



One in Four provides support and resources to women and men who have experienced sexual abuse and/or sexual violence.

Registered Charity Number CHY 15289

Annual Report 2005

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One in Four

One in Four exists to support and give voice to people who, as children and/or as adults have experienced sexual violence and to provide a space that by its very existence challenges feelings of shame and self blame. In the often perceived hopelessness and despair of such trauma the possibility of meeting others on the journey offers hope and encouragement.

One in Four actively seeks and welcomes, at all levels of the organisations work, the involvement of people who have experienced sexual violence. The creation of a community that bears witness to the isolating and silenced reality of sexual violence fundamentally changes and moves beyond that reality.

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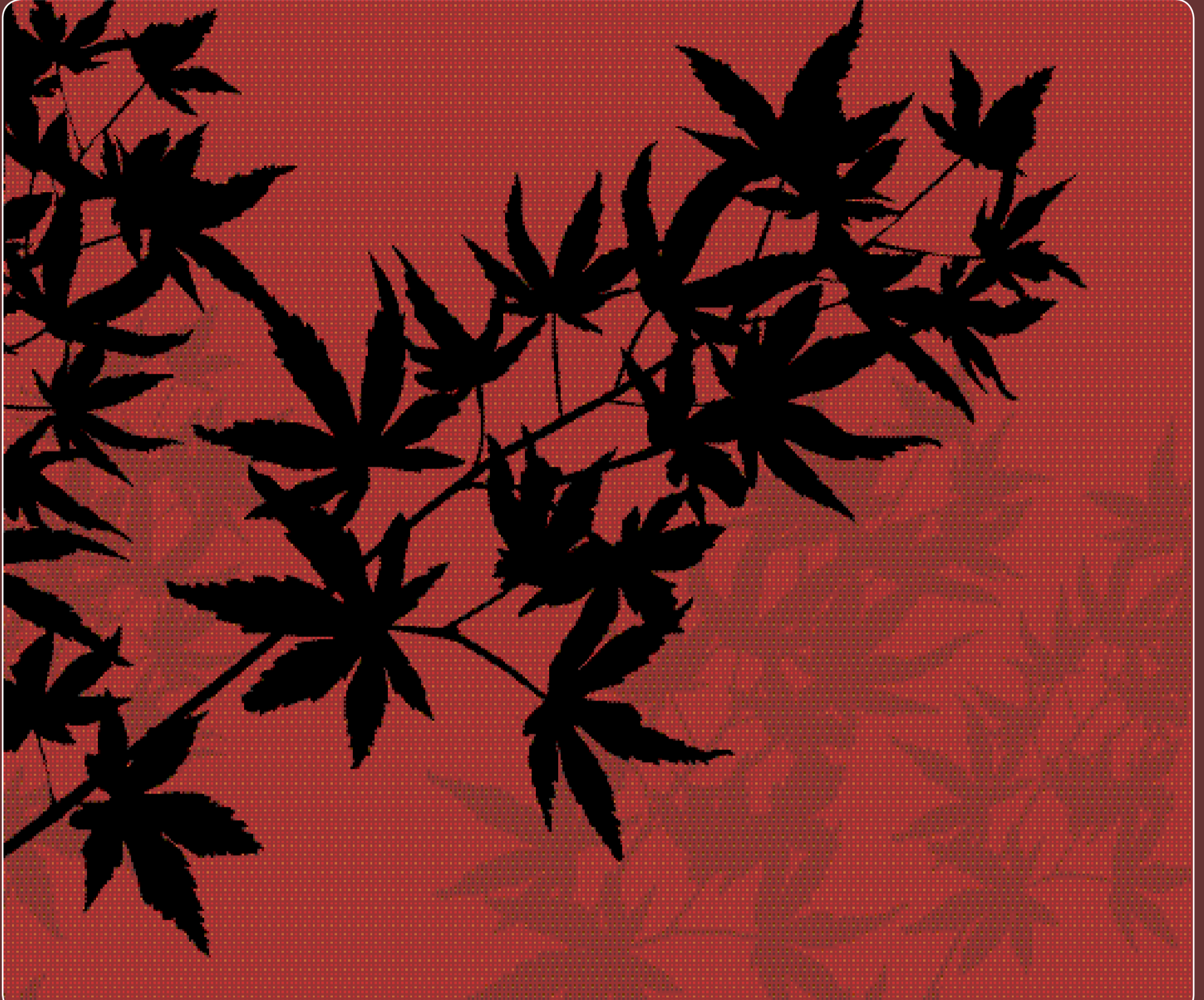
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Introduction

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Colm O’Gorman
Director



Review of Services

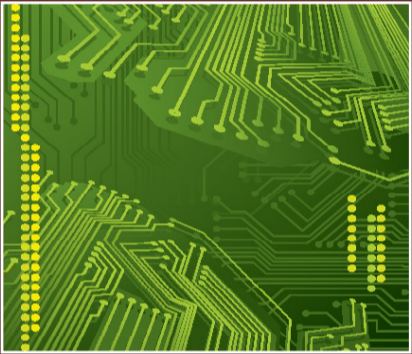
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Psychotherapy



Advocacy



On-line Support and Information

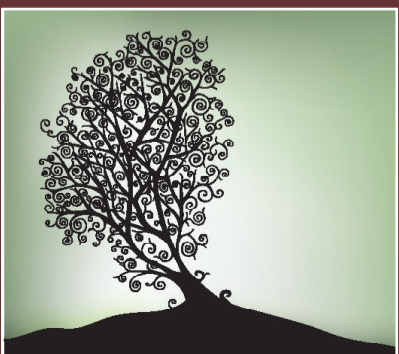
3.4 million hits recorded on our website in 2004.
165 individuals joined the on-line support space following its launch in June 2004.



Fundraising



Campaigning



Administration & Auditors Report



Psychotherapy

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Psychotherapy Programme

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Thérèse Gaynor
Clinical Director

Psychotherapy Statistics

Figure 1.0 Individuals who contacted the Psychotherapy Programme

Figure 1.0 Illustrates the breakdown by month and by gender of individuals who contacted the Psychotherapy Programme in 2005.

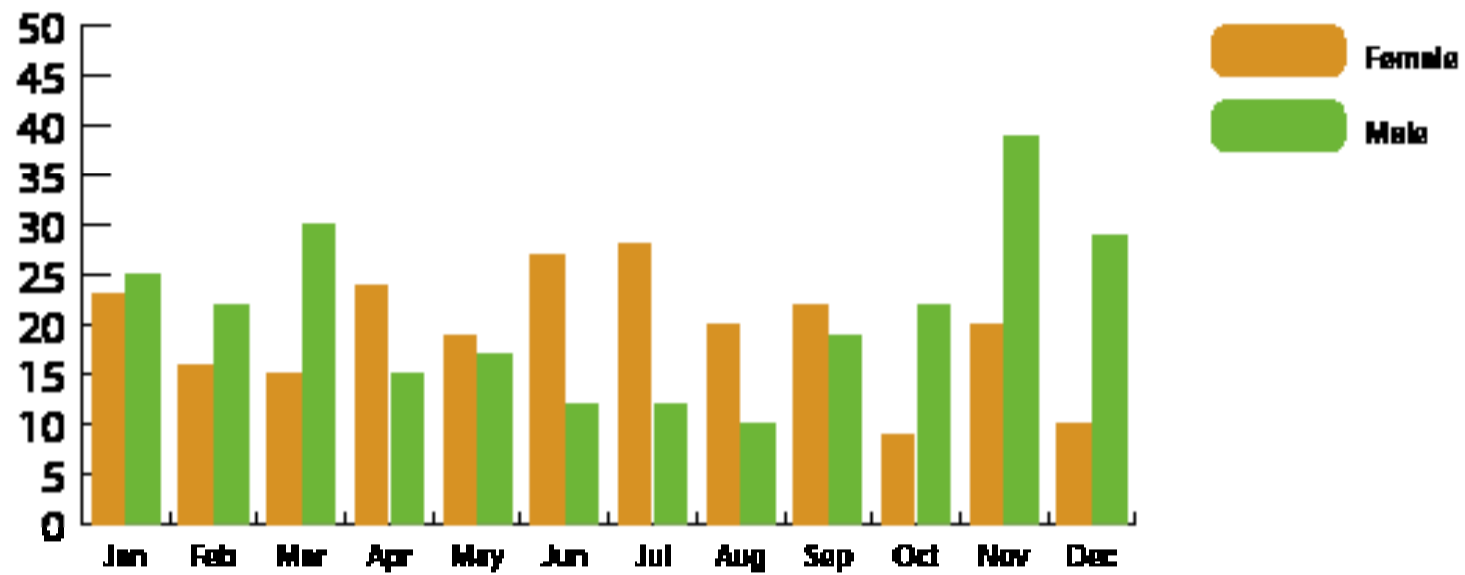


Figure 1.1 Outcomes of individual contact with Psychotherapy Programme

Figure 1.1 Illustrates the outcomes from individual contact with the Psychotherapy Programme.

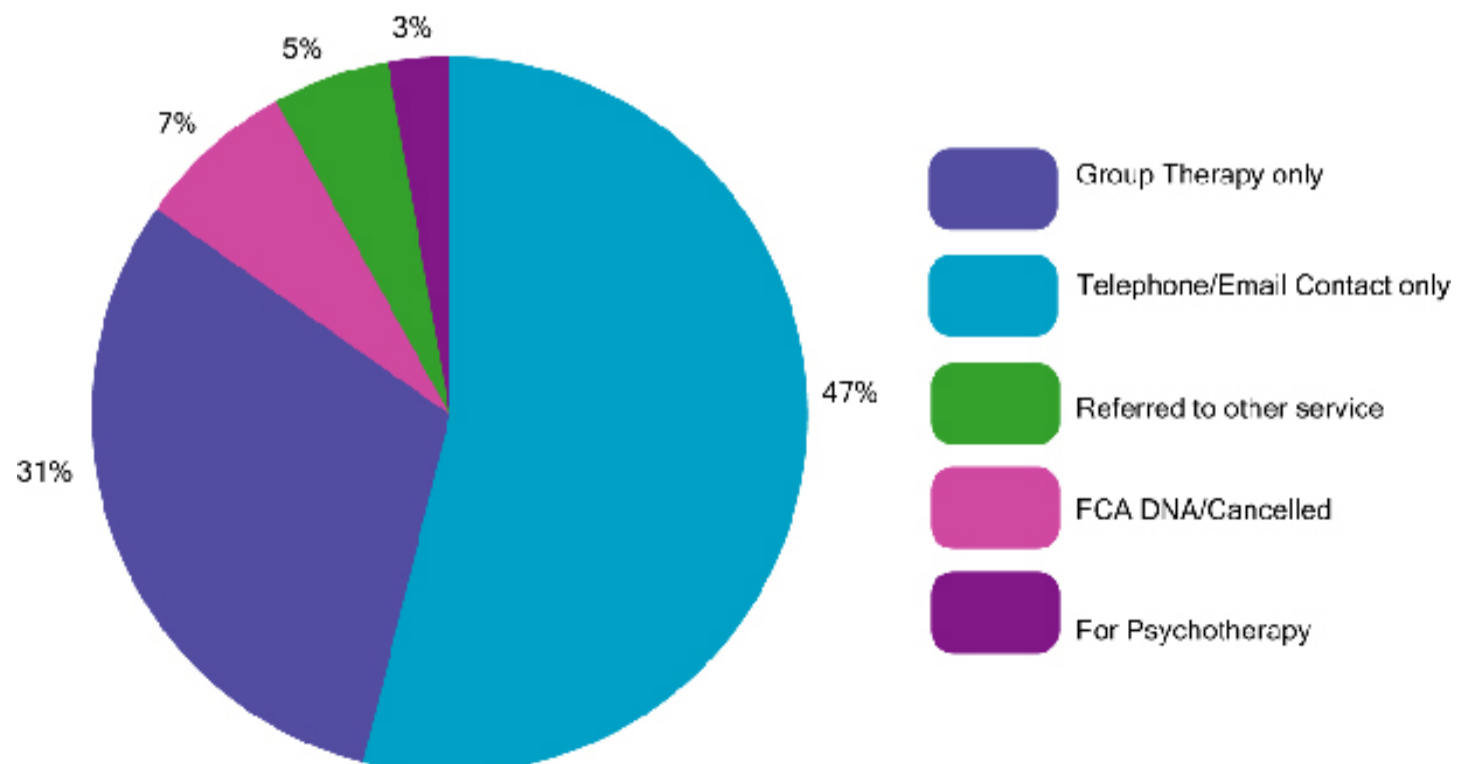


Figure 1.2 Gender of individuals engaged in psychotherapy



Figure 1.2 Illustrates a breakdown by gender of the number of individuals who were engaged in one-to-one therapy in 2005.

