



# One in Four

Sexual abuse. From surviving to living.



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# »» Introduction from the Chair of One in Four »



I am delighted to present the 2010 Annual Report for One in Four. Since the publication in 2009 of the the Ryan and Murphy Reports, One in Four has been responding to an unprecedented demand for its psychotherapy and advocacy services. In 2010, this amounted to 3,980 individual psychotherapy sessions for 135 clients, and 2,086 hours of group therapy. The Advocacy Programme provided 749 people with information, advice and support in accessing the criminal and civil justice systems, and reporting child protection concerns.



In 2010 a key development was the publication of One in Four's Strategic Plan, 2011-2014. Our strategic vision is that "One in Four is working towards a society where children are safe from sexual violence". Through this integrated and coordinated approach One in Four will work to ensure that the cycle of sexual abuse is tackled through the provision of services for victims of sexual violence, the treatment for sex offenders, family support and by influencing policy.

The Strategic Plan presents the organisation with a new and exciting strategic direction. In addition to tackling sexual violence through the provision of psychotherapy and advocacy services for victims of abuse, One in Four will further develop its expertise and role in preventing abuse, raising awareness and providing research that documents best-practice approaches to tackling and preventing abuse. The new family support programme and the sex offender's treatment programme are both vitally important to tackling and preventing abuse. We are also actively working to ensure that Ireland adopts child protection standards and systems that are robust and rooted in international best practice. And we will continue to inform the public and policy makers of the need for these robust and evidenced-based approaches to tackling sexual violence.

One in Four has gained a reputation of professionalism in working on familial sexual abuse and clerical abuse, and in providing training and expertise to statutory and voluntary agencies. But we cannot be complacent. Recent horrifying revelations of abuse that have emerged from the Committee of Inquiry into the Cloyne Diocese show just how important it is for effective standards to be put in place for reporting and responding to abuse.

In these difficult economic times, One in Four has faced further cuts in its budget and a reduction in funding from donations and fundraising activities. It is essential that funding is not cut further if we are to continue to meet the demand for services. We have had to approach fundraising in a different way and to put extra efforts into seeking new sources of funding. Having a secure funding base will be essential to meeting our strategic priorities, while also meeting the increasing demand for services from victims of sexual violence.

The Board of One in Four pay tribute to the unstinting commitment, dedication and hard work of the staff at One in Four, and to the leadership and vision of the Executive Director, Maeve Lewis. Through this excellent staff team, an expanded Board and a new Strategic Plan, One in Four looks forward to positively and energetically meeting the challenging goals and vision for the future.

**Dr Jane Pillinger**  
Chair of the Board of One in Four

# »» Executive Director's Introduction »



The sexual abuse of children continued to be the subject of intense public interest and concern in 2010. The secrecy and denial which had characterised sexual violence in Ireland seemed to diminish after the 2009 Reports. Large numbers of adult survivors of child sexual abuse reached out for help and some spoke publicly for the first time. At every level of society people began to genuinely grapple with this complex issue, trying to understand how sexual abuse can happen, what could be done to prevent it and what types of support victims need if they are to recover from this devastating experience.

One in Four is the only Irish charity which works with every aspect of sexual violence through our psychotherapy and advocacy programmes for victims, our support for families that have been torn apart by sexual abuse and our treatment programme for sex offenders. We were able to draw on a depth of experience to uniquely respond to the diverse needs of those who sought our help and to contribute meaningfully to public discourse.

While clerical abuse has been the focus of attention, a wider and more hidden problem is that of sexual abuse within the family. The majority of people attending One in Four have not been abused within the Catholic Church but by a family member or somebody they know in their neighbourhood. Several high profile criminal trials have shown the immense cruelty and suffering that can take place behind closed doors, and our apparent inability to intervene to protect the most vulnerable children.

Learning from the lessons of the Ryan and Murphy Reports during 2010 we reviewed our child protection policies and introduced mandatory reporting of concerns. As a result the number of notifications we made to the Health Service Executive rose. We are very concerned that in many instances those concerns are not investigated, either because they are historic allegations, or because we could not name a specific child who might be at risk. Just because sexual abuse took place ten or twenty years ago does not mean that the alleged offender is no longer a risk to children.

