

# Annual Report

2007



**19,701**

Individual Psychotherapy sessions (2003- 2007)

**1,941**

Women and men accessing Advocacy (2003 - 2007)

**15 million**

Hits on our websites (2003- 2007)

**5 years** since the establishment of One in Four in Ireland

*"One in Four has given me back my freedom, peace of mind and belief in myself."*

Client Perspective

The logo for 'One in Four' is located in the upper left quadrant of the slide. It features the text 'One in Four' in a bold, lime green font. Surrounding the text are four circles: three are a light purple color and one is a bright orange color, positioned to the right and slightly below the text.

**One in Four**

One in Four exists to support and give voice to people who, as children and/or as adults have experienced sexual violence and to provide a space that by its very existence challenges feelings of shame and self blame.

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## REPORT FROM THE CHAIR

On behalf of the Board of One in Four I want to wholeheartedly welcome the publication of the annual report for 2007. As One in Four marks its five year anniversary there is no doubt that, in the provision of its therapy, advocacy and information services, the organisation has played and continues to play a vital role in responding to sexual violence in Ireland.

The Board would like to thank all of the staff of One in Four for the professionalism and dedication that they give to their work. The outcomes of their work can be seen in this report. They have ensured that the organisation has gone from strength to strength. As the annual report shows One in Four has continued to provide a most valuable service to its clients. In 2007 the organisation provided 5,192 individual psychotherapy sessions to clients, an additional 510 women and men accessed advocacy services, and 77 women and men were on the waiting list for psychotherapy services. The annual report also shows that the organisation is dynamic in responding to new demands and challenges. This can be seen in the broad ranging approach in responding to the needs of people who have experienced sexual violence, as well its work in the provision of family support programmes and offender treatment programmes.

The Board will continue to play a strategic role in supporting the organisation's development and fundraising role over the coming year. We would also

like to thank all of the friends and supporters of One in Four, many of whom have given up time to help with fundraising and other activities.

This has been a time of significant change in the organisation, marked by the departure of Colm O'Gorman as Director and the appointment of our new Director Maeve Lewis at the end of 2007. Most importantly the Board wishes to acknowledge with deep respect and thanks the role played by Colm in having the vision and courage to establish One in Four and to go onto create a thriving organisation. His tireless work in challenging and responding to sexual violence in Ireland has changed the lives of countless people who have been supported in surviving the damaging effects of sexual violence. He has also, by articulating the problem more widely, helped to change the perceptions, understandings and visibility of sexual violence in Ireland amongst policy makers, politicians, service providers and the general public. The dignity and determination that Colm gave to his work was always appreciated by the Board, and we in turn were deeply honoured to work with him. The Board wishes Colm all the best in his new role as Executive Director of Amnesty International in Ireland and we are delighted to welcome Maeve Lewis in her new role as Executive Director.

Dr Jane Pillinger  
**Chair of the Board of One in Four**



EXECUTIVE DIRECTOR  
Maeve Lewis



# INTRODUCTION

I would like to introduce myself as the new Executive Director of One in Four. I am excited by the prospect of leading such a young, dynamic organisation into the next phase of its development, and look forward to working with such a motivated, committed team.

I want to pay tribute to the founder Executive Director, Colm O’Gorman. Without his vision, courage and energy One in Four would never have come into being. During the five years in which he led the organisation, Colm established One in Four as a fundamental voice in articulating the experience of men and women who had been shamed and silenced through sexual abuse. He ensured that their concerns were represented in public discourse, so that Irish society could never again deny the reality of sexual violence. We wish him well in the future.

Looking back over five years, we can celebrate many achievements. In 2003, the majority of people contacting One in Four had been sexually abused within the Catholic Church. We were a powerful voice in ensuring that clerical abuse was publicly recognised, and instrumental in the establishment of the Ferns Enquiry, a milestone in Irish social history. Should the recommendations of the Ferns Report be implemented, Ireland will be a safer place for all children. One in Four will continue to monitor the ways in which allegations of sexual abuse are handled by the Catholic Church, so that a transparent, consistent response becomes the norm across all dioceses and congregations.

In 2007, most clients attending One in Four have been sexually abused in other contexts: in their families and communities. Accepting the reality of clerical abuse was deeply traumatic for Irish society. Accepting that most children who are sexually abused are harmed by family members and friends is even more disturbing, confronting as it does our most deeply cherished beliefs. We must find the courage to accept this painful reality, as failure to do so will only collude with a never ending cycle of sexual violence.

Through our clients’ experiences, we have come to recognise that sexual violence is a multifaceted issue, involving those who are sexually victimised, those who sexually harm others, and the families and communities of both. This is reflected in our services, which now includes psychotherapy for people who have been sexually abused, treatment for sexual offenders and family support programmes. We believe that if we are ever to halt the cycle of sexual violence, we must intervene at every point. In particular, we see the treatment of offenders as a crucial aspect of child protection.

In 2007 One in Four’s unique Advocacy Programme continued to assist people in practical ways. Sexual crimes are severely under-reported. A major aspect of our work has been in encouraging people who have been victimised to report their experiences to the Gardaí, and supporting them in engaging with the criminal justice system.

Sexual violence is an uncomfortable topic. It is natural that we shy away from it and, until it impacts us directly, ignore it. However, a quarter of Irish people have been sexually victimised, so we all certainly know somebody who has been affected. It is unacceptable that we tolerate such levels of sexual violence, that we do not provide adequate services for those who have been sexually violated and that we consistently fail to ask sexual offenders to answer for their crimes. At One in Four our commitment is to work towards an Ireland where excellent services are readily accessible to all those who need them and where sexual offenders routinely face the consequences of their actions. We ask for nothing less than a society where sexual violence has become a thing of the past.

Maeve Lewis  
**Executive Director**



# REVIEW OF SERVICES 2007

## Psychotherapy

**5,192**

Individual Psychotherapy sessions

**1,994**

Hours of group therapy

**15**

Women and men accessing the Perpetrator Treatment &

## Advocacy / Practical Information & Support

**510**

Women and men supported through one-to-one meetings, telephone, and/or e-mail contact. Indirect work includes research

## Campaigning

Our work in this area was principally informed by the work that we do in supporting those directly impacted upon by sexual violence

## On-line Support

**3.82**

Million hits recorded on our websites in 2007

**316**

Registered users on our message boards

Assessment Programme

77

Women and men on the waiting list

and submissions to Oireachtas Committees and other bodies.

violence

# PSYCHOTHERAPY PROGRAMME

Thérèse Gaynor

Photo to be inserted here.



# Client Perspectives

“ The first time I was made aware of One in Four’s counselling service for people who suffered sexual violence was the first glimmer of hope that eased the constant feeling of panic in my stomach since I announced my own childhood experience.

Looking back on almost four years of one to one counselling reminds me of looking down at a vast mountain range from an aeroplane. The highs and lows are very noticeable yet so difficult to perceive their true measurement although, with the inexhaustible patience and commitment I have experienced from all in One in Four I now feel I’m on a balanced plane with newly attained life skills to gauge exactly at what level I’m at and thus implement any necessary actions required.

The impact of my childhood experience with sexual violence also impacts those people I have a relationship with. The importance of couple counselling to my wife and I has been the major key to reinstating a rock solid foundation.