Figure 1.3 Number of psychotherapy sessions delivered

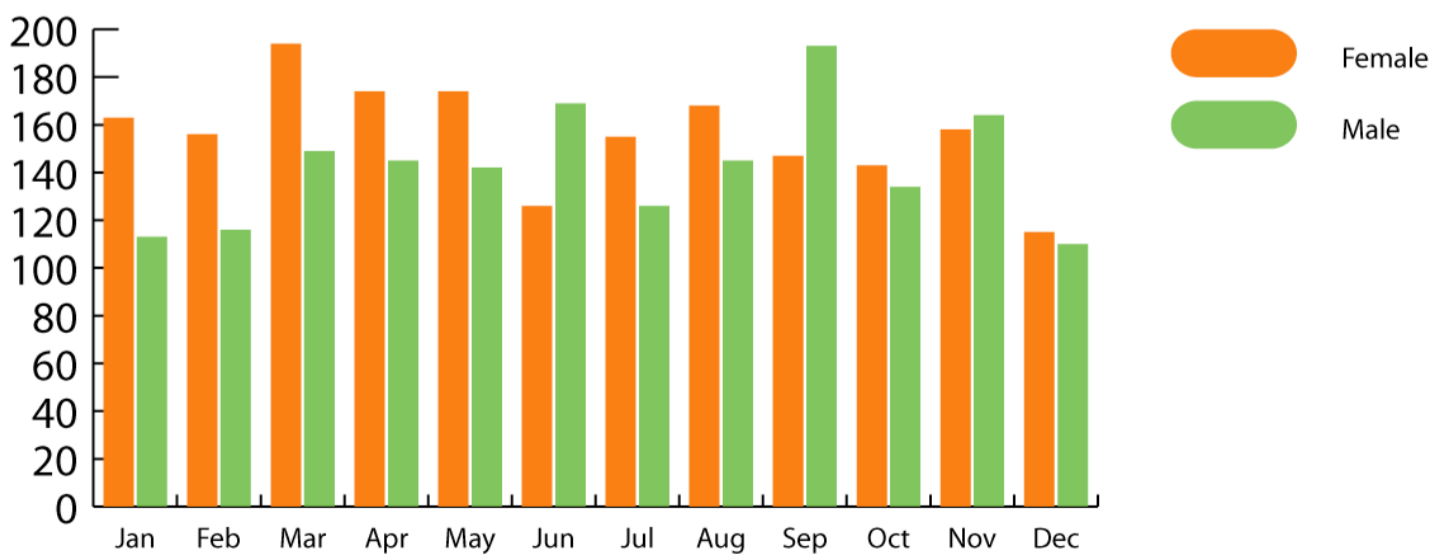


Figure 1.3 Illustrates the breakdown by month and by gender of the total number of psychotherapy sessions (3,579) delivered in 2005.

Psychotherapy - Context of Abuse

Figure 1.4 Illustrates the breakdown by gender of perpetrators as indicated through psychotherapy client disclosures; female (13) and male (191).

Figure 1.4 Breakdown by gender of perpetrators

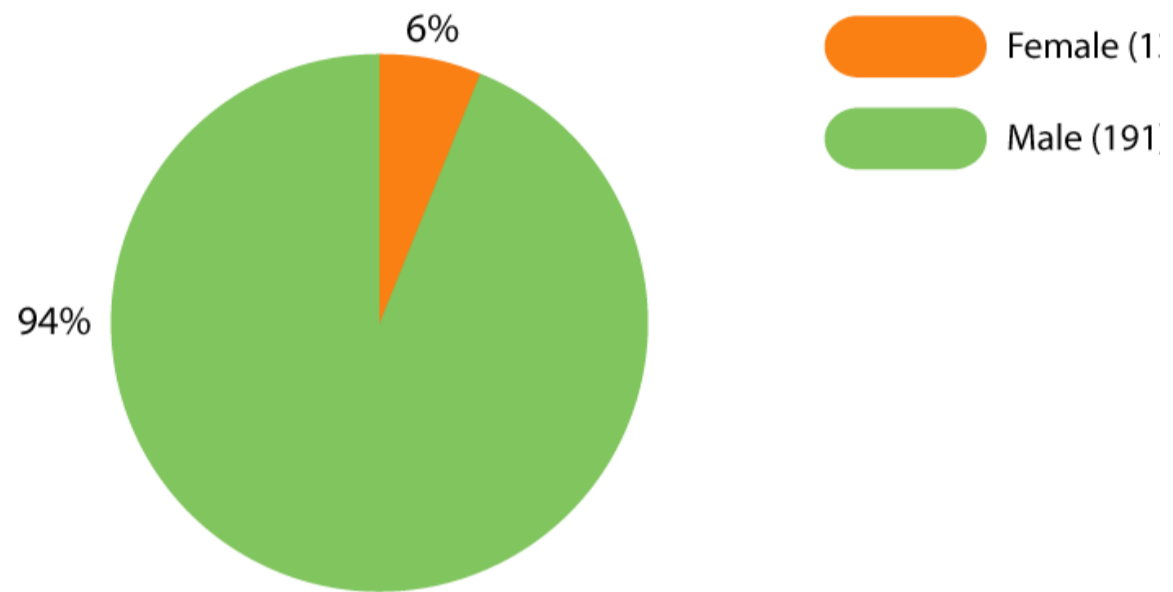


Figure 1.5 Illustrates the breakdown of the context in which abuse occurred as indicated through psychotherapy client disclosures (177). Multiple perpetrator experiences are included in this figure.

Figure 1.5 Context in which abuse occurred

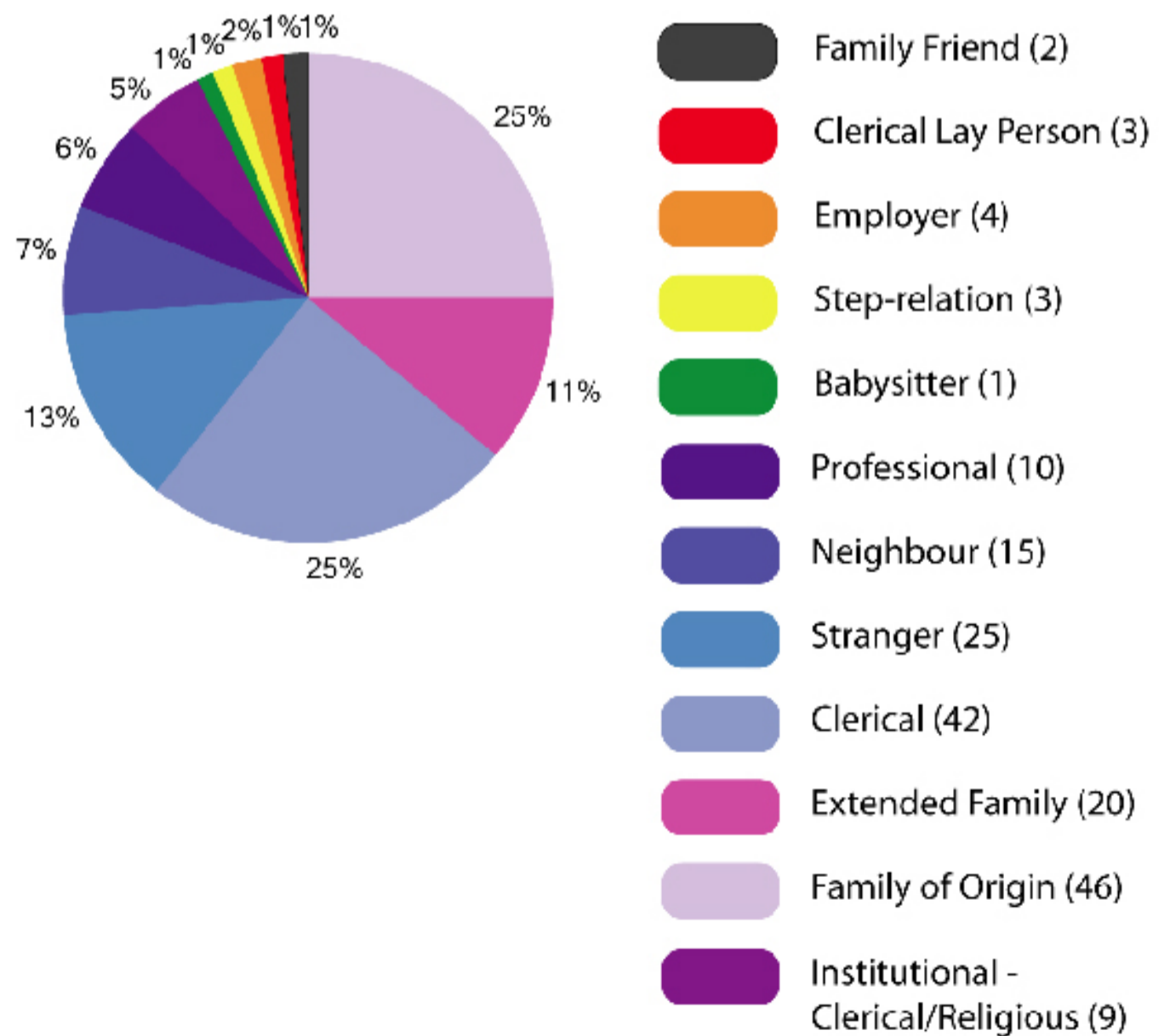


Figure 1.6 Gender of perpetrator within intra-familial context

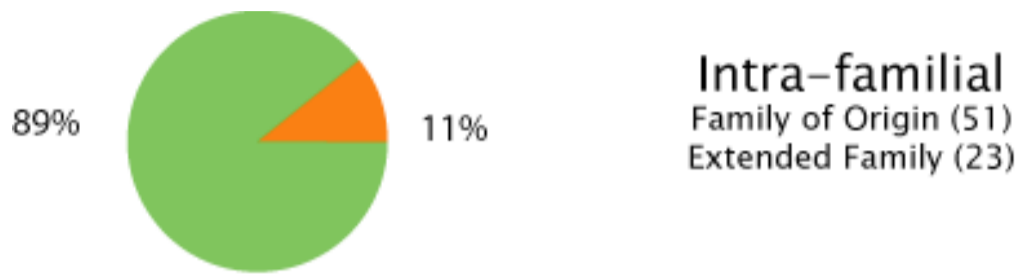


Figure 1.6 Illustrates a breakdown by gender of perpetrators within the intra-familial context.