Our advocacy service continued to support people to make complaints to the Gardaí and to work with them through the criminal justice process. The way in which the Irish criminal justice system treats victims of sexual crime is simply unacceptable. After years of tinkering with the system a fundamental overhaul is long overdue. We started to research our clients' harrowing experiences of engaging with the system and look forward to the results in 2011.

We are delighted with our ongoing collaboration in the Saving Childhood group. Together with Barnardos, CARI, Children's Rights Alliance, EPIC, ISPCC, Dublin Rape Crisis Centre and Rape Crisis Network Ireland we have created a compelling voice, focusing on the implementation of the Ryan Report Recommendations and lobbying for a Referendum on children's rights.

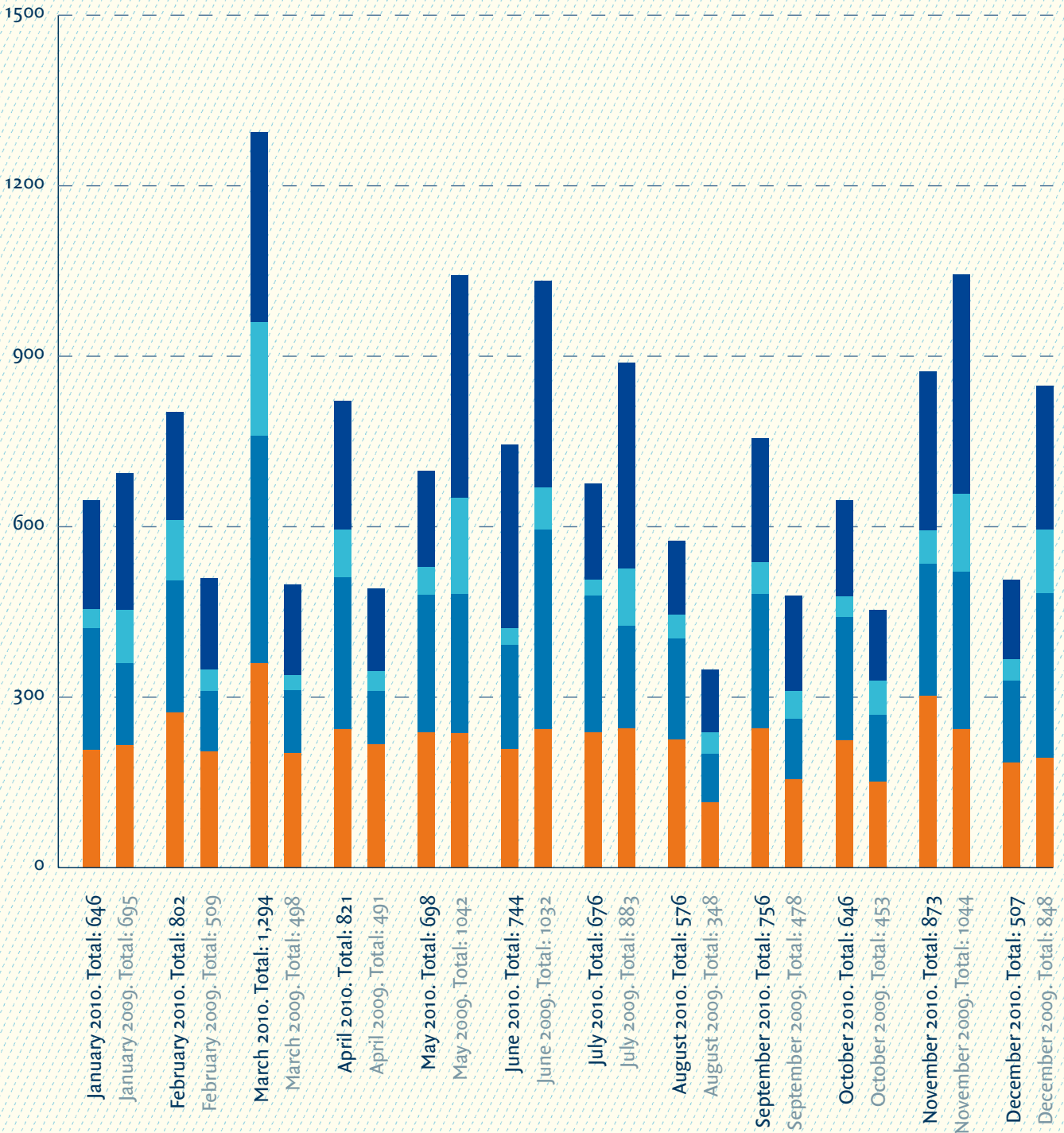
Finally I would like to thank our dedicated Board of Directors for their support and guidance during this difficult year, and to pay tribute to our magnificent staff. In a time of depleted resources they have worked tirelessly to ensure that everybody who contacted us was met with a sensitive and professional response.