The dedication that greets me every time I am welcomed in One in Four by everyone I have met there still to this day overwhelms me. Thank you for helping me find the love inside me. ”

C. Client, 2007

“ There is no point in me facing my demon’s and you still being in hell, you need to face yours too” were the words of my husband. My marriage was so sacred to me and the thoughts of losing my soul mate was too much to handle. I was screaming inside with pain and could not contemplate actually speaking about my abuse.

I still remember my first visit to One in Four and the lovely greeting I received as I walked through the door – I often think I must have looked like a rabbit caught in head lights. I didn’t know what to expect although my husband had told me a little of his experience. I was not sure if I had to speak of my abuse straight away or what was expected of me but very quickly with the help of my counsellor I realised that this was my counselling session – purely for me and that nothing was right or wrong – it was what I wanted to speak about, at my pace and at whatever level I wanted. My counsellor was there to help me learn new life skills that would lead me to a very different place – a place of inner calm, something I had not had since before my abuse started.

I have one to one counselling on a weekly basis as does my husband and then together we engage in couple counselling which has strengthened our relationship for which I am truly grateful. One in Four has given me back my freedom, peace of mind and belief in myself. ”

A. Client, 2007



# PSYCHOTHERAPY STATISTICS

Figure 1.0 Illustrates the breakdown by month and by gender of individuals who contacted the Psychotherapy Programme in 2007.

Figure 1.0 Individuals who contacted the Psychotherapy Programme (470)



Figure 1.1 Illustrates the outcomes (670) from individual contact with the Psychotherapy Programme.

Figure 1.1. Illustrates the breakdown of engagement with the Psychotherapy Programme (670)

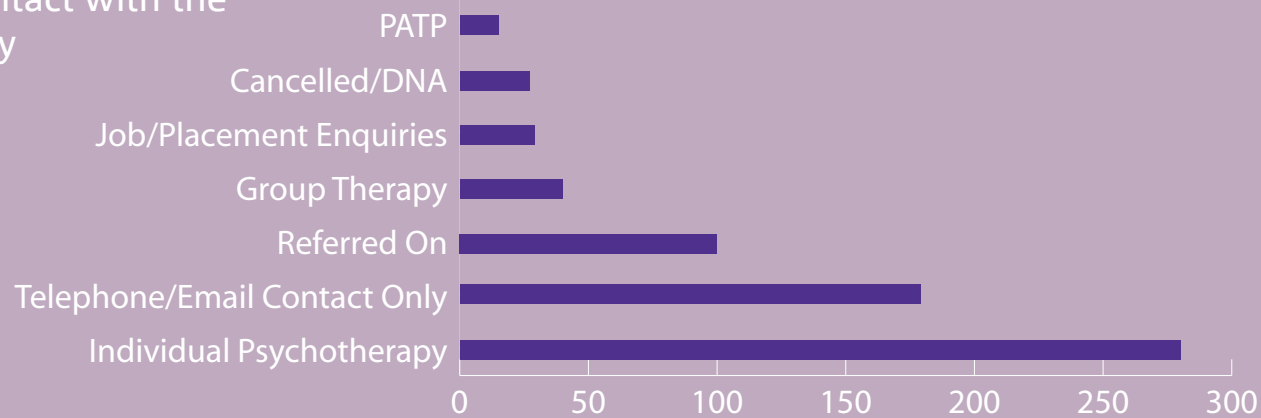


Figure 1.2 Illustrates a breakdown by gender of the number of individuals who were engaged in one-to-one therapy in 2007 (335). Male (59%) and female (41%).

Figure 1.2 Gender of individuals engaged in psychotherapy

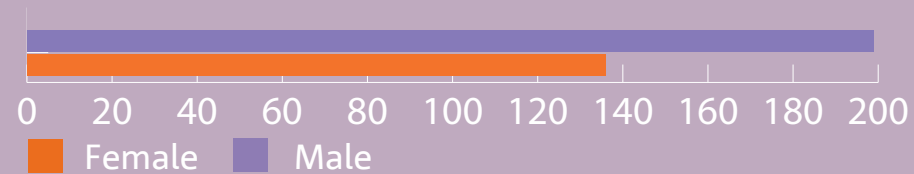


Figure 1.3 Illustrates the breakdown by month and by gender of the total number of psychotherapy one-to-one sessions (5,192) delivered in 2007.

Figure 1.3 Number of psychotherapy sessions delivered



Figure 1.4 Illustrates the breakdown by gender of perpetrators as indicated through psychotherapy client disclosures (243); female 8 (3%) and male 235 (97%).

Figure 1.4 Breakdown by gender of perpetrator

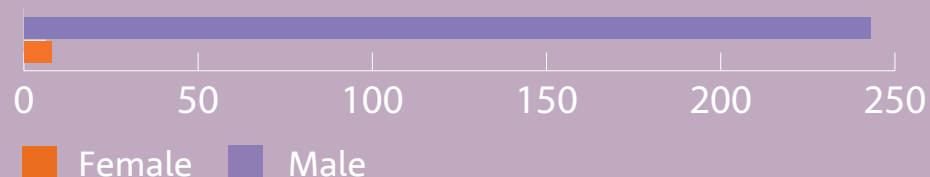
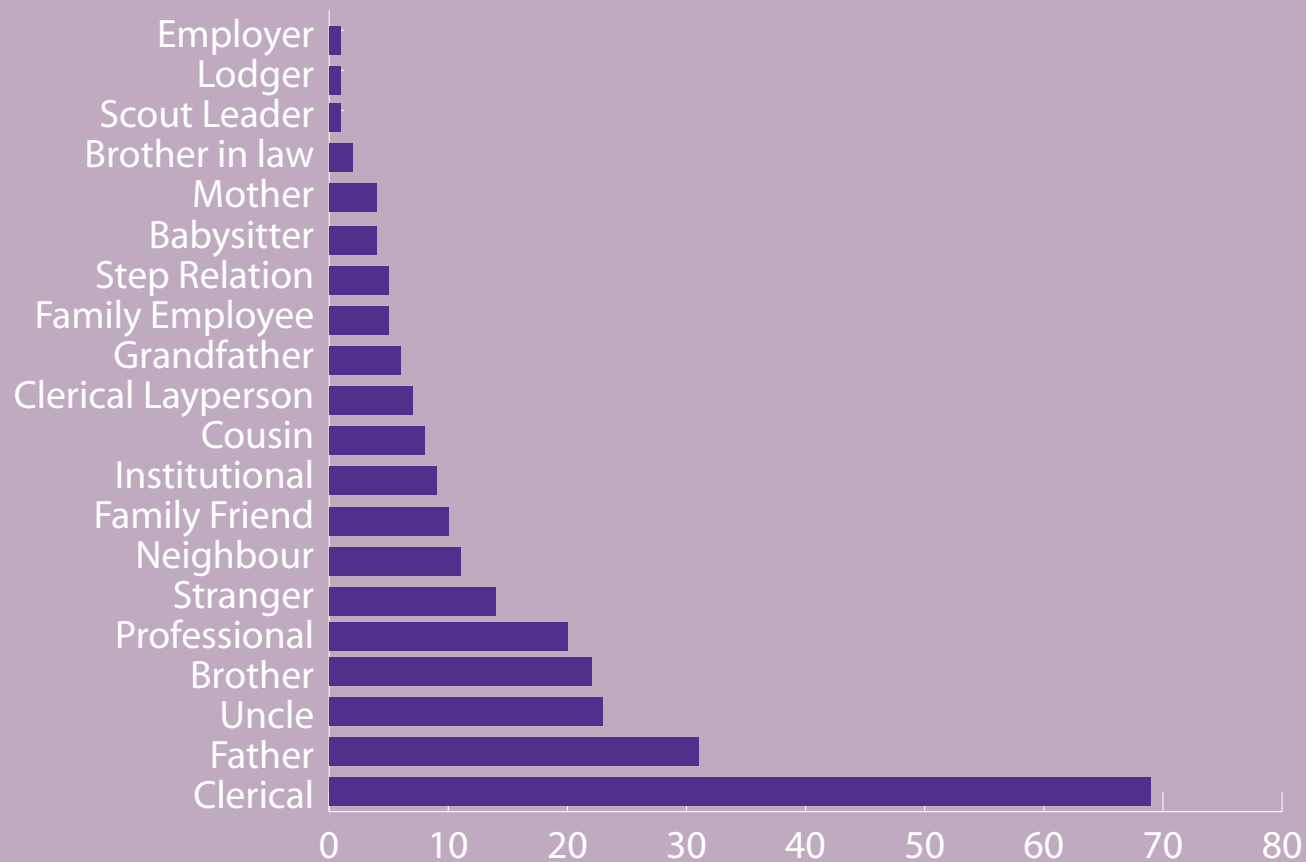