Figure 1.7 Gender of perpetrator within extra-familial context

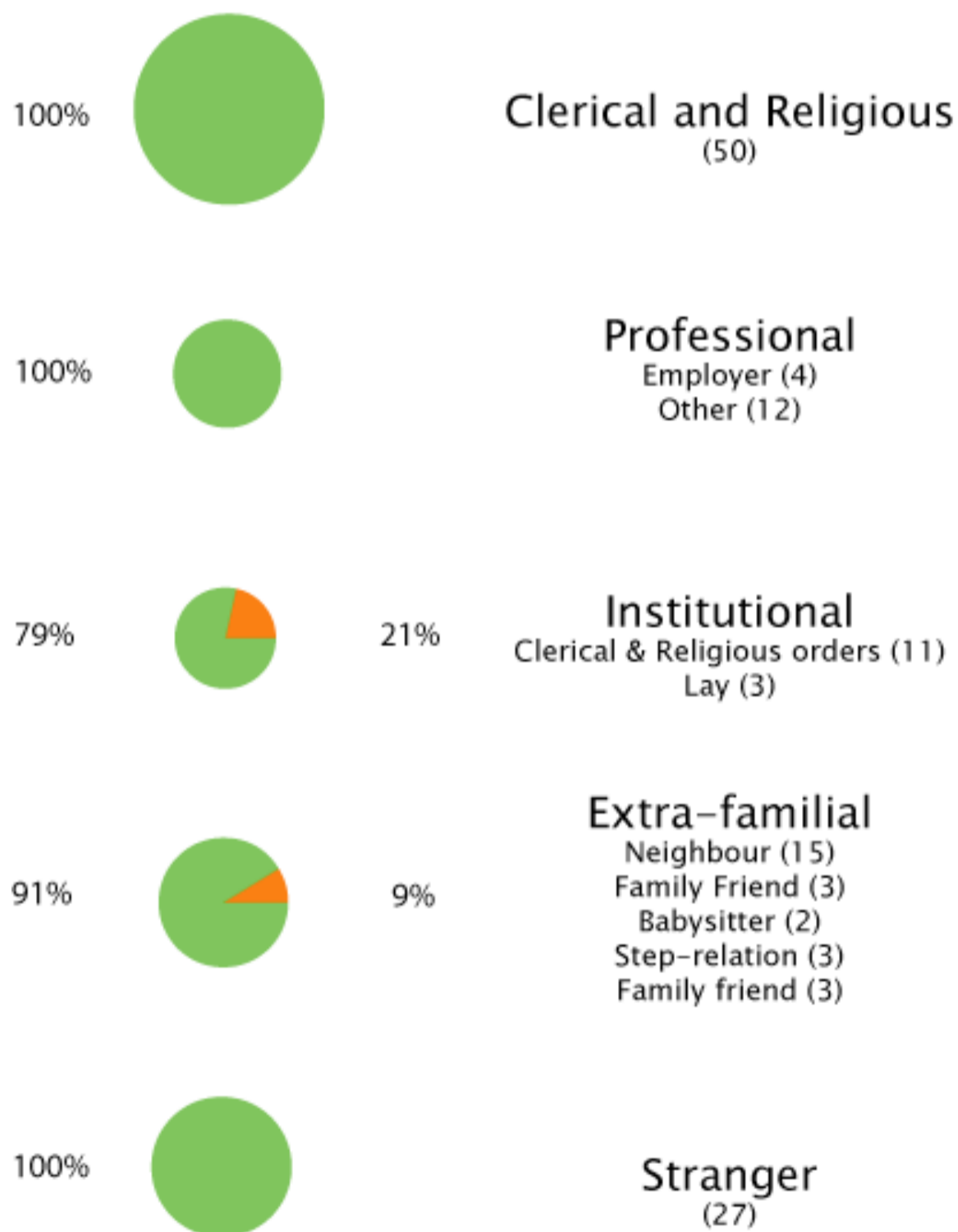


Figure 1.7 Illustrates a breakdown by gender within the extra-familial context. The sequence of the chart reflects the number of perpetrators in each context.

Group Therapy

Group Therapy

Based on service user's feedback to the organisation, group therapy continued to be one of the most beneficial experiences for clients. Because of the demand placed on the service, we had a waiting list for group therapy that exceeded the number of individuals that could participate in a group at any point in time and so, a second mixed group began in September 2005. Even with the advent of this second mixed group, the waiting list remained in operation throughout the remainder of the year. In what are often described as slow-open groups, these groups allowed for an intake of new participants at any point in time over the course of the year, with a maximum of twelve participants in a mixed group and eight participants in the allies group. Group Therapy is facilitated by members of the Clinical Team, all of whom are experienced psychotherapists, with a broad experience of traumatic and developmental wounds including the short-term and long-term effects of sexual violence.

Group Therapy in One in Four continued to offer a therapeutic environment for participants to seek and offer support to each other, where their experiences are heard and explored and where individual needs are responded to with integrity, sensitivity, respect and compassion. After a long period of deep process work in one-to-one psychotherapy, individuals often wish to be in the presence of others who, like themselves, have experienced sexual violence at some time in their lives. Psychotherapy through the mixed groups, offers a distinct form of therapeutic engagement where individuals can deepen into their personal journey and can be witnessed, supported, encouraged and validated through and beyond their experience of sexual violence. Psychotherapy through the allies group offers a particularly unique space to individuals who have in the past or who are currently supporting an individual(s) who has experienced sexual violence or, as in the case of intrafamilial abuse, where an individual is supporting an individual(s) who has experienced sexual violence and the alleged perpetrator.

Mixed Group:

Individuals participating in group therapy are expected to have considerable experience of one-to-one psychotherapy either in One in Four or elsewhere. Those wishing to participate in group therapy must meet with the group facilitators for a First Contact Assessment. This assessment allows for a mutual exploration of the individuals needs and as such, determines their suitability for group therapy. If an individual is in one-to-one psychotherapy outside of One in Four, they will be asked to supply a referral letter from their psychotherapist, supporting their decision to enter into group therapy. While a participant may not be in one-to-one psychotherapy when commencing group, there may be a need for a participant to re-engage in one-to-one psychotherapy during the course of the group process. When this need presents, a participant is offered an opportunity to explore this with the group facilitators and to explore the options open to them.

Allies Group:

Sexual violence devastates the life of the individual who experienced this violation. When sexual violence is disclosed within a family of origin or with partners or children or with friends it also has a huge impact on their lives. The allies group offers a space where these individuals can seek and offer support to each other. Prior to commencing in group individuals are invited to meet with the facilitator for a First Contact Assessment. This is a mutual assessment to determine whether the allies group is best suited to the individual.

There has been a waiting list for this group from its inception and this year saw this waiting list almost double in size. Towards the end of the year, this group moved from being 1.5 hours in duration each week to 2.5 hours duration each week. While this group goes some way toward meeting the needs of those others indirectly impacted upon by sexual violence it is not enough to answer the needs at a national level. It serves as a model for best practice to other service providers and holds a vision for a future where all those impacted upon by the crimes of sexual violence can be offered support.

The chart below shows the breakdown of the 2000 group hours provided in 2005:

Table 1.0. Breakdown of Group Therapy delivered in 2005:

Group	Hours per week	Duration	Participants	Total Client Hours
Mixed Group – Monday	2.5	12 weeks	12	420
Mixed Group – Tuesday	2.5	36 weeks	12	1080
Allies	2.5	25 weeks	8	500



Advocacy

“Strap line????????”

Advocacy Programme

Deirdre Fitzpatrick
Advocacy Director

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Direct client work:
In 2005

In depth case work included:

●

The Ferns Inquiry

ADVOCACY CLIENT WORK 2004

Table 2.0: Categories of work

PIECE OF WORK	NUMBERS	ACTION
CRIMINAL JUSTICE SYSTEM	? cases	• •
FERNS	? cases	• •
CIVIL CASES	? cases	• •
REDRESS	? cases	• •
COMMISSION TO INQUIRE INTO CHILD ABUSE	? cases	•
IRISH MEDICAL COUNCIL HEARING	? cases	• •
HOUSING	? cases	• •
EDUCATION	? cases	• •
HEALTH BOARD	? cases	•
FREEDOM OF INFORMATION	? cases	•
GENERAL INFORMATION	? cases	•
MISCELLANEOUS	? cases	• •

Advocacy Statistics

Figure 2.0 Illustrates the breakdown by gender of the number of individuals who accessed the Advocacy Programme.

Figure 2.0 Breakdown by gender

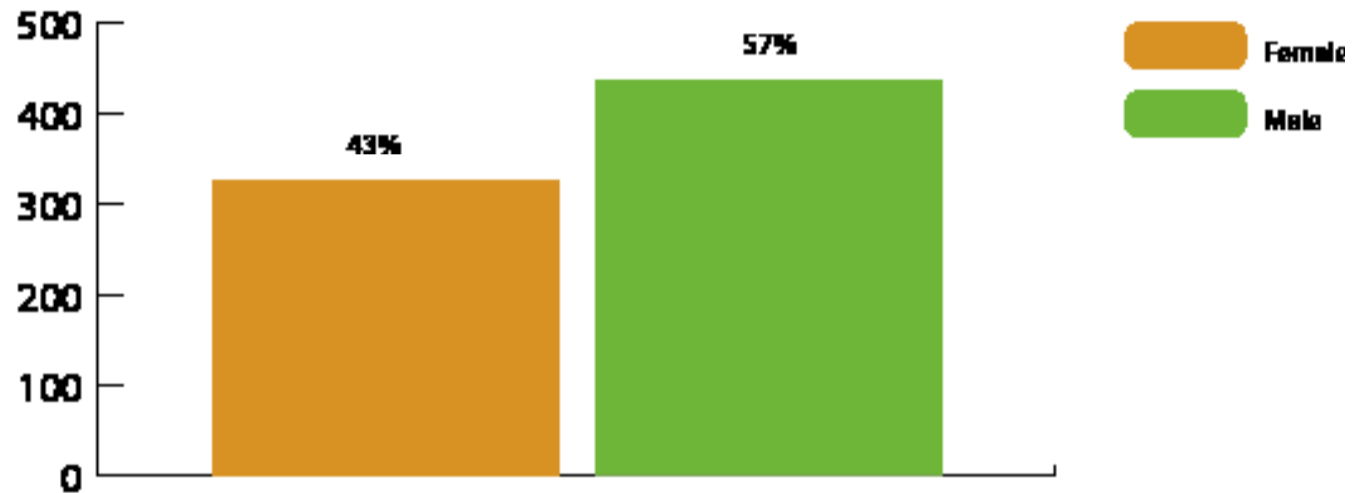


Figure 2.1 Number of one-to-one meetings with individuals

Figure 2.1 Illustrates the breakdown by month and by gender of one-to-one Advocacy client meetings.

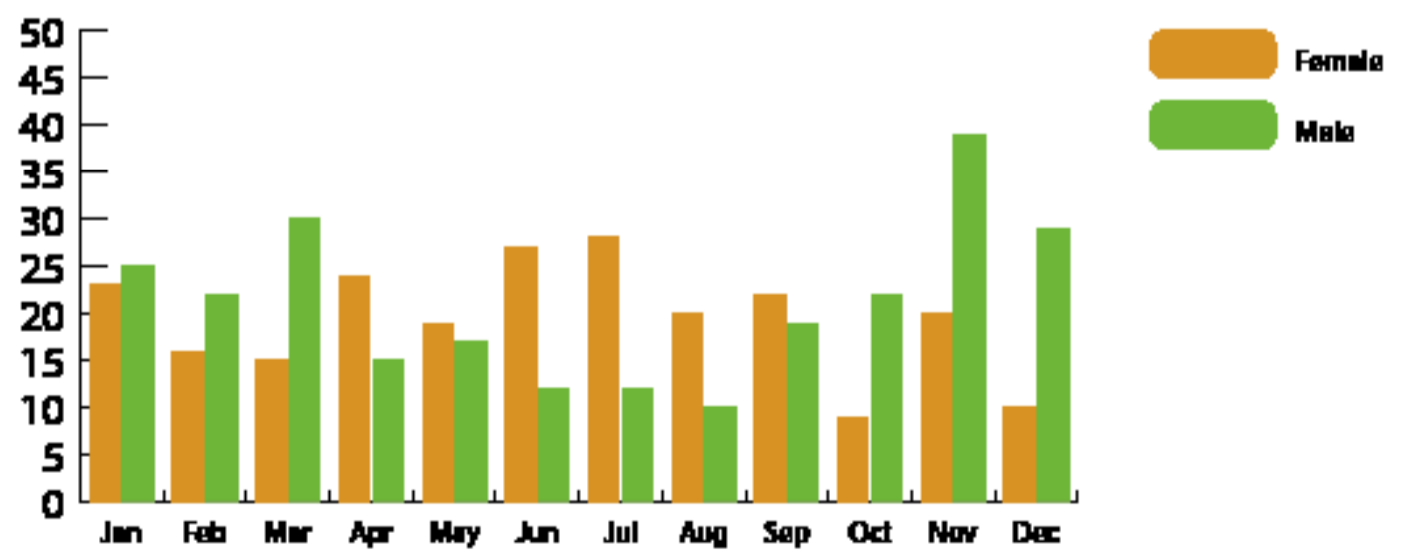


Figure 2.2 How clients access the Advocacy Programme

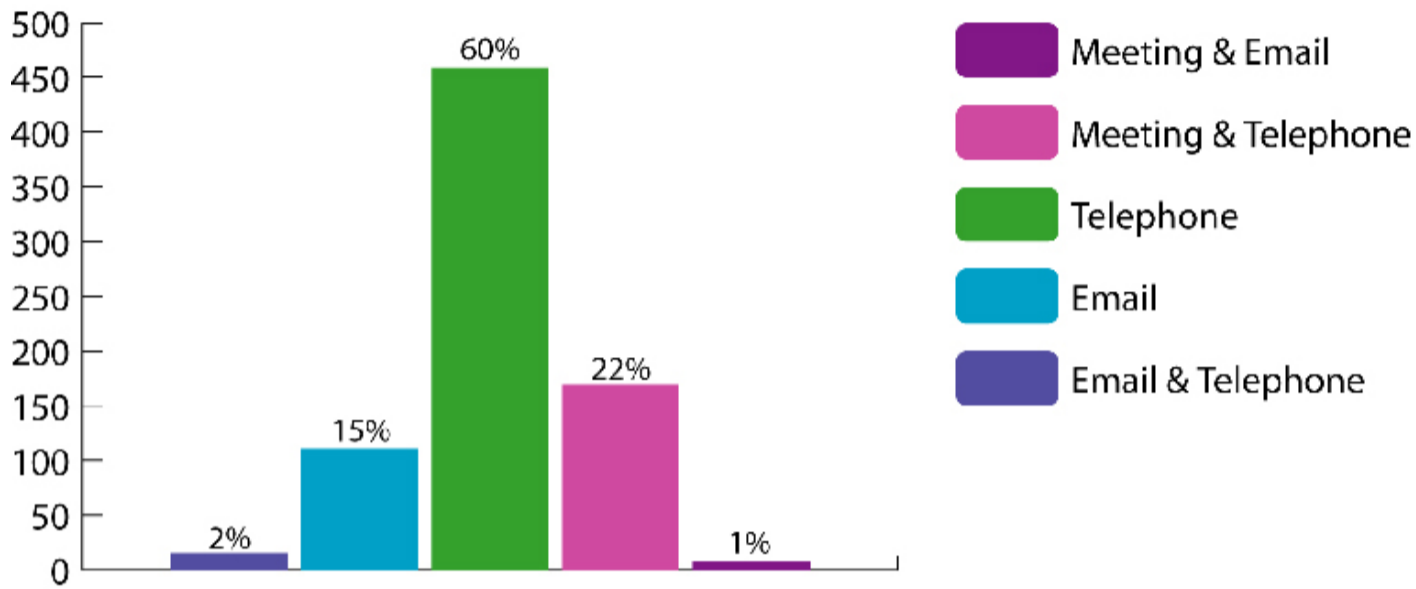


Figure 2.2 Illustrates how clients accessed the Advocacy Programme.