**Maeve Lewis**  
Executive Director

# »» Telephone Contact With One In Four Landline »

2010 and 2009\*

	2010	2009
Psychotherapy	2,950	2,423
Advocacy	2,786	2,106
Media	760	931
General Info	2,542	2,861
<b>Total:</b>	<b>9,038</b>	<b>8,321</b>



\*Does not include contacts to staff mobile phones or by email

# »» Advocacy Support Programme »



**Our Advocacy Information and Support Programme provides clear and comprehensive information to women and men who have experienced sexual violence. The majority of our work involves the criminal and civil justice systems and child protection.**

Following the publication of the Ryan and Murphy Reports in 2009 the Advocacy Service saw unprecedented numbers of men and women contacting us for the first time and this continued in 2010. The revelations in March 2010 of Cardinal Brady's knowledge of Brendan Smyth's abuse of children in 1975, his failure to report to the Gardaí and his subsequent refusal to resign left people feeling angry and frustrated. The failure of Church authorities to take responsibility for their actions motivated many survivors to come forward and explore the option of reporting to Gardaí, the HSE and to seek legal advice.

The child protection issues highlighted by the publication of the Roscommon Report heightened the public's concern for vulnerable children. The intense media coverage helped to create a deeper understanding of the cycle of abuse. It further highlighted the importance of reporting abuse if changes are to be made in the protection of children's welfare in Ireland. Reporting historic abuse to HSE continues to be a priority for the Advocacy service.

2010 also saw a steady increase in the number of people seeking support in relation to reporting familial abuse to the Gardaí and the HSE. The consequences of reporting are far reaching. Clients report social and familial isolation, denial, withdrawal of support, intimidation and threats. Victims fear how the act of reporting and initiating a court case will affect relationships within their family and in the wider community. Some clients have felt their lives would be at risk if they were to make a report.

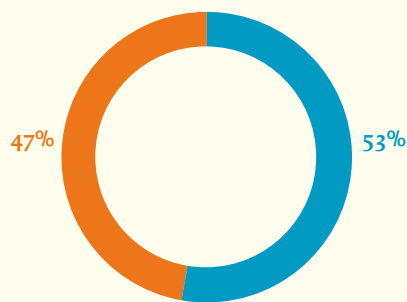
We continued to support many individuals to report their abuse to the Gardaí and provided court accompaniment where cases went to trial.

Unfortunately the adversarial nature of criminal trials leaves many of our clients feeling they themselves were on trial. It is not uncommon that procedural requirements such as seeing the perpetrator, recalling the abuse and cross examination evoke feelings of anxiety, isolation, confusion, exposure, powerlessness and intimidation. We regularly witness the re-victimisation of complainants in the court room. Professional advocacy and support is vital if victims are not to be further traumatised by this experience.

The Advocacy Programme also initiated a research project in 2010, aiming to investigate our clients' experience of the criminal justice system. We intend to use the findings to inform the provision of our service and make recommendations for the improvement of the criminal justice system.

**Deirdre Kenny**, Advocacy Director

## »» Gender of Advocacy Clients »

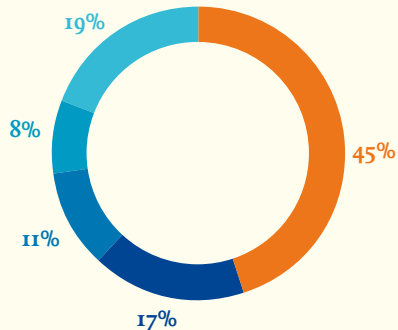


2010		
Male:	399	53%
Female:	350	47%
Total:	749	100%

2009		
Male	643	56%
Female	497	44%
Total	1,140	100%

2008		
Male	213	50%
Female	213	50%
Total	426	100%

## »» Context of Abuse of Advocacy Clients »

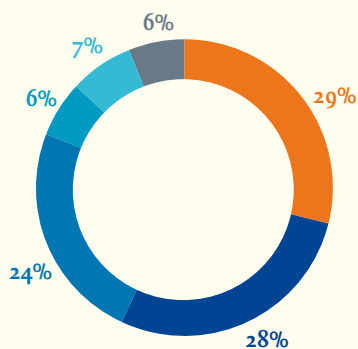


2010		
Clerical & Institutional Abuse	335	45%
Intra-familial	130	17%
Extra-familial	81	11%
Professional	61	8%
Unknown	142	19%
Total	749	100%