Figure 1.5 Illustrates the breakdown of the context in which abuse occurred as indicated through psychotherapy client disclosures (243). Multiple perpetrator experiences are included in this figure.

Figure 1.5 Context in which abuse occurred



# PSYCHOTHERAPY PROGRAMME

This year we celebrate the 5th Anniversary of One in Four and this presents us with an ideal opportunity to reflect and appreciate all that has been created and achieved; and to review and explore current and ongoing developments within the organisation. As Clinical Director it has been an invitation to look and reflect on the breath of the work carried out under the umbrella of the Psychotherapy Programme by a dedicated, committed and highly skilled team of psychotherapists. It has offered me a chance to review the programme - aspects of the service we already provide; delivery of these services; and areas for further development now and into our future.

In 2007 the Psychotherapy Programme continued to offer the same level of client services that it has in previous years through individual therapy and group therapy and in this last year, we are once again struck by the high take by males accessing our services. We also experienced a greater uptake on other aspects of the programme; an increase in the number of couples and families wishing to engage in therapy through our Family Support Programme; and an increase in those accessing our Perpetrator Assessment and Treatment Programme. Through these programmes, we have been able to continue to respond to the needs of families in a more holistic way and to support families as they explore the complex issues that impact on all of them when a disclosure of sexual abuse within the family context is made.

While we have offered consultancy to a variety of organisations and agencies over the last five years, 2007 saw quite an increase

in this area and brought about the establishment of very clear ongoing pieces of work with other organisations; offering facilitation, supervision or training to groups who in the course of their work are seeking specialist support in their response to the issues surrounding sexual violence.

In One in Four we have consistently felt the need for and encouraged the collaboration and sharing of information between professionals working in the area of sexual violence.

The take up on our services continues to indicate the need that is out there in the public arena for individuals and families to have a choice of services that they can link into in order to have their needs met. Sadly, the issue of sexual violence is not yet consigned to history and in a climate where so many changes are occurring with regard to services One in Four continues to highlight the need for specialist services and responses that offer choice to those women and men who have experienced sexual violence in childhood and/or as adults.

The work continues to be challenging and rewarding and as in every other year we continue to try and find solutions to providing appropriate responses to demands placed on the service that exceed our resources. We remain resolute in our commitment to providing those who choose to engage with our services responses that are meaningful and appropriate to their needs.

Thérèse Gaynor  
**Clinical Director**



# Client Perspective

Being a member of the Allies Group:

“While my children lived at home my focus was on getting them to get help for the abuse they suffered. It was only after everyone had left home that I realised that the only one I could now get help for was myself. This time also coincided with the publication of the Ferns report.

If this had been available twenty years ago, when abuse in my family was first disclosed, and if I had been aware enough and wise enough then to avail of all possible help for myself as well as them, it would have helped me a lot.

The benefits to me, as far as I can see them right now, are: I am beginning to feel some of my feelings (recently); hearing others tell of the atmosphere in their homes which was very similar to mine at times has been very helpful; hearing group members describe unusual behaviour of their abused children has also helped; understanding that I was also groomed for abuse to happen in my family has taken away some of the self-blame I used to feel for having been there but not seeing what was really going on; I also heard of the ‘cycle of abuse’ – obstacles the abuser has to overcome – for abuse to occur even once. This information helps me see what calculation and manipulation the abuser has to use to proceed with abuse in the narrow confines of a family.

I am thankful to all the members of the ‘Allies’ group who have shared the problems in their families and lives due to abuse, as it has helped me see that the way I feel is normal in the circumstances. I appreciate the supportive feed back I got from the group members when I did share. I am thankful also to the facilitators for their patience and encouragement in helping me to share, even when I didn’t want to open up.”



# GROUP WORK

In 2007 we continued to offer a number of different groups where participants could continue to seek and offer support to each other; and where individual needs could be responded to with respect, sensitivity, compassion and integrity. The feedback we have received from former and on-going participants in group continued to inform how we might develop this aspect of our service. At the same time, it has also given us some indications of how participants feel about their experience of group; where for example; participants have reflected on how much they value their space in a group and also; how much they feel they benefit from this type of therapeutic process which can both support and challenge them in particular ways as they work through for example; relationship issues or family issues or intimacy issues.

We also continued to experience a similar level of demand being placed on the service as in previous years and as in previous years, this led to long waiting lists for both group therapy and individual therapy. Places in group are limited to twelve per group, and so, as an organisation we have remained committed to exploring other options and possibilities in addressing the demands placed on the Psychotherapy Programme.

## **Mixed Group:**

Group work can be deeply challenging for participants and offers a very different dynamic to individual psychotherapy. As such, participants in these mixed groups are expected to have done or to be in individual psychotherapy either in One

in Four or elsewhere. Where an individual is in psychotherapy outside of One in Four, they will be asked to supply a referral letter from their psychotherapist, supporting their decision to enter into group therapy.

## **Allies Group:**

Psychotherapy through the allies group offers a particularly unique space to individuals who have in the past or who are currently supporting an individual(s) who has experienced sexual violence or, as in the case of intrafamilial abuse, where an individual is supporting an individual(s) who has experienced sexual violence and the alleged perpetrator.

Sexual violence devastates so many lives and the ripple effects of this devastation can not be overstated. In the aftermath of a disclosure of sexual violence within a family the allies group goes some way toward meeting the needs of those others who are indirectly impacted upon by sexual violence. The allies group and the underlying principles that frame the allies group offer a model for best practice and hold a vision for a future where all those impacted upon by the crimes of sexual violence can be offered appropriate support.