Figure 2.3 Geography of clients accessing Advocacy Programme

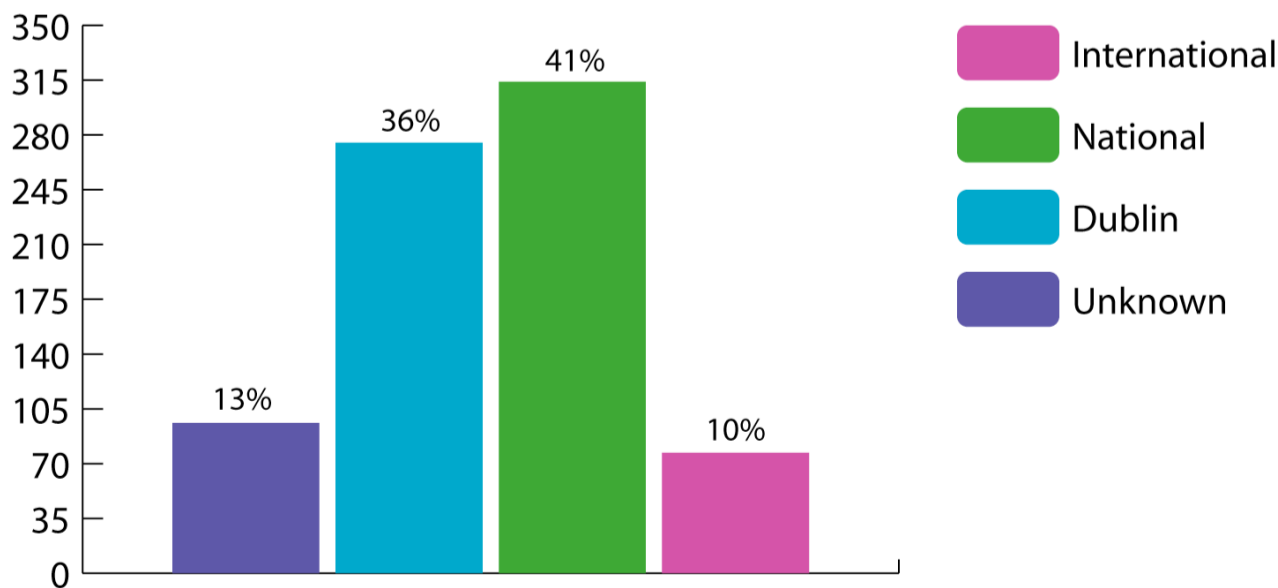


Figure 2.3 Illustrates the location of clients accessing the Advocacy Programme.

Advocacy - Context of Abuse

Figure 2.4 Illustrates the breakdown by gender as indicated through Advocacy client disclosures.

Figure 2.4 Breakdown by gender of perpetrators

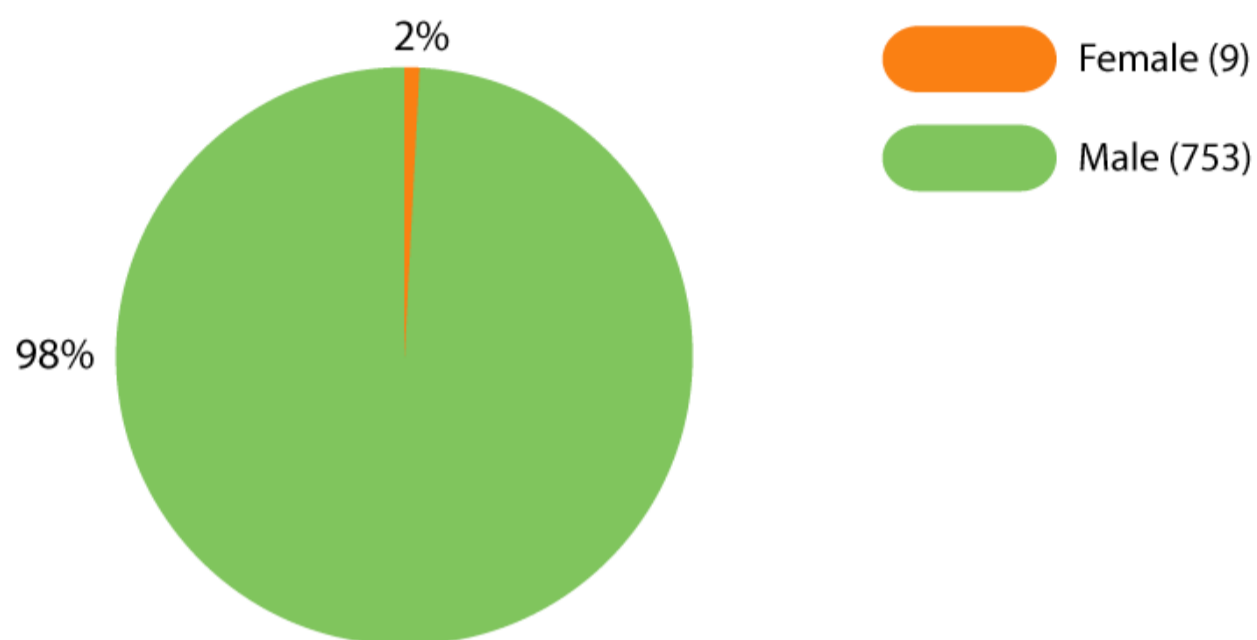


Figure 2.5 Illustrates breakdown of the context in which abuse occurred.

