual abuse and/or sexual violence. We are exploring the possibility of introducing an on-going Art Therapy Group, Eating Disorders/Self-Harm Group and a Play Therapy Group.

Two Day Workshop

A two day workshop will be offered to Counsellors, Psychotherapists, Counselling Psychologists, Social Workers and to Student Trainees in any of these areas, who are either currently working, or who may be interested in exploring and developing their skills working with the issues of sexual abuse and/or sexual violence.

The aim of the workshop is to offer an opportunity for professionals to come together, to discuss, to explore and to experience aspects of their work which they may wish to develop. It will also offer a forum where questions are welcomed and in the spirit of collaboration are responded to by colleagues and peers.

Future Work...

Consultation and Training

There is a great deal of expertise in the Clinical Team and One in Four is committed to exploring new and diverse ways in which this expertise can be utilized. Over the coming year we will be offering consultation to individuals and teams within schools, colleges, residential homes, the Gardaí and the probation service. We can offer support, clinical supervision, opportunities to explore aspects of case management, education and training appropriate to the professional context. Professionals working in any of these areas are likely to have to deal with either young people or adults who disclose an experience of sexual abuse and/or sexual violence and often these professionals feel un-skilled to do so. In consultation with One in Four, individuals and teams can explore their particular needs in a confidential, supportive and reflective way.

Open Nights

The open nights have been a crucial part of the organisation's service and have offered women and men a space where they can meet others who have experienced sexual abuse and/or sexual violence. The feedback from the users has been positive and suggestions as to how these open nights could be further developed have been appreciated. Over the coming year One in Four will have an Open Night on the third Thursday of every month and each evening will have a particular theme where other professionals will offer their time and expertise to discuss and explore a wide range of issues: for example, the legal framework, self-care, eating disorders and self-harm, suicide, addiction etc.

Advocacy Programme

In all areas of One in Four's work, demands upon the service have heavily outweighed available resources. This has been especially apparent within the Advocacy Programme. The availability of further resources is not only essential for the future development of the programme but for its continued ability to deliver service.

Staffing

One of the primary goals for the Advocacy Programme in 2004 will be to secure funding in order to recruit additional staff. As has been stated previously in the report, the advocacy programme is staffed by one individual. In 2003, the service could neither meet demand nor develop further. As demand upon the service is expected to increase, further staff will be essential.

Continued Client Support

One in Four will continue to provide appropriate support to women and men seeking information, advice and support through the Advocacy Programme either by telephone, meetings, e-mail or letter.

Criminal Justice System

Throughout 2003 issues surrounding the criminal justice system emerged. In particular, the length of time it takes for criminal proceedings to be completed, a perceived lack of consistency in the sentencing of convicted perpetrators, and the high levels of attrition in cases of historical sexual violence against children and adults. It is our hope to develop greater understanding of the issues and concerns in relation to the criminal justice system by further monitoring and detailing statistical and anecdotal evidence of peoples experience in this regard. Such data is essential for on-going research that seeks to inform and promote government policy development.

Ferns Inquiry – submission and victim support

The Advocacy Programme in One in Four will continue to support additional people who choose to give evidence to the Ferns Inquiry in 2004. In 2003, One in Four undertook in-depth documentary research in order to compile a submission to the Inquiry. We hope to finalise and submit this submission in 2004. The organisation will seek to support and assist individuals who have participated in the Inquiry up to and beyond the publication of its final report. We will also seek to play a constructive and innovative part in the examination of the report and the implementation of any recommendations.

Future Work...

Dublin Arch Diocese Inquiry

Minister McDowell has indicated that he hopes that the statutory Inquiry into the Catholic Archdiocese of Dublin will commence in 2004. We therefore expect to undertake preparatory work to ensure that individuals wishing to give evidence to the Inquiry will receive support and assistance in the process, similar to the support offered to witnesses in the Ferns Inquiry. This will create a considerable volume of work for the organisation, as the Inquiry will be substantially larger than the Ferns Inquiry and will be statutory.