# Client Perspective

## Perpetrator Assessment and Treatment Programme

“When I first wanted to access treatment, I was given a list of names of possible associations by my local Social Services. I had tried to enrol in a programme with one organisation, however, I found that it was not all as easy as it seemed. With waiting lists of over a year and letters from GPs needed, the whole process was not what I needed at the time.

Following one phone call with the Clinical Director of One in Four, I felt I was speaking to a person rather than a system and was quickly informed of the treatment programme available and what entering this programme would involve. So, in the winter of 2002, I started therapy and engaged in a treatment programme to help me to understand the sexually abusive behaviour I had perpetrated. The therapy involved exploring my motivation; my pattern of abusing using the sexual assault cycle; the thought processes involved; the cognitive distortions that I had at the time of abusing my victim and the distortions that I continued to have when explaining myself during therapy.

In 2004 I was convicted of the crime and received a custodial sentence. I continued to see my therapist during my incarceration; One In Four continued to work with me, where I felt others would not. Though the visits by my therapist were not a continuation of the therapy in the way therapy had been, the visits were none the less therapeutic in a supportive and resourcing sense. Upon my release in early 2006, I was placed under a Post Release Supervision Order (PRSO) and was required to continue seeing my therapist for two years.

This PRSO made little difference to my outlook on continuing therapy as I wished to continue engaging in the programme, whether I was required to do so or not.

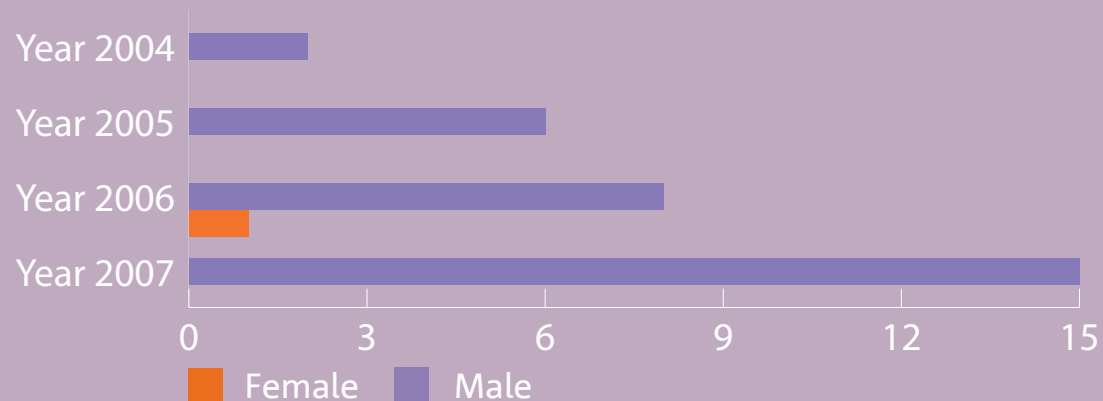
I found the environment I received therapy in calming and I felt I was working with an experienced therapist, who I had grown to trust. In therapy, I continued to explore my abusing behaviour in the past; to challenge my distortions; and to recognise aspects of the impact on my victim and all those affected by what I had done. I also began to speak of my own private life, my history and to explore what might have contributed to my sexually abusive behaviour. Looking carefully at all of this, I could begin to understand why I had abused; how I had abused the trust of my victim and their family; and how I had betrayed my victim, their family, my family and myself.

I have chosen to continue in the treatment programme after the end of the PRSO and as I continue in therapy, I feel that I have come a long way in taking absolute responsibility for what I did and understanding that I am entirely to blame. I accept that I may never be forgiven and I may never forgive myself for the abusive behaviour I perpetrated. Therapy has helped me to see that this behaviour is a part of my past that I can never change and it has also helped me to see more of who I am; and to support and resource myself; to find ways of reengaging and reintegrating with my family, my friends and my community. I feel more confident of myself and can begin to trust myself again. I can never take back what I did, but with the help and support of One In Four, I understand the severity of what I did and believe I will never sexually abuse again. I continue in the therapeutic process to this day. ”

# PERPETRATOR ASSESSMENT & TREATMENT PROGRAMME STATISTICS 2003 - 2007

Figure 1.6 Illustrates the breakdown by gender of individuals who engaged in the Perpetrator Assessment and Treatment Programme in the past four years including the number who did in 2007 (15).

Figure 1.6 Gender of individuals who accessed the P.A.T.P Programme



# ADVOCACY PROGRAMME

Deirdre Fitzpatrick



# Client Perspective

“October 2003, was a pivotal event in my life, it was then that I made my first complaint to the Gardai of allegations of sexual abuse and rape by my maternal uncle. The complaint referred to incidences that had occurred approximately ten years previously. Until this point in time, I was naïve to the criminal justice system having never encountered it before. Therefore when the Gardai told me that road ahead was long and that it would indeed be years before a court case would proceed, I initially thought that this was an over exaggerated myth but the grave reality was that it was four and half years before my case was heard at the central criminal court .

I feel justified in stating that the whole complaints procedure is flawed with inaccuracies and inadequacies. I made my complaint at a rural Garda station, where there was no designated officer to provide information on the complaint procedure for rape or sexual assault, the court system or what lay ahead of me. It was after making my complaint that I sought the services of One in Four. I did not know where to turn to, I felt helpless, lonely and isolated. There is a paucity of information available to victims of sexual violence on the complaints procedure and what to expect from the DPP or during the trial.

The court hearing was a harrowing process, something that words cannot define, indeed almost surreal. An Advocacy Officer in One in Four accompanied me to the court; I found this service indispensable in explaining the legal terminology and running of the court, as well as providing emotional support during a traumatising experience. I had to give evidence over one and a half days, the trauma experienced by this did not have affect

until many weeks later when the reality of the situation had time to dawn. Even now some nine months later I cannot believe I have done it, but am proud of myself for my achievement. I am content that my abuser has been found guilty even if it was for a lesser charge of sexual assault. It is only now that I realise that the justice gained from such cases is wholly based on the opinion of a jury of twelve people for which the nation lays its faith in their hands to reach a verdict on the crime in question. We depend on them to hear our sorrow and grief through our story as we relay it on the witness stand. We expect and hope that they are dedicated to their role for the time they are sworn in as jury members, we hope that their decisions are not biased by their own life experiences or those of a close one. Most of all we hope that we will get justice for the heinous crimes that we have experienced at the hands of those who knew much better. My abuser was given a two and a half year sentence with the last year suspended. The severity of the sentence did not equate the crime and I do feel bitter that in ways I have been hard done by the system as it is. The heart-sinking tale for all victims of such crimes is that we are just mere witnesses for the state and that is where our role ends. Our ability to recover, move forward or backwards with our lives is our doing; we are navigators of our own destiny.”

# ADVOCACY – Practical Information & Support

Our dynamic Advocacy Programme provides practical information and support to women and men who have experienced sexual violence. The programme has one simple and clear aim: to work with an individual, in order to empower them by providing safe and clear information and contact with the necessary services. The client decides what steps to take and the Advocacy Team act only under their direction. Our role is to determine and discuss the options, to empower the individual to act for themselves and where appropriate, to facilitate any action. The primary focus of the Advocacy Service is to provide or seek whatever practical support might be necessary in any individual case, to source and provide information as appropriate, to facilitate safe, effective contact with other agencies and services where appropriate or necessary.