Figure. 2.5 Context in which abuse occurred

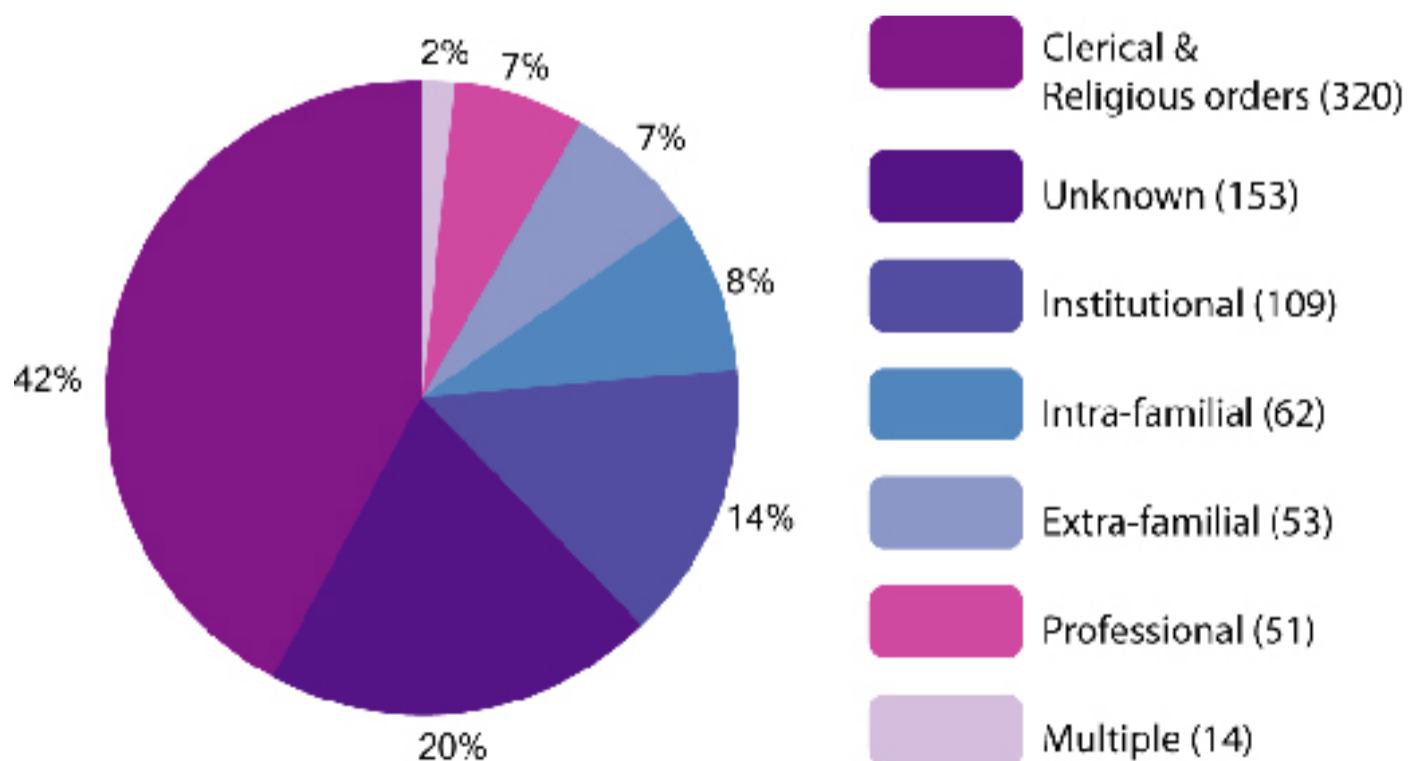


Figure 2.6 Gender of perpetrator within each context

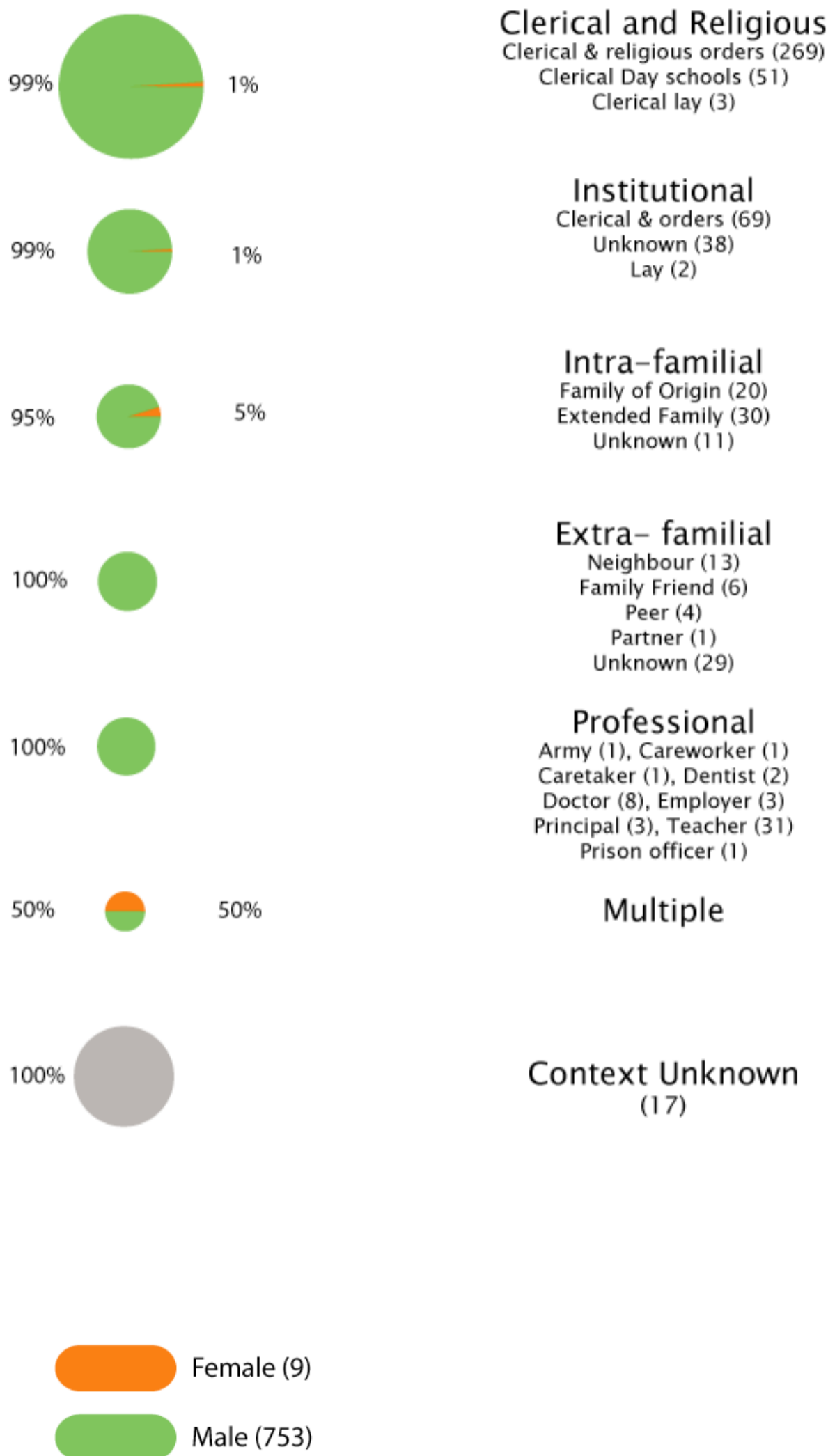


Figure 2.6 Illustrates a breakdown by gender of perpetrators within the context of abuse. The sequence of the chart reflects the number of perpetrators in each context.



On-line Support and Information

“Both the increased number of hits the website received in 2004 and users interacting with the service through electronic means, are attributed to the organisation having developed a highly accessible, informative and interactive website.”

On-line Support and Information

One in Four continued to develop its on-line information and support service: www.oneinfour.org.

The intention behind the website is simple: to provide a point of first contact with One in Four and to develop a space that offers safe and meaningful support to those who have experienced sexual abuse and/or sexual violence and their allies, i.e. those families, friends and others in relationship with and supporting people who have experienced sexual violence.

One in Four recognises that our website is also an innovative opportunity to raise, discuss and respond to the many complex issues surrounding sexual violence and a way in which the organisation can raise public awareness, inform public opinion from a very low cost base and in a very effective manner.

To its users, the website offers hope and encouragement to reach out for help and seek appropriate support or referral to other services.

Both the increased number of hits the website received in 2005 and users interacting with the service through electronic means, are attributed to the organisation having developed a highly accessible, informative and interactive website.

The website offers users an opportunity to access support at any time of the day or night anonymously, regardless of geographical location, disability, personal circumstances or other factors that may prevent an individual from presenting in person for support.

One in Four On-line is unique in its provision of an on-line support resource in Ireland. It provides comprehensive links to professional support, locally, nationally and internationally as well as on-line support and information, relevant news stories and analysis sections.

The 'terms and conditions of use' for the on-line forums were also reviewed becoming more comprehensive and explicit, ensuring that the environment remained a supportive and beneficial resource for users.

Charting the website development in 2004

- New on-line forums were developed. The existing message boards proved unreliable with the demand in terms of bandwidth and meeting user needs.
- Expansion of the 'about us' section explaining more about the charity, its services and our first annual report for 2003.
- Fundraising events section developed.
- Submission of poetry and artwork continued to be expanded.
- Expansion of the links pages to include updated information on related services such as Rape Crisis Centres, Child Protection Service – Archdiocese of Dublin and other ancillary services in Ireland and abroad.
- Introduction of on-line polls were added to the forums, creating further opportunities for feedback and discussion.
- News Section was expanded to include a separate International News Section and the archives were updated from existing records from the old website.
- Inclusion of some radio interviews and streaming video links related to the organisation.
- Press section updated.

Statistics 2004

Statistics in 2003 for all on-line forums amounted to 573,000 hits for the entire year. In order to get a clearer picture of total website traffic, One in Four implemented a statistical package that would record the hits for the entire website. This revealed that www.oneinfour.org received in excess of 3.4 million hits in 2004. The newly acquired www.oneinfour.ie domain received 154,525 hits in 2004.

On-line Resources One in Four provides through their website

- Information on how to access the service including, information relating to the services One in Four provides; individual psychotherapy, group therapy, advocacy, campaigning open evenings, downloadable map, flyer, poster and previous annual report.
- Current and archived National and International News stories related to sexual abuse and/or sexual violence.
- On-line support; providing personal support to people who have experienced sexual abuse and/or sexual violence and their families/friends.
- Events and fundraising activities.
- Links to other related services operating nationally and internationally.
- Statistics and other information related to the issues surrounding sexual abuse and/or sexual violence in Ireland and in an International context.
- A community space which allows clients and on-line users to contribute their art, poetry or writing.

View our website: www.oneinfour.ie or on www.oneinfour.org.

Website statistics

Figure 3.0 Origin of visitors

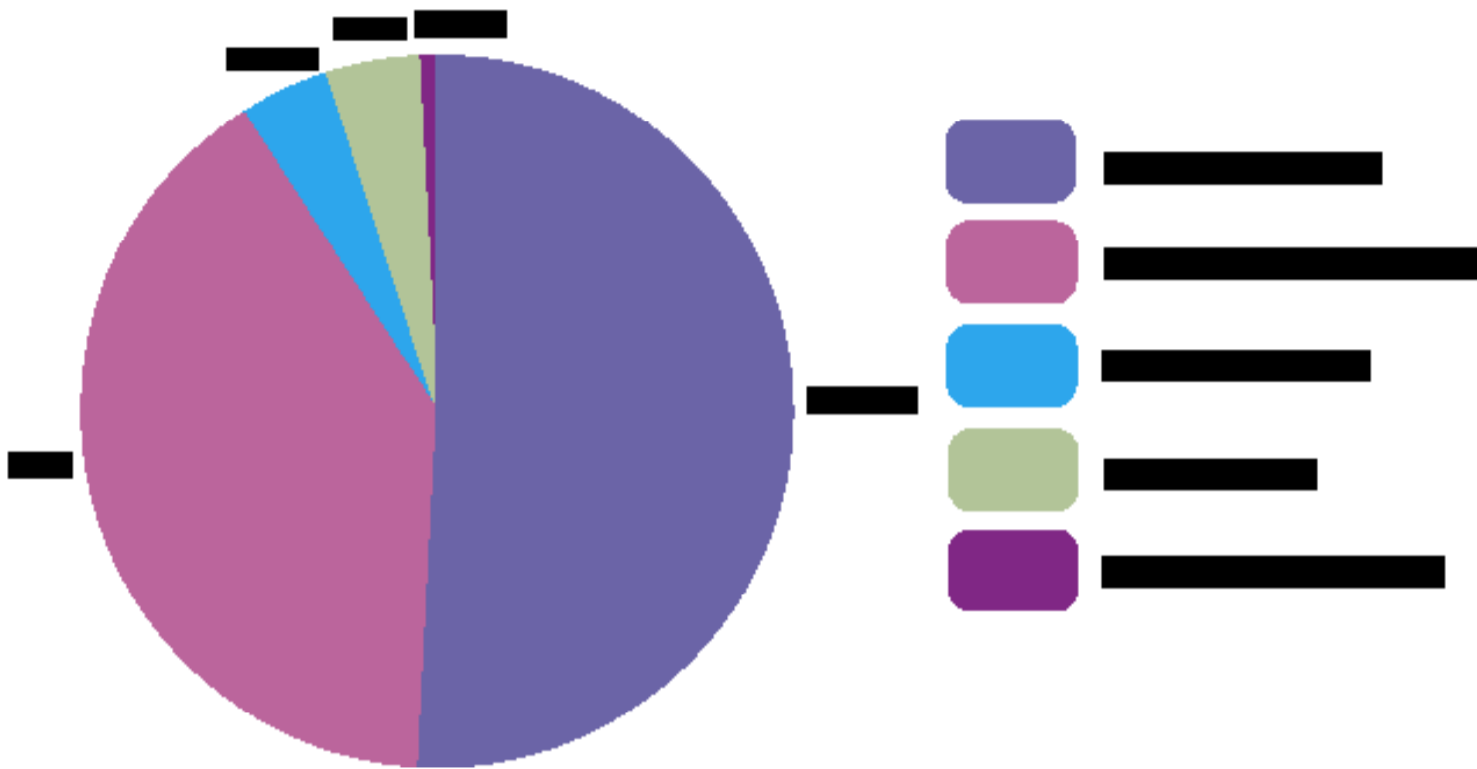


Figure 3.0 Illustrates the origin of visitors to the website.

Figure 3.1 Recorded website hits

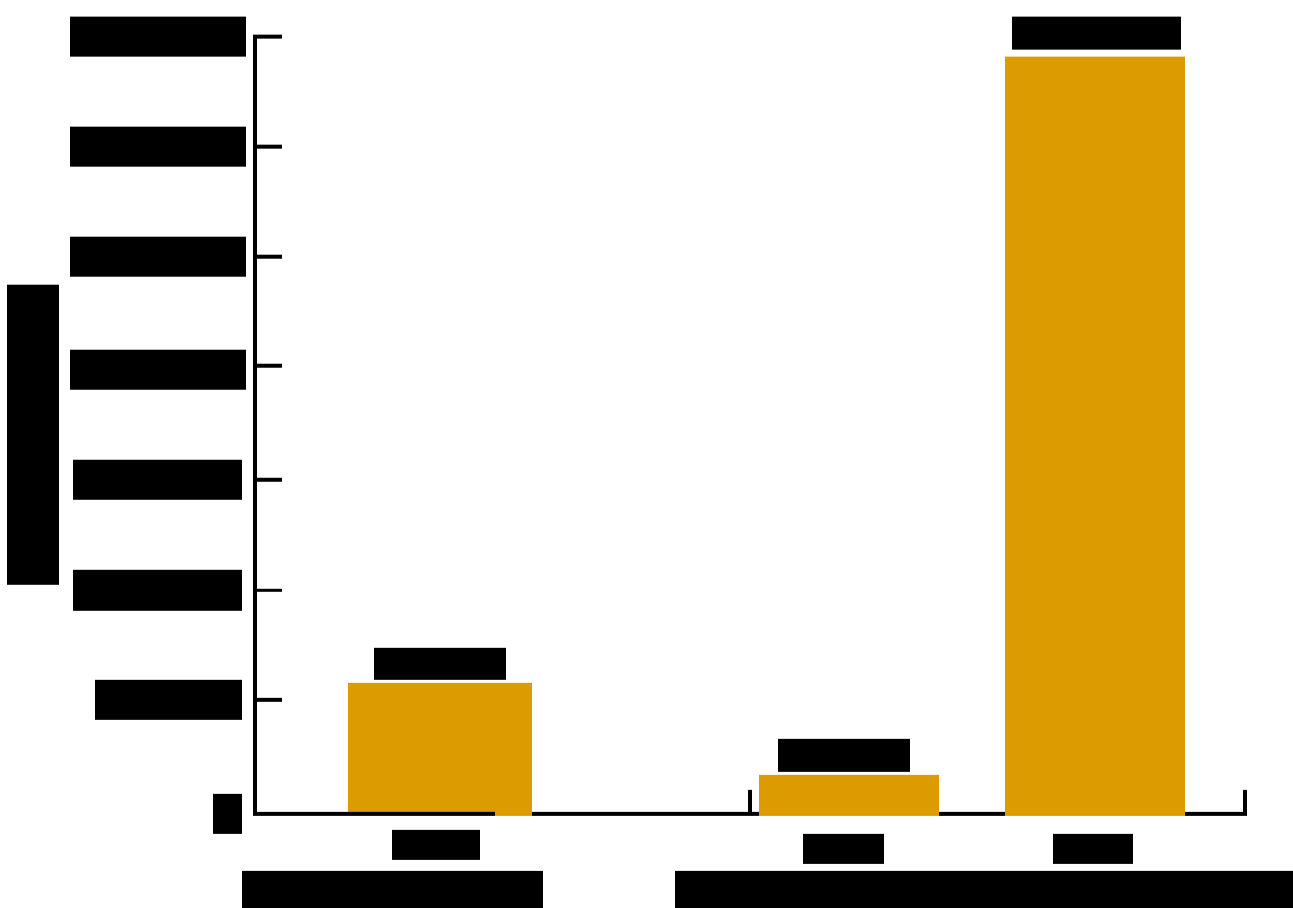


Figure 3.1 Illustrates the number of recorded hits on the website in 2003 and 2004.