2009		
Clerical & Institutional Abuse	552	48%
Intra-familial	93	9%
Extra-familial	88	7%
Professional	36	3%
Unknown	371	33%
Total	1,140	100%

2008		
Clerical & Institutional Abuse	141	33%
Intra-familial	83	19%
Extra-familial	37	8%
Professional	26	7%
Unknown	139	33%
Total	426	100%

## »» Type of Advocacy Support Provided »



### 2010

Criminal justice system	275	29%
Civil cases	270	28%
Child protection	229	24%
Redress & Child Abuse		
Commissions of Inquiry	68	6%
General (Housing, Social Welfare Education etc)	69	7%
Professional	59	6%
<b>Total*</b>	<b>968*</b>	<b>100%</b>

\* some clients require more than one type of support.

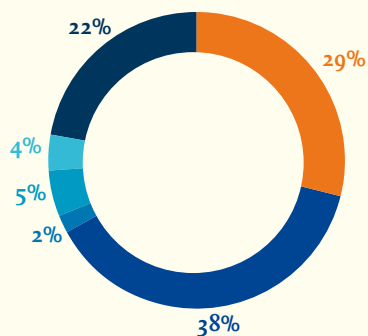
### 2009

Criminal justice system	417	30%
Civil cases	411	29%
Child protection	179	13%
Redress & Child Abuse		
Commissions of Inquiry	372	25%
General (Housing, Social Welfare Education etc)	7	0.5%
Professional	24	2.5%
<b>Total</b>	<b>1410*</b>	<b>100%</b>

### 2008

Criminal justice system	111	26%
Civil cases	143	35%
Child protection	41	9%
Redress & Child Abuse		
Commissions of Inquiry	40	9%
General (Housing, Social Welfare Education etc)	14	3%
Professional	12	1%
Unknown	74	17%
<b>Total</b>	<b>426</b>	<b>100%</b>

## »» Geographical Residence of Advocacy Clients »



### 2010

Dublin	222	29%
Rest of Ireland	275	38%
NI	18	2%
UK	35	5%
International	28	4%
Unknown	171	22%

# »» Psychotherapy Programme

2010 »



**The One in Four psychotherapy programme provides individual and group psychotherapy to men and women who have experienced sexual violence in childhood. Recognising that disclosures of sexual abuse have an enormous impact on family members of the victim, we also provide family support.**

Our psychotherapy programme is unusual in that it attracts equal numbers of men and women, challenging the myth that sexual violence is a women's issue.

Experiencing sexual violence in childhood can have a lifelong impact and accessing skilled, professional intervention is vital for psychological wellbeing. Psychotherapy creates an environment where clients can explore the effects of sexual abuse and move on to a life that is not endlessly contaminated by the abuse, from surviving to living.

The demand for our psychotherapy service remained very high in 2010 and we continue to have a waiting list for individual psychotherapy.


To meet these growing demands the organisation has developed innovative new programmes including introductory support groups for those on the waiting list.

The psychotherapy team continues to share our expertise through training and consultancy to other agencies. In 2010 we provided team consultation and support, and assisted in the development of the child protection policies and procedures. We also contribute specialist training regarding sex offenders.

## Group Psychotherapy

Group psychotherapy is an important aspect of the clinical work of One in Four. We encourage clients who have completed a substantial period of individual psychotherapy to engage in group therapy. This offers a different perspective to the client, meeting other people who have experienced sexual violence. It encourages the client to test new insights and learning from individual therapy in a wider context, and reduces the sense of isolation and singularity so often experienced by survivors of sexual abuse. All our groups are facilitated by experienced psychotherapists. We accept referrals from other agencies and from psychotherapists in private practice.

In 2010 two psychotherapy groups ran throughout the year.



In 2010 we introduced an Addiction Support Group, recognising that many people who have been sexually abused attempt to deal with their distress through alcohol or substance abuse.