## **Direct client work:**

Case work: In 2007 the Advocacy Programme provided in-depth support to 510 individuals, through one-to-one meetings, via e-mail and/or by telephone.

## **In depth case work included:**

- Arranging and facilitating meetings with individual clients to discuss their needs and explore all available options.
- Providing information on personal entitlements including health, housing, social welfare, education and the criminal and civil processes.
- Facilitating meetings between clients and the Gardaí and supporting them through any resulting criminal

justice process, including court accompaniment where necessary.

- Supporting clients by providing them with advice on the application procedures and hearing process of the Residential Institution Redress Board and by referring them to appropriate legal advice.
- Supporting clients and providing appropriate advice on the civil judicial process and referral to appropriate legal advice, including court accompaniment where necessary.
- Assisting clients in their application for records under the Freedom of Information Act.
- Sourcing medical services that are sympathetic to the needs of clients.
- Making and facilitating contact with health and/or social care services.
- Supporting and accompanying clients to meetings with solicitors/barristers.
- Sourcing any other service or resource as required to meet the needs of clients.
- Referral to relevant agencies, where appropriate, in order to meet individual need.

## **Issues arising in the work:**

Dublin Archdiocese Commission of Investigation.

The Advocacy Programme continued to support to women and men who engaged with the Dublin Archdiocese Commission of Investigation in 2007. This work included providing practical information and support with regard to the workings of the

Commission and supporting individuals through the hearing process.

### **Legal processes**

In 2007 the Advocacy Programme supported 216 women and men who were engaged with the criminal justice process. The provision of clear and comprehensive information that our service provided has proven to be crucial. When an individual is fully informed of the criminal justice system they can then come to understand the reality and limitations of that system. Over the past year our Advocacy Programme has had an increase in liaison with other professionals involved, such as members of An Garda Síochana and State Solicitors and has resulted in more positive experiences for clients.

During the same period, we supported 212 women and men who sought information or were engaged in civil actions. Due to the small number of prosecutions in cases of historical sexual abuse, exploring the possibility of a civil action can often be the only option for clients in seeking an acknowledgement. Similar to our experience with the criminal justice process, the information that our service provided to clients has proven to be crucial. Over the past year our Advocacy Programme has continued to liaise with solicitors, acting on behalf of our clients.

### **Indirect client work:**

Indirect client work is informed by the issues presented through direct client work. During the period of this report, this work included:

- Participating and informing discussion and debate in the media on issues that are applicable to the Advocacy Programme.
- Research on issues applicable to the Advocacy Programme.
- Report writing on issues that are applicable to the Advocacy Programme and wider organisation.
- Policy analysis and policy writing for internal and external purposes.
- Assisting in the development of national inquiries into child abuse.
- Developing and maintaining effective links with outside agencies.

Deirdre Fitzpatrick  
**Advocacy Director**



# ADVOCACY STATISTICS

Figure 2.0 Illustrates the breakdown by gender of the number of individuals who accessed the Advocacy Programme; female 267 (52%) & male 243 (48%)

Figure 2.0 Breakdown by gender

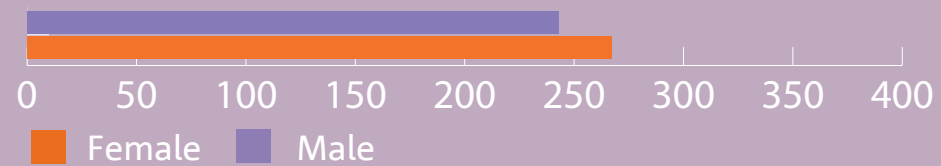


Figure 2.1 Illustrates the breakdown by month and by gender of one-to-one Advocacy client meetings; female 223 (55.5%) & male 179 (44.5%)

Figure 2.1 Number of one-to-one meetings with individuals

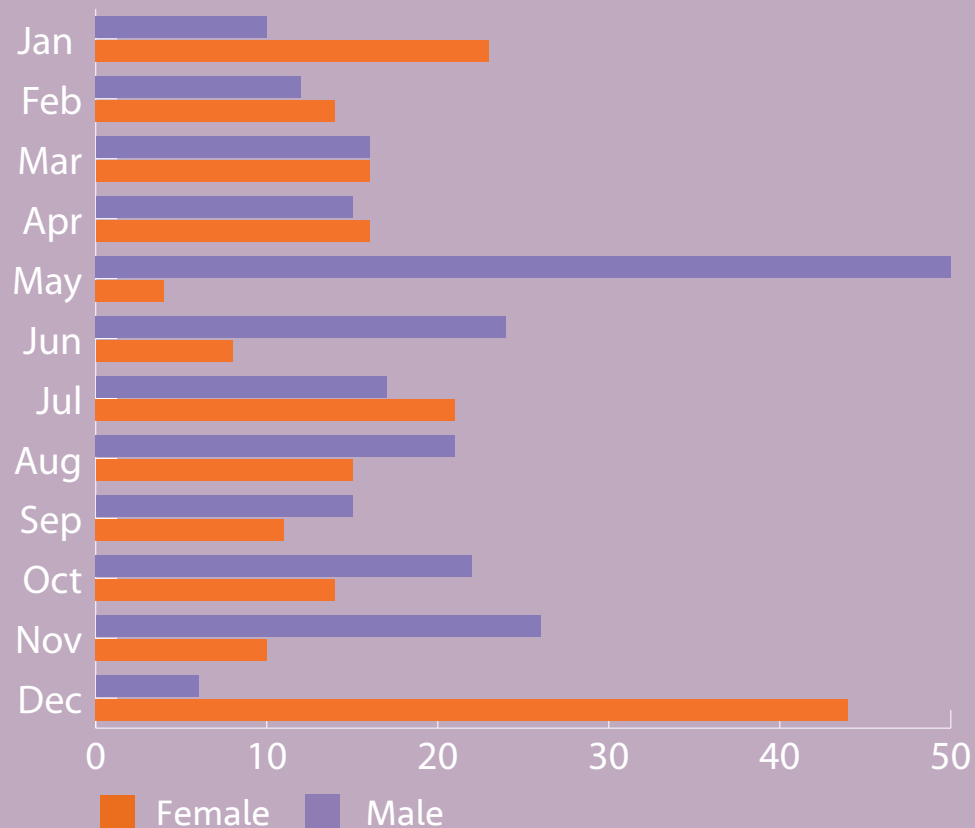


Figure 2.2 Illustrates how clients accessed the Advocacy Programme.

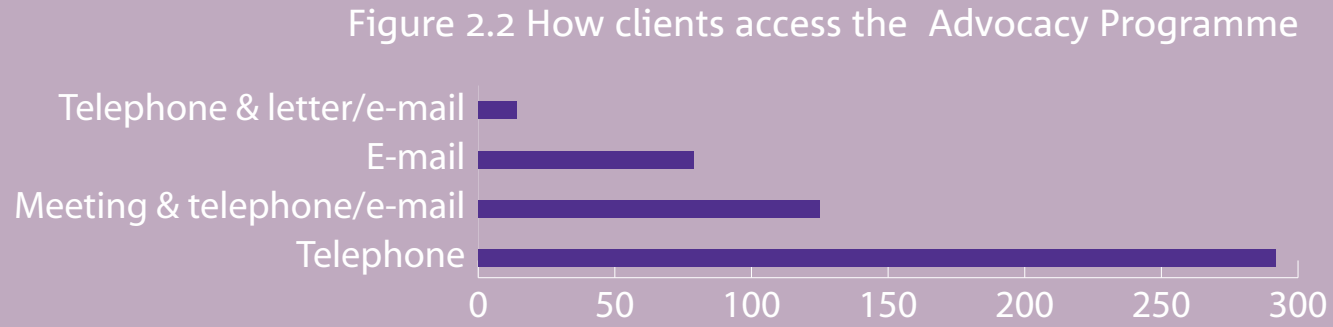


Figure 2.3 Illustrates the location of clients accessing the Advocacy Programme.