Fundraising

A successful Fundraising Programme is vital in order to ensure the continuation of One in Four's existing levels of service and to further increase the resources available to the organisation and to ensure it can develop to meet the increasing levels of demand upon the service. In 2005, over 40% of funding requirements for One in Four had to be met by fundraising and donations. As part of the fundraising strategy within the organisation, One in Four employed one full time fundraiser who implemented a fundraising programme. Meeting the gap in funding for 2005 reflects the success of the fundraising programme and the generosity of both corporate and public support for One in Four.

Volunteers

In 2005 volunteers played an integral role in the fundraising programme. A core group of twenty fundraising volunteers gave their time, energy and skills to the various events organised during the year. The enthusiasm and energy which the volunteers brought added to the success of the programme. Events such as the Flora Womens Mini Marathon, Wicklow 200 and the Dublin Marathon generated vital funds for One in Four. Students from post primary schools carried out events such as Bag Packing and other fundraisers for the charity. We are grateful for all the effort our volunteers gave and the energy and vitality they brought to the organisation.

Fundraising

Events 2005

In 2005 the main fundraising events were our second annual Curragh Race Day, the Silver Mile and our first Art Auction. These three events accounted for 11% of One in Four's total income. As well as generating funds for the charity, each of these events offered opportunities to create greater awareness about One in Four and its work. In the Spring we held our second annual race day at the Curragh. This event was once again generously supported by both the business community and individual supporters. It was a very successful fundraiser and once again everyone enjoyed another great day at the races.

In September we staged a very unique fundraising event – 'The Silver Mile' where we attempted to raise enough money to complete a mile long chain of €2 coins around the perimeter of Stephens Green. With the support of students from post primary schools and many volunteers one third of the mile was completed and we raised over €50,000. We plan to build upon this success and complete the mile in 2006.

One in Four staged its first Charity Art Auction at The Royal Hibernian Academy in November. The event was supported by many of Ireland's leading artists who contributed work to the auction. John de Vere White very kindly offered to conduct the proceedings. We appreciate the valuable contribution of Catherine Gaynor, Art Consultant who helped to organise the art auction. The sale was enormously successful and was one of our most successful fundraising events to date, raising in excess of €40,000.

One in a Thousand

As a qualifying registered charity, One in Four can claim back tax paid on donations of over €250 per annum. In 2005 One in Four launched a new scheme, 'One in A Thousand,' whereby individuals are invited to make an annual donation to One in Four. This form of support provides guaranteed income for One in Four which allows us to plan for the future. It is a project that will be further developed in 2006.

Public Awareness

Fundraising activity presents key opportunities for developing greater public awareness around issues related to sexual violence. In 2005 presentations were made to post primary schools about the organisation and its work. This generated awareness about the organisation and also provided students with the opportunity to discuss child protection and issues related to it.

Grants

In 2005 One in Four received 17% of its funding from grant applications. The grants received towards the work of the organisation were from: The National Lottery, HSE Lottery, People in Need, and the Ireland Fund.

Thank You

One in Four would like to extend a sincere thank you to everyone who supported the organisation in 2005, or who volunteered their time and expertise in helping to raise funds. In 2006 we will work to build upon this support and further develop the work of the organisation.



Campaigning

“Both the increased number of hits the website received in 2004 and users interacting with the service through electronic means, are attributed to the organisation having developed a highly accessible, informative and interactive website.”



The Year Ahead - Future Work

“One in Four is a needs responsive service. In our day to day work we strive to ensure that the development of current and future services are informed by the women and men we support.

This section of our second annual report outlines our future aspirations within each of the programmes of work in One in Four. These aspirations are not set in stone; they may grow and change as alternative needs present themselves through the work of the charity.”

The Year Ahead - Future Work

Psychotherapy Programme

Increase delivery of One-to-One Psychotherapy and Group Therapy The waiting list for one-to-one psychotherapy and group psychotherapy continued throughout 2005, reaching alarming figures following the publication of the Ferns Report. While the Clinical Team extended their working hours, without additional cost to the organisation, to respond to this need, this generosity could not be taken advantage of and so, for the first time since One in Four first began seeing clients in 2003, we had to close our waiting lists. It seems that in Ireland we are facing a continuing crisis with regard to the numbers of disclosures of sexual violence being made and the harsh reality that we are not equipped nationally to respond adequately to the needs of individuals seeking therapeutic support. With limited resources, one of the aims of the organisation in the coming year is to explore how it can expand the Psychotherapy Programme without compromising the level of service and quality of service it is currently committed to.

In 2005 a second mixed group began, which went some way toward meeting the demand being placed on the service for group therapy. In the coming year it is envisaged that the service will be open from 08:00a.m. to 10:00p.m. on Monday through to Friday, for one-to-one psychotherapy. At present, evening appointments are almost filled to capacity and we are exploring the possibility of extending the delivery of psychotherapy to a Saturday, to meet some of the needs of those many individuals on a waiting list who are themselves working full-time and therefore, unable to attend for day time appointments.

Student Placement and Internship Programme

One in Four has been taking psychotherapy student placements since 2004. Those who successfully complete their placement are offered the option of joining our internship programme. We work very much in collaboration with the training institutions the students are with and from feedback we have received, One in Four is considered to be at the top end of successful placement environments for students. We receive many applications for placement from students and the selection of students for placement follows the same interview criteria applied to any recruitment campaign in One in Four.

Over the coming year we aim to expand this programme and ensure that One in Four continues to be a centre of excellence for students and interns. Those joining One in Four as placement psychotherapists will be required to participate in an initial training that will combine experiential and theoretical approaches most relevant for working with clients who have experienced sexual violence in childhood and/or as adults. Following this training the placement psychotherapists will be allocated a maximum of three clients and their take-on of these clients will be staggered to ensure that both the client's needs and the placement psychotherapists' needs are being responded to appropriately. From the beginning of their placement, the placement psychotherapists will be allocated a mentor from the Clinical Team. The mentor maintains a focus on the therapeutic work of One in Four and will hold responsibility for the on-going development of the placement psychotherapist for the duration of their placement in One in Four, ensuring that they have the appropriate skills to fulfil their clinical practice and offering them support in exploring gaps in their skill base and particular learning needs.

Placement psychotherapists are required to attend fortnightly peer group supervision for two hours with the Clinical Director and in the coming year, will meet weekly with their mentor to review and assess their needs.

In 2005 One in Four offered its first psychotherapy internships to two students who had completed their placement in One in Four. We intend to broaden the scope of this option and to offer this internship to all those placement psychotherapists who successfully complete their formal training and are making the transition into working as qualified psychotherapists working towards accreditation. We value the professionalism and integrity of those doing their internship in One in Four enormously. Their experience and what this can bring to the students just starting a placement is invaluable. Those in the internship programme will be expected to attend the in-house fortnightly Clinical Team supervision with the external supervisor, monthly Clinical Team meetings and monthly supervision and line management with the Clinical Director. The Clinical Director holds organisational responsibility for the clients in psychotherapy with both interns and placement psychotherapists.

Perpetrator Assessment and Treatment Programme

One in Four is committed to meeting the on-going challenge of responding to both aspects of sexual violence as they present, objectively, professionally and responsibly. The organisation recognises that the treatment of perpetrators is not only an essential child protection response but is also necessary if the risk of re-offending is to continue to decline.

In continuing to meet the needs of our service users who can benefit from the PATP programme, we will look to expand the PATP by offering more places for open-ended one-to-one psychotherapy, where individuals can develop a greater awareness of self and how they relate and connect in the world. In 2005, One in Four continued its therapeutic work with clients who received a custodial sentence and with those mandated by the court to continue in treatment through the PATP. However, we need to look beyond these measures and beyond the more traditional approach which offers only cognitive behavioural therapy in the treatment of offenders. We need to adopt a more holistic approach to working with offenders and to those with a propensity to offend which moves beyond reducing the level of risk of offending to eliminating risk, as the focus becomes more centred on the individual who is, whether we want to acknowledge this or not, more than their offending behaviour. With the expansion of the PATP, One in Four will look to engage with an external supervisor who can offer support and clinical expertise to the psychotherapists working in the PATP. Engaging an external supervisor ensures that One in Four continues to maintain best practice standards and can be held accountable for the work it is involved in.

In the coming year One in Four will become more actively involved with other agencies working toward eliminating sexual abuse and creating environments where those who perpetrate sexual abuse, who wish to seek help can do so. We will also be exploring the benefits of becoming a member of a network of organisations committed to meeting the social and political challenges of advocating the necessity of adequate treatment programmes for offenders of sexual abuse.

Prison Outreach Programme

In 2005 One in Four began working with individuals serving custodial sentences who disclosed an experience of sexual violence either as children or as adults. We are working toward submitting a proposal to the Prison Service which will outline the possibility of expanding this work. One in Four has continued to receive requests for additional therapeutic support for more individuals in prison but has been unable to respond to these requests because of budgetary constraints. Our proposal will set out a reasonable and cost effective approach to responding to this need through our Prison Outreach Programme.

Advocacy Programme

Staffing

In 2006 the Advocacy Programme will attempt to secure funding for the employment of an Advocacy Worker for the Commission of Investigation into Clerical Abuse in the Dublin Arch Diocese. This is essential to allow One in Four to provide appropriate support to those who wish to give evidence to the Commission.

Continued Client Support

One in Four will continue to provide appropriate practical support to women and men seeking information, advice and support through the Advocacy Programme either by telephone, one-to-one meetings, e-mail or letter.

Ferns Inquiry – victim support

Following the publication of the Ferns Report we will continue to provide appropriate practical support to those who gave evidence to the Inquiry.

Ferns Inquiry – recommendations

Following the publication of the Ferns Report, One in Four will work to ensure that past failures are appropriately responded to and that the policy and legislative recommendations from the Inquiry are fully implemented.

Dublin Archdiocese

One in Four will provide appropriate practical support to those who wish to give evidence to the Commission of Investigation into Clerical Abuse in the Dublin Arch Diocese.

Codes of Best Practice

The Advocacy Programme will compile and implement codes of best practice for the continued delivery of advocacy services in 2005.

Administration

The development and implementation of internal practices and policies continues to be a central commitment of best practice for future work. To this end, policies and procedures will be continually reviewed and assessed. The Staff Handbook will continue to evolve in line with statutory obligations and employee and service user needs. Accountancy software systems will be up-graded. Our 360 Degree Staff Review Process will be developed out of a commitment to support each member of staff as fully as possible in their work with the organisation through a facilitative and meaningful process.

Review of Information Technology systems

One in Four will carry out a review of existing IT systems focusing on security, reliability and efficiency. The organisation will increase the level and extent of in-house training to staff in the use of information technology.

Further Development of Information services

One in Four will broaden public and professional awareness of the charity and its services by utilising in-house resources and skills to design, print and distribute leaflets, posters, brochures and a quarterly newsletter. The organisations website will continue to be further developed and refined.

Fundraising

The organisation will develop and implement a professional programme to include events, major donor schemes, on-going donation programmes and grant based funding. One in Four will appoint one full time fundraiser to deliver this programme and to work towards building a team of volunteers.



Administration & Auditors Report

“Great care and consideration goes into maintaining the environment into which those accessing the services are welcomed with warmth, care and respect.

One in Four continues in its commitment to deliver the professional administration and financial procedures integral to the support of programmes and services within the organisation.”

Administration

The work of the Administration Department at One in Four covers the financial management and accounting of monies and resources, the management of human resource issues and the care and maintenance of the organisations premises. Great care and consideration goes into maintaining the environment into which those accessing the services are welcomed with warmth, care and respect. This is achieved by ensuring that the services are effectively resourced and that core client services are provided within a comfortable, nurturing environment.

The space into which all are invited continues to be developed as a safe holding area and accessible area. One in Four continues in its commitment to deliver the professional administration and financial procedures integral to the support of programmes and services within the organisation.