Commission to Inquire into Child Abuse

We expect that 2004 will be a transformative period for the Commission to Inquire into Child Abuse. It is our intention to play an appropriate part in that process by providing support to those witnesses before the Commission who are engaged with services at One in Four. It will be our primary aim that those individuals receive clear and objective information in relation to the Commission and any proposals forthcoming. We will also seek to engage with all interested parties in an effort to ensure that any future development or changes to the Commission reflect the needs of the women and men we support.

Redress Board

In 2003 the Advocacy Programme provided support and information to a number of individuals making applications to the Residential Institutions Redress Board. We will continue in this work in 2004 and anticipate greater need as the application process comes to an end. Such support will be essential as some cases may be called to hearing, thus requiring ongoing assistance that informs an understanding of the process.

Information Leaflets

One of the main learning points in 2003, was the absolute need for clear objective information in accessing services, while also ensuring that clients are fully informed of their rights and entitlements. We therefore intend to compile information leaflets on the criminal justice process, the civil process and the rights of all individuals involved in such processes.

Further Organisational Development

Best Practice

One in Four is committed to best practice in all aspects of the organisations work. In this regard the continued development and implementation of internal practices and policies will be central to our work in 2004.

Fundraising

The coming year presents significant challenges for One in Four in our efforts to properly resource the organisation. We will seek to put in place a dynamic fundraising programme that works to create greater public awareness of the service whilst also raising funds. One in Four will also develop income and funding streams that are service based.

Voluntary Service

Over the past year many women and men have contacted the service wishing to offer their support in practical ways. From the time of its inception, One in Four has considered the establishment of a voluntary service to extend both the Therapy and the Advocacy Programmes. It is a very exciting prospect for the organisation and we envisage its establishment over a three year period. This time frame allows us to research, explore options and training needs and to identify resources.



Future Work...

Outreach

One in Four will seek to develop an outreach programme that ensures there is both an awareness of the service and a means to engage with the organisation. This programme will need to focus not simply on the provision of high quality information leaflets etc, but also upon ensuring that agencies and professionals are aware of the service, fully understand its approach and ethos and know how to refer clients.

One in Four will also seek to develop relationship with other services and agencies internationally involved in similar work.

Monitoring and Evaluation

One in Four will develop an in-house database to track and record client contact which will assist in the development and monitoring of services and the gathering of statistical data. Such data will be vital for the future evaluation of services at One in Four.

It is our intention to source or develop evaluation tools and apply them across the service with particular emphasis on psychotherapy and advocacy.

Board Development

In 2004, we will work towards the development and expansion of the Board of One in Four. Particular emphasis will be placed upon recruiting individual board members with skills in the academic, legal, arts, mental health, social care and financial arenas.



One in Four On-line

One in Four will continue to develop and refine its online presence; www.oneinfour.org. The community message boards on the site will be updated and re-developed. The existing message boards have proven unreliable and we intend to develop boards that we can host on our own server space.

Future Work...

On-line polls will be added to the site, creating further opportunities for feedback and comment. The News Section will be expanded and a separate International News Section added. It is also hoped that we can further develop the News Archives. Further external links will be added for appropriate agencies both in Ireland and abroad. We will seek to make the site more accessible; exploring access for those using WAP enabled mobile phones and handheld PDAs.





Acknowledgements

Acknowledgements

One in Four would like to acknowledge and thank the many companies, organisations and individuals who have donated funds or services to the organisation over this past 18 months. Without such support, the organisation could not have developed and delivered the high level and quality of service that has been achieved. Many who have donated time, effort and money have done so anonymously. Many have asked that donations be private. We thank each and every such supporter of our work.

Some support has been public; we would like to thank the following people and organisations for their support:

- Niall Ó Muilleoir and Financial Dynamics Ireland,
- The Department of Health and Children,
- U2 and Principle Management.

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