# ON-LINE SUPPORT AND INFORMATION

One in Four first began its on-line services in April 2002. In 2002 the charity viewed its on-line presence and communication as an important opportunity and way to support people who have experienced sexual violence. It also saw its presence on the Internet as an innovative low cost response to the many complex issues surrounding sexual violence. Little did One in Four know it would receive such interest both nationally and internationally, or that so many would need to avail of the information and support provided. Five years on, the One in Four websites have grown in their content, hits received and registered users on the on-line support forum.

One in Four's websites are available twenty four hours a day, three hundred and sixty five days a year.

The continued development of our websites and their presence is still needed, however it continues to remain a challenge to do this effectively working with the limited resources available.

Paul Fyffe  
Information Officer



Figure 3.0 Illustrates the average number of recorded hits and visits on both [www.oneinfour.org](http://www.oneinfour.org) & [www.oneinfour.ie](http://www.oneinfour.ie) in the past five years including the number of hits in 2007.

Figure 3.0 Recorded website hits



Scale 1:1,000,000

Figure 3.1 Illustrates the number of registered users on the on-line support forum in the past four years including the number who joined in 2007 (316).

Figure 3.1 Number of registered users on the on-line support forum

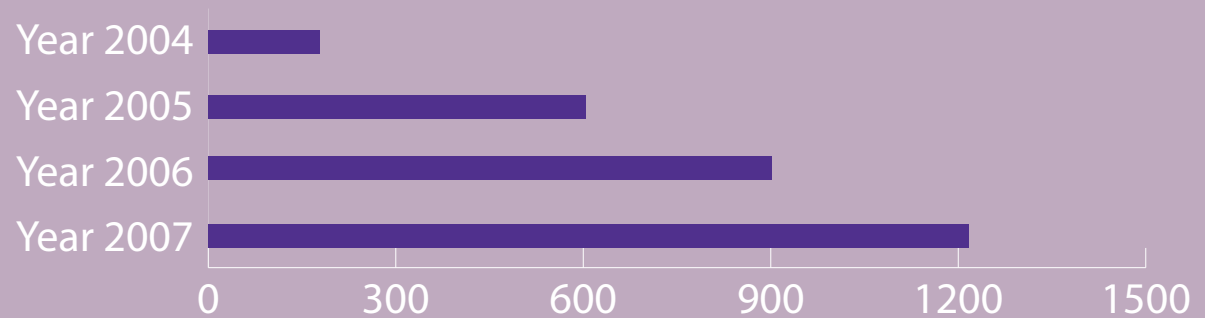
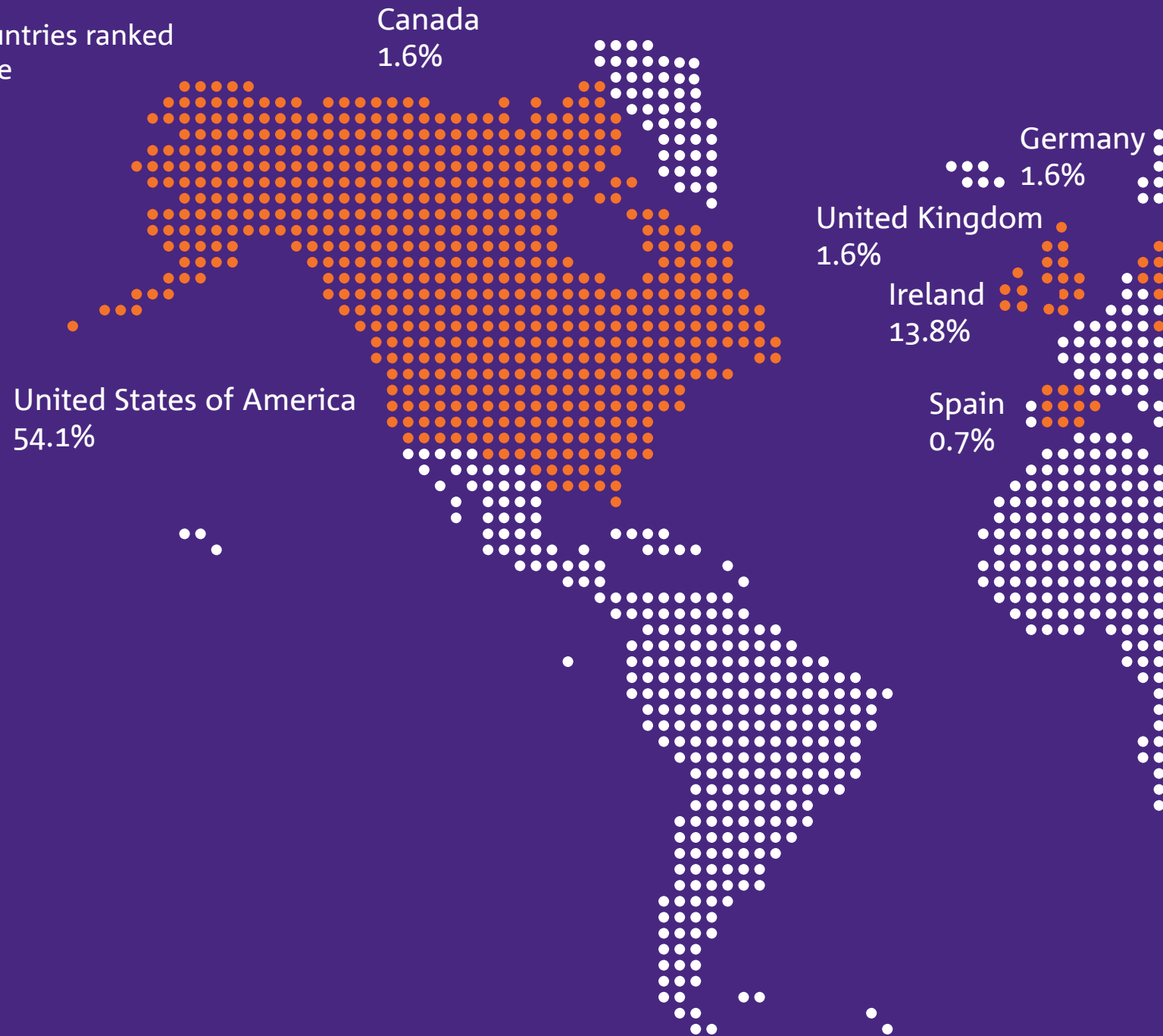
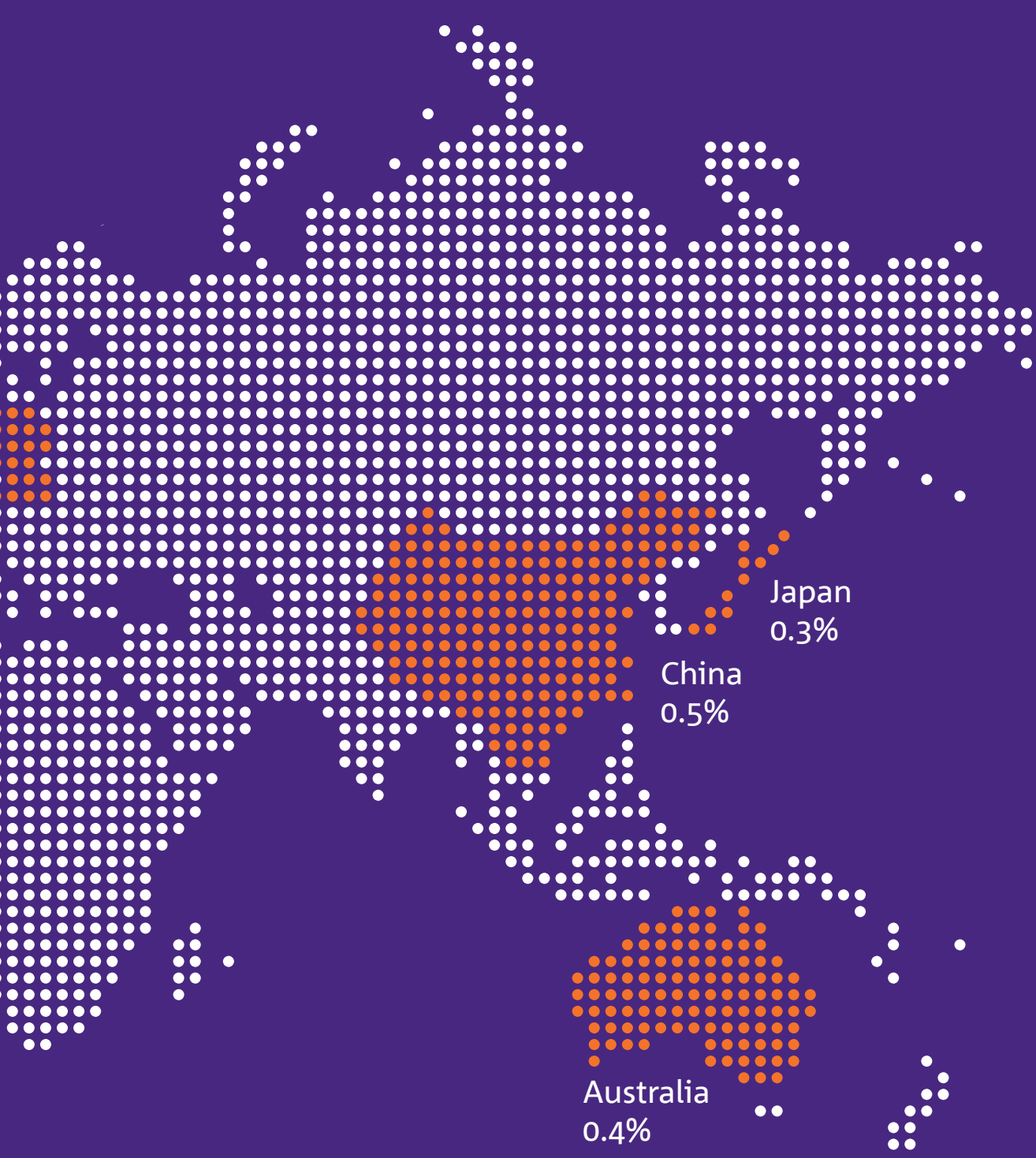