The administration team has been developed in line with the needs of those who use the service and so, have moved from one receptionist to a team of three reception staff providing cover from 9:30 a.m. to 9:30 p.m. (1 Full-time, 2 Part-time). Particular challenges met by the administration team include; refurbishment of the premises after flood damage, providing increased access for clients with disabilities, improved induction and employment policies and procedures to a growing staff and daily administrative services.

As part of our commitment to the transparent accounting of how the Charity generates and expends its funding, One in Four has published in full, the Independent Auditors' Report for 2004 in this report.

Staffing Levels for 2004 include the following personnel:

Staff Positions	Staff Numbers
Director	1
Clinical Director	1
Advocacy Co-ordinator	1
Psychotherapists	11 - (2 Full-time, 6 Part-time, 3 Placement)
Office Manager	1
Receptionists	3 - (1 Full-time, 2 Part-time)
PA to Director	1
Information Officer	1 - (Part-time)
Care Taker	1 - (Part-time)

Board of Directors: Jane Pillinger, Pat Jackman, Enda McDonagh, Marie Collins (Resigned July 2004).

Deirdre Carney
Office Manager

Registration number 359278

**One In Four (Ireland) Limited
Company Limited by Guarantee
Without a Share Capital**

Directors' Report and Financial Statements

for the year ended 31 December 2004

One In Four (Ireland) Limited

Company information

Directors Patrick Jackman
Dr. Jane Pillinger
Prof. Enda Mc Donagh
Marie Collins (resigned 29th July 2004)

Secretary Patrick Jackman
Marie Collins (resigned 29th July 2004)

Company number 359278

Registered office 2 Holles Street
Dublin 2

Auditors' John P. Carlin & Company
Chartered Accountants &
Registered Auditors'
21 Upper Mount Street
Dublin 2

Business address 2 Holles Street
Dublin 2

Bankers Bank of Ireland
Lower Baggot Street
Dublin 2

Solicitors Pearse Mehigan & Company
83/84 Upper Georges Street
Dun Laoghaire
Co Dublin

One In Four (Ireland) Limited

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One In Four (Ireland) Limited Directors' Report for the year ended 31 December 2004

The Directors present their report together with audited financial statements of the company for the year ended 31st December 2004.

Principal Activity

The principal activities of the company are to provide psychotherapy, advocacy and support services.

Results

The deficit for the year after providing for depreciation and taxation amounted to €109,137.

2004 Deficit

At the end of 2004 One In Four (Ireland) had a significant deficit. This was largely due to a cut of 24% in state funding for the year compared with 2003. State funding for 2005 will not increase on the level granted in 2004.

To resolve this deficit the organisation has undertaken a review of how it funds its therapeutic programme. From January 1st 2005 the charity no longer employs therapists on a contractual basis paying fees on invoice. Instead all therapists are employed on a permanent part-time or full-time basis. This should result in savings of approximately €30,000 in 2005.

One In Four has also employed a full-time fundraiser who began employment on January 1st 2005. A programme of fundraising began in the last quarter of 2004. This programme has now begun to bring in significant funding. A programme to distribute counter top collection boxes also began and is earning approximately €1,000 per month; it is intended to further develop this programme which should significantly increase the revenue from this source.

The fundraiser will also research and make applications to charitable trusts and Government agencies. Thus far, eight applications seeking a total of €72,000 have been submitted for programmes of work scheduled for 2005; whilst not all applications will be successful we are confident that many will be, and that significant levels of extra funding will be generated through this source. A programme of other fundraising events has also been developed and will generate significant levels of revenue in 2005.

We are very confident that our newly established fundraising programme will generate sufficient revenue to meet the deficit, generate further funds for 2005 and meet the costs incurred for the fundraiser position.

One In Four (Ireland) Limited
Directors' Report
for the year ended 31 December 2004

Directors

Any Member of the Company who wishes to retire as a member shall write to the secretary to that effect and the secretary shall, as soon as is practicable, remove his/her name from the list of Members and s/he shall thereupon be deemed to have retired.

During the year Marie Collins resigned as a director and secretary and was replaced by Jane Pillinger. Enda Mc Donagh was also elected as a director. Patrick Jackman was elected as secretary.

Business Review and Future Developments

The Directors do not envisage any change in the principal activity of the company.

Health and Safety

The Company has adopted a safety statement in Accordance with the requirements of the Health & Safety at Work Act, 12(6) 1989, and each employee has been fully briefed on its contents.

Directors and their Interests

The company is limited by guarantee and does not have a share capital.

Charitable and political contributions

There were no political contributions which require disclosure under the Electoral Act 1997 during the year.

Director' Responsibilities

Company law requires the directors to prepare financial statements for each financial period which give a true and fair view of the state of the affairs of the company and of the profit or loss of the company for that period. In preparing these the directors are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements based on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Acts 1963 to 1983 and 1990 to 2003. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**One In Four (Ireland) Limited
Directors' Report
for the year ended 31 December 2004**

Books of Account

The measures taken by the directors to secure compliance with the company's obligation to keep proper books of account are the use of appropriate systems and procedures and employment of competent persons. The books of account are kept at 2 Holles Street, Dublin 2.

Auditors'

John P. Carlin & Company, Chartered Accountants & Registered Auditors', have expressed their willingness to continue in office in accordance with section 160 (2) of the Companies Act, 1963.

Taxation Status

One In Four has been granted Charitable status under sections 207 and 208 of the Taxes Consolidation Act 1997.

On behalf of the Directors

Patrick Jackman

Dr. Jane Pillinger

Date : 25 April 2005

One In Four (Ireland) Limited

Independent Auditors' Report to the Members of One In Four (Ireland) Limited

This report is made solely to the Company members of One In Four (Ireland) Limited as a body, in accordance with Section 193 of the Companies Act, 1990. Our work has been undertaken so that we might state to the organisation's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the organisation and the organisation's members as a body, for our audit work, for this report, or for the opinions we have formed.

We have audited the Financial Statements of One In Four (Ireland) Limited for the year ended 31st December 2004 which comprise the Income and Expenditure Account, the Balance Sheet and the related notes on pages 12 - 16. These financial statements have been prepared under the historical cost convention and the accounting policies set out on page 10.

Respective responsibilities of Directors and Auditors'

As described in the Statement of Director's Responsibilities on pages 4-6, the company's Directors are responsible for the preparation of the financial statements in accordance with applicable Irish Law and Irish Accounting Standards.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and Auditing Standards promulgated by the Auditing Practices Board in Ireland and the United Kingdom.

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Acts, 1963 to 1983 and 1990 to 2003. We also report to you whether in our opinion: Proper books of account have been kept by the company and whether the information given in the Director's Report is consistent with the Financial Statements. In addition, we state whether we have obtained all the information and explanations necessary for the purposes of our audit and whether the company's Balance Sheet and its Income and Expenditure account are in agreement with the books of account.

We report to you if, in our opinion, any information specified by law regarding directors' remuneration and directors' transactions is not given and, where practicable, include such information in our report.

We read the Director's Report and consider the implications for our report if we become aware of any apparent misstatement within it.

Basis of opinion

We conducted our audit in accordance with Auditing Standards issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the Directors in the preparation of the Financial Statements, and of whether the accounting policies are appropriate to the company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

One In Four (Ireland) Limited

..... continued

Independent Auditors' Report to the Members of One In Four (Ireland) Limited

Opinion

In our opinion the financial statements give a true and fair view of the state of the company's affairs as at 31st December 2004 and of its deficit for the year then ended and that they have been properly prepared in accordance with the Companies Acts 1963 to 1983 and 1990 to 2003.

We have obtained all the information and explanations we consider necessary for the purposes of our audit. In our opinion, proper books of account have been kept by the company. The company's balance sheet and its income and expenditure account are in agreement with the books of account.

In our opinion, the information given in the Directors' Report on pages 4 to 6 is consistent with the financial statements.

John P. Carlin & Company
Chartered Accountants & Registered Auditors'
21 Upper Mount Street
Dublin 2

Date: 25 April 2005

**One In Four (Ireland) Limited
Income and Expenditure
for the year ended 31 December 2004**

	Notes	Continuing operations	
		2004	2003
		€	€
Income	2	549,407	709,939
Administrative expenses		(671,603)	(682,355)
Other operating income		13,059	13,059
		<hr/>	<hr/>
Deficit on ordinary activities before taxation		(109,137)	40,643
Tax on surplus on ordinary activities		-	-
(Deficit)/Surplus on ordinary activities after taxation		(109,137)	40,643
		<hr/>	<hr/>
Retained deficit for the year		(109,137)	40,643
Retained profit brought forward		40,643	-
		<hr/>	<hr/>
Accumulated (loss)/profit carried forward		(68,494)	40,643
		<hr/>	<hr/>

There are no recognised surplus or deficit other than the surplus or deficit for the above two financial years.

On behalf of the board

Patrick Jackman
Director

Dr. Jane Pillinger
Director

Date : 25 April 2005

The notes on pages on 12- 16 form an integral part of these financial statements

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One In Four (Ireland) Limited
Balance sheet
as at 31 December 2004

	Notes	2004		2003	
		€	€	€	€
Fixed asset					
Tangible assets	6		55,544		60,449
Current assets					
Debtors	7	17,509		9,145	
Cash at bank and in hand		40		38,403	
			<u>17,549</u>		<u>47,548</u>
Creditors: amounts falling due within one year	8	(95,470)		(15,119)	
Net current (liabilities)/assets			<u>(77,921)</u>		<u>32,429</u>
Total assets less current liabilities			<u>(22,377)</u>		<u>92,878</u>
Creditors: amounts falling due after more than one year	9		(6,941)		-
Deferred income	10		(39,176)		(52,235)
Net (liabilities)/assets			<u>(68,494)</u>		<u>40,643</u>
Capital and reserves					
Income and Expenditure account			(68,494)		40,643
Net Company Fund	11		<u>(68,494)</u>		<u>40,643</u>

On behalf of the board

Patrick Jackman
Director

Dr. Jane Pillinger
Director

Date : 25 April 2005

The notes on pages on 12- 16 form an integral part of these financial statements

One In Four (Ireland) Limited
Cash flow statement
for the year ended 31 December 2004

	2004		2003	
	€	€	€	€
Cash generated from operations				
Operating (Deficit)/ Surplus	(109,137)		40,643	
Reconciliation to cash generated from operations:				
Depreciation	16,605		13,519	
(Increase) in trade debtors	(6,898)		(8,680)	
(Increase) in other debtors	(1,466)		(465)	
Increase in trade creditors	24,432		6,860	
Increase in other creditors	15,935		8,259	
Government grant released	(13,059)		(13,059)	
	-----	(73,588)	-----	47,077
Cash from other sources				
Receipt of grant	-		65,294	
	-----	-	-----	
			65,294	
Purchase of tangible fixed assets	(10,766)		(73,968)	
Interest Element of Finance Lease rental payments	(934)			
	-----	(11,700)	-----	(73,968)
Net decrease in cash in the year		(85,288)		38,403
Cash at bank and in hand less overdrafts at beginning of year		38,403		-
New Finance Lease		6,941		
		-----		-----
Cash at bank and in hand less overdrafts at end of year		(39,944)		38,403
Consisting of:				
Cash at bank and in hand		40		38,403
Overdrafts		(39,984)		-
		-----		-----
		(39,944)		38,403
		-----		-----

One In Four (Ireland) Limited
Notes to the financial statements
for the year ended 31 December 2004

..... continued

1. Accounting policies

1.1. Accounting convention

The financial statements are prepared under the historical cost convention .

1.2. Income

Income represents the total invoice value, excluding value added tax, of services offered during the period, together with government grants and donations received.

1.3. Tangible fixed assets and depreciation

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Leasehold properties	-	Straight line over the life of the lease
Fixtures, fittings and equipment	-	20% straight line

1.4. Pensions

The operation of a Company pension scheme has been suspended until 2005.

1.5. Government grants

Grants are credited to deferred revenue. Grants towards capital expenditure are released to the Income and Expenditure account over the expected useful life of the assets. Grants towards revenue expenditure are released to the Income and Expenditure account as the related expenditure is incurred.

2. Income

The total Income of the organisation for the year has been derived from its principal activity wholly undertaken in Ireland.