Figure 3.2 Illustrates the country of origin of visitors to our websites.

This illustration reflects the nine countries ranked highest and their relative percentage to each other.





Japan  
0.3%

China  
0.5%

Australia  
0.4%

# FUNDRAISING



Opposite; Street collectors at One in Four's annual fundraising event, *The Silver Mile*.



### **Statutory Funding**

Over 65 per cent of our funding comes through statutory Grants. We wish to acknowledge the support of the Health Service Executive, the Department of Justice and the Commission for the Support of Victims of Crime for their support of our work in 2007.

### **Private Sector Funding**

Successful fundraising in the private sector is a vital core activity for One in Four if we are to continue delivering our services.

### **Events**

In 2007 the main fundraising events were the Flora Women's Mini Marathon, the Golf Classic and the Art Auction. We could not have run these events without the dedication of the volunteers who helped organise them, the people who gave freely of their time and expertise and the public who supported them. We are extremely grateful to them.

### **One in a Thousand**

One in a Thousand allows people to make an annual donation of whatever sum they can afford to One in Four. This is usually done in monthly instalments by standing order. If the sum exceeds €250, One in Four can claim back tax.

We are very appreciative of the people who have joined this scheme, as the regularity of income is critical to the planning of services.

### **Donors**

It would not be possible to continue our work without the generous financial support we receive from donors. We would like to thank the individuals and organisations who supported us during 2007.



# CAMPAIGNING



In 2007, One in Four continued to campaign and lobby for legislative and policy changes relating to sexual violence. Our campaigning work continues to be informed by the work that we do in supporting those directly impacted upon by sexual violence.

### **Child Welfare in State Funded Schools**

The issue of child welfare was again raised in 2007 following a number of High Court cases which established that the Department of Education and Science had no responsibility for child welfare in Irish National Schools. One in Four participated and assisted in the RTE Primetime Documentary: *'Making them Pay.'* One in Four continues to campaign to ensure that the State fully engages with and accepts appropriate responsibility for the welfare of children in State funded schools.

### **The Recommendations of the Ferns Report**

One in Four continued to lobby Government and other relevant Statutory Agencies for the implementation of the recommendations of the Ferns Report. One in Four was invited to participate in a committee called Project 4.

Project 4, established by the Health Service Executive to examine and assess the need for counselling services for adult survivors of sexual abuse and to make recommendations regarding service delivery.

### **Child Protection Forum**

In 2007 a group of representatives from various agencies working in the area of child protection and sexual violence met to discuss child protection policy and practice, explore current practice and share experiences. Following this meeting the National Child Protection Forum was established. The

purpose of this forum is to: 'work to enhance current practice and inform the development of future practice, policy and legislation in the area of child protection. The forum will work to ensure that responses to and services for children and families are delivered in a timely, consistent, co-ordinated manner in a determined effort to ensure the best possible outcome for those children and families.' One in Four was the Chair of this Forum in 2007.

### **Children's Rights**

One in Four continued to lobby for express rights of children in our Constitution, especially given the fact that government published 28th Amendment of the Constitution Bill in 2007. One in Four has repeatedly called for the rights of all children to be enshrined in our Constitution and the first provision of this proposed amendment ensures this; "The State acknowledges and affirms the natural and imprescriptible rights of all children."

### **Improvements in the Provision of Treatment for Sexual Offenders**

Throughout 2007, One in Four campaigned for improved provision of treatment for sexual offenders. Treatment works; its primary purpose is to reduce the risk of future offending. One in Four continues to call and campaign for significant and far reaching improvements in the provision of such treatment.



# FUTURE WORK



## Advocacy

### Continued Client Support

Our information and support programme will continue to work with women and men seeking practical information and support. We will continue to provide support to those clients who have engaged with the civil and criminal justice process and the Residential Institutions Redress Board.

### Dublin Archdiocese Commission of Investigation

The Commission, who is investigating how allegations, reports and suspicions of clerical sexual abuse were responded to by church and state authorities in the Dublin Archdiocese has extended its period of work until September 2008. The Advocacy Programme will continue to provide appropriate practical support to those who have given or who wish to give evidence to the Commission throughout 2008.

### Criminal Justice System & Sexual Violence

In the coming year the Advocacy Programme will closely monitor cases in the criminal justice system. This will involve working to ensure that our criminal and child protection system responds appropriately and timely to the issue of sexual violence. We will also work to ensure that the recommendations of the Joint Oireachtas Committee on Child Protection are fully implemented.

### Ferns Inquiry

We will continue to work to ensure that the recommendations of the Ferns Report are fully implemented, as per the expressed commitment of Government.

## Psychotherapy Programme

### Perpetrator Assessment and Treatment Programme

The Psychotherapy Programme will continue to develop based on the needs of our service users. Over the coming year our Perpetrator Assessment and Treatment Programme will increase its provision of assessment and on-going treatment.

As the demands on this aspect of our Psychotherapy Programme have increased we have looked at the need to offer group work in addition to what we already offer through individual on-going treatment and risk assessment. Research into this area does indicate that group work is the most effective intervention for this particular client group. In offering group process to those engaged with our Perpetrator Assessment and Treatment Programme we are aiming to offer not only group(s) for those who engage with the programme but also, to offer an allies group to those who may be supporting someone who has engaged in the programme. Our experience of providing a group space to those allies of victims of sexual violence, has shown us how critical the needs are of this particular cohort and how important it is to consider in broader terms all those who are impacted by sexual violence. In this regard, One in Four will continue to offer a more holistic response to the complex issues surrounding sexual violence.



# ADMINISTRATION

Administration within One in Four goes beyond the smooth day to day running of the organisation and ensuring financial resources are adequately and appropriately managed to ensuring an environment that represents warmth and professionalism which is essential to the experience of clients using our services.

The administration team strives to work within the constraint of financial resources to meet the growing demand on services and ensure efficient and effective use of every available resource.

One in Four places great importance on accountability and transparency and acknowledges responsibility to those funding the services: the Health Service Executive; Department of Justice, Equality and Law Reform; the Commission for the Victims of Crime; and the public, through donations, fundraising and grants from the public purse. As a measure of effective financial controls One in Four will this year publish a breakdown of our Income and Expenditure and Balance Sheet as set out by One in Four's independent financial auditors for the year ended 31st December 2007.

## Staffing Levels for 2007:

Staff Position	Staff Numbers
Director	1
Clinical Director	1
Deputy Clinical Director	1
Outreach Service Coordinator, PATP	1
Psychotherapists	12 7 Part-time 3 Placement 2 Intern
Advocacy Director	1
Advocacy Officers	2
Office Manager	1
Fundraiser	1
Receptionists	3 Part-time
PA to Director	1
Information Officer	1 Part-time
Care Taker	1

## Board Members:

Dr. Jane Pillinger, Chairperson  
Caitríona Nic Ghiollaphádraig  
Dr. Tony Bates, Secretary  
Jackie Kierans  
Niall O'Muilleoir  
Margaret Martin

Resigned Nov, 2007

Deirdre Carney  
**Office Manager**



# ACCOUNTS

The following summary accounts have been extracted from the statutory financial statements, which have been filed with the Register of Companies following One in Fours Annual General Meeting.

The detailed auditor's report and accounts are available to download from [www.oneinfour.org](http://www.oneinfour.org) & [www.oneinfour.ie](http://www.oneinfour.ie) or can be obtained from our national office.



One In Four (Ireland) Limited  
Limited by Guarantee, pursuant to Section 128 (6B) of the Companies Act, 1963

Income and expenditure account  
for the year ended 31 December 2007

	Notes	Continuing operations	
		2007	2006
		€	€
<b>Turnover</b>	2	1,031,715	1,003,258
Administrative expenses		(1,041,410)	(1,088,906)
Other operating income		13,058	13,059
<b>Surplus/ (deficit)</b>		3,363	(72,589)
Interest payable and similar charges (1,987)	3	-	-
<b>Surplus/ (deficit) on ordinary activities before taxation</b>		3,363	(74,576)
Tax on (loss)/profit on ordinary activities		-	-
<b>Surplus/ (deficit) on ordinary activities after taxation</b>		3,363	(74,576)
<b>Surplus/ (deficit) for the year</b>		3,363	74,576
Surplus/ (deficit) brought forward		(73,942)	634
<b>Surplus/ (deficit) carried forward</b>		(70,579)	(73,942)

There are no recognised surpluses or deficit other than the surplus or deficit for the above two financial years.

On behalf of the board

Dr. Tony Bates  
Director

Dr. Jane Pillinger  
Director

One In Four (Ireland) Limited  
Limited by Guarantee, pursuant to Section 128 (6B) of the Companies Act, 1963

Balance sheet  
as at 31 December 2007

	Notes	2007		2006	
		€	€	€	€
<b>Fixed assets</b>					
Tangible assets	8		11,207		29,216
<b>Current assets</b>					
Debtors	9	21,375		26,302	
Cash at bank and in hand		29,086		945	
		50,461		27,247	
<b>Creditors: amounts falling due within one year</b>	10	(132,247)		(115,404)	
<b>Net current liabilities</b>			(81,786)		(88,157)
<b>Total assets less current liabilities</b>			(70,579)		(58,941)
<b>Creditors: amounts falling due after more than one year</b>	11		-		(1,943)
<b>Accruals and deferred income</b>	12		-		(13,058)
<b>Deficiency of assets</b>			(70,579)		(73,942)
<b>Capital and reserves</b>					
Revenue reserves account			(70,579)		(73,942)
<b>Members' funds</b>	13		(70,579)		(73,942)

The financial statements were approved by the board on 6th August 2008 and signed on its behalf by;

Dr. Tony Bates  
Director

Dr. Jane Pillinger  
Director



# ACKNOWLEDGEMENTS

One in Four Ireland would like to acknowledge and thank the many individuals and companies who have donated funds or services to the organisation in 2007. Without such support, the organisation could not have developed and delivered the high level and quality of service that has been achieved.

**Some support has been public; we would like to thank the following people and organisations for their support:**

- The Health Services Executive
- The Department of Justice, Equality and Law Reform
- Commission for the Support of Victims of Crime
- The Ireland Funds
- Faoiseamh

One in Four Ireland would like to acknowledge the ongoing support and assistance it receives from the Health Services Executive. The HSE is the primary funder of One in Fours' services.

The staff of One in Four would also to express their gratitude to the members of our Board of Directors, who give so generously of their time and energy in an entirely voluntary capacity.

## **Solicitors:**

Pearse Mehigan & Company  
83/84 Upper George's Street,  
Dún Laoghaire,  
Co. Dublin.

## **Auditors':**

John P. Carlin & Company  
1st Floor, Unit E7,  
Nutgrove Office Park,  
Rathfarnham,  
Dublin 14.



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