	2004	2003
	€	€
Class of business		
Government Grants and Donations	435,919	676,408
Faoiseamh	91,493	33,531
Fundraising	21,995	-
	<u>549,407</u>	<u>709,939</u>

One In Four (Ireland) Limited
Notes to the financial statements
for the year ended 31 December 2004

..... continued

3. Operating (Deficit)/Surplus	2004	2003
	€	€
Operating Deficit is stated after charging:		
Depreciation and other amounts written off tangible assets	16,605	13,519
	<hr/>	<hr/>
and after crediting:		
Government grants	13,059	13,059
	<hr/>	<hr/>
 4. Employees	 2004	 2003
	Number	Number
Number of employees		
The average monthly numbers of employees (including the Directors) during the year were:	9	8
	<hr/>	<hr/>
 Employment costs	 2004	 2003
	€	€
Wages and salaries - Administration	379,988	314,648
Medical Insurance	5,479	
Social welfare costs	40,660	33,057
Relocation Costs		13,000
Other pension costs	(7,644)	7,644
	<hr/>	<hr/>
	418,483	368,349
	<hr/>	<hr/>
 4.1. Directors' emoluments	 2004	 2003
	€	€
Remuneration	-	13,333
	<hr/>	<hr/>

5. Pension costs

The Company has agreed in conjunction with its employees that a pension scheme will not operate until 2005.

One In Four (Ireland) Limited
Notes to the financial statements
for the year ended 31 December 2004

..... continued

6. Tangible fixed assets

	Long leasehold property €	Fixtures fittings and equipment €	Total €
Cost			
At 1 January 2004	8,500	65,468	73,968
Additions	-	10,766	10,766
At 31 December 2004	8,500	76,234	84,734
Depreciation			
At 1 January 2004	425	13,094	13,519
Charge for the year	425	15,246	15,671
At 31 December 2004	850	28,340	29,190
Net book values			
At 31 December 2004	7,650	47,894	55,544
At 31 December 2003	8,075	52,374	60,449

7. Debtors

	2004 €	2003 €
Trade debtors	15,578	8,680
Other debtors	657	-
Prepayments and accrued income	1,274	465
	17,509	9,145

8. Creditors: amounts falling due within one year

	2004 €	2003 €
Bank overdraft	39,984	-
Net obligations under finance leases and hire purchase contracts	1,488	-
Trade creditors	31,292	6,860
PAYE and social welfare	22,706	(2,133)
VAT	-	2,748
Accruals	-	7,644
	95,470	15,119

One In Four (Ireland) Limited
Notes to the financial statements
for the year ended 31 December 2004

..... continued

9. Creditors: amounts falling due after more than one year	2004	2003
	€	€
Net obligations under finance leases and hire purchase contracts	6,941	-
	<hr/>	<hr/>
10. Deferred income	2004	2003
	€	€
Government Capital Grants		
At 1 January 2004	52,235	-
Grant income received in the year	-	65,294
	<hr/>	<hr/>
	52,235	65,294
Released in year	(13,059)	(13,059)
	<hr/>	<hr/>
At 31 December 2004	39,176	52,235
	<hr/>	<hr/>
11. Reconciliation of movements in Members' funds	2004	2003
	€	€
At 1 January 2004	40,643	-
(Deficit)/Surplus for the year	(109,137)	40,643
	<hr/>	<hr/>
At 31 December 2004	(109,137)	40,643
	<hr/>	<hr/>
Opening shareholders' funds	40,643	-
	<hr/>	<hr/>
Closing shareholders' funds	(68,494)	40,643
	<hr/>	<hr/>

One In Four (Ireland) Limited
Notes to the financial statements
for the year ended 31 December 2004

..... continued

12. Liability of Members

Every member of the company undertakes to contribute to the assets of the company in the event of the same being wound up while he is a member, or within one year after he ceased to be a member for payment of the debts and liabilities of the company contracted before he ceased to be a member, and the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors themselves, such as may be required not exceeding €6.35.

13. Approval of financial statements

The financial statements were approved by the Board on 25th April 2005 and signed on its behalf by

Patrick Jackman
Director

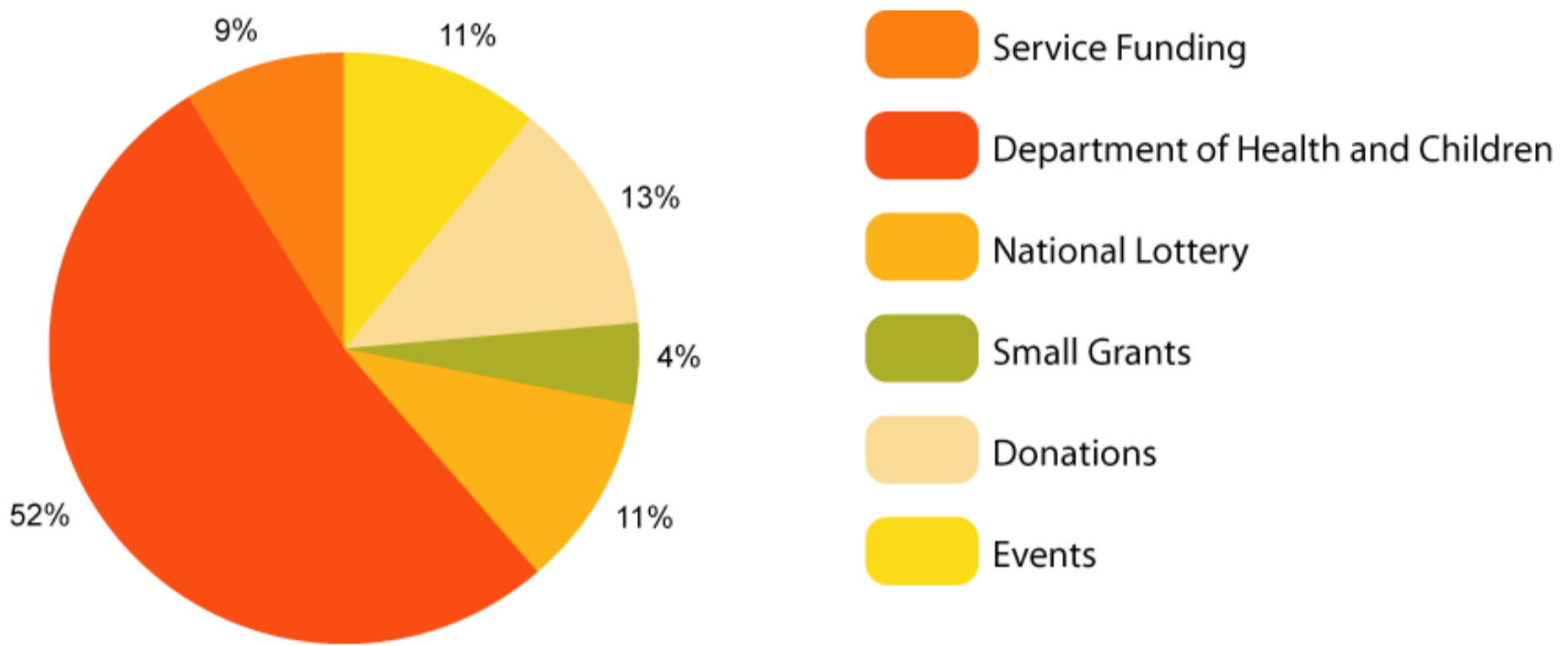
Dr. Jane Pillinger
Director

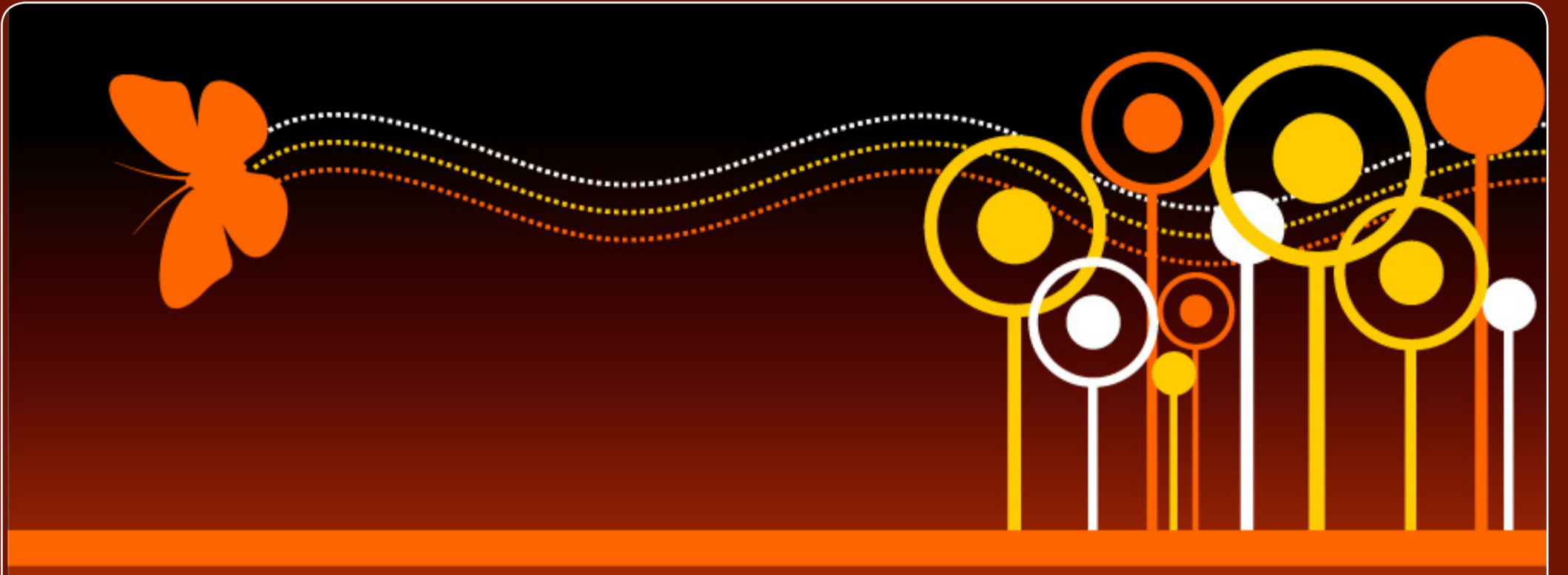
Date : 25 April 2005

One In Four (Ireland) Limited
Detailed Income and Expenditure account
for the year ended 31 December 2004

	2004		2003
	€		€
Income		549,407	709,939
Administrative expenses			
Wages and salaries	379,988		297,207
Directors' remuneration	-		13,333
Employer's PRSI contributions	40,660		33,057
Staff relocation costs	-		13,000
Pensions	(7,644)		7,644
Medical Insurance	5,479		4,108
Staff training	645		6,657
One in Four UK Donation	-		50,000
Expenses paid by One in Four UK	-		32,069
Rent payable	47,175		52,748
Psychotherapy and supervision service	130,435		61,017
Insurance	6,812		8,430
Computer bureau costs	1,943		-
Light and heat	3,853		3,874
Cleaning	3,629		849
Repairs and maintenance	4,477		7,979
Printing, postage and stationery	6,429		21,991
Advertising	1,265		-
Telephone	7,905		14,316
Computer costs	121		1,553
Fundraising expenses	7,646		372
Travel and subsistence	4,669		28,341
Legal and professional	938		115
Interest on taxation	506		-
Bank charges	953		511
Canteen	-		1,619
General expenses & Fundraising exp	7,114		7,746
Subscriptions	-		300
Amortisation on long leasehold	425		425
Amortisation on short leasehold	934		-
Depreciation on FF & Equipment	15,246		13,094
		671,603	682,355
		(122,196)	27,584
Other operating income			
Government grants received	13,059		13,059
		13,059	13,059
Operating (Deficit)/Surplus		(109,137)	6% 40,643

Summary of Income





Acknowledgements

Acknowledgements

One in Four Ireland would like to acknowledge and thank the many individuals and companies who have donated funds or services to the organisation in 2004. Without such support, the organisation could not have developed and delivered the high level and quality of service that has been achieved. Many who have donated time, effort and money have done so anonymously. Many have asked that donations be private. We thank each and every such supporter of our work.

We would like to express our gratitude and indebtedness to the many volunteers who gave of their time to the organisation in 2004.

Some support has been public; we would like to thank the following people and organisations for their support:

- The Department of Health and Children
- St. Patricks Missionary Society, Kiltegan
- Comhairle

One in Four Ireland would like to acknowledge the ongoing support and assistance it receives from the Department of Health & Children. The DoHC are the primary funders of One in Fours' services.

Solicitors:

Pearse Mehigan & Company
83/84 Upper George's Street,
Dún Laoghaire,
Co. Dublin.

Auditors':

John P. Carlin & Company
21 Upper Mount Street,
Dublin 2.

Produced, designed and published in house by One in Four Ireland.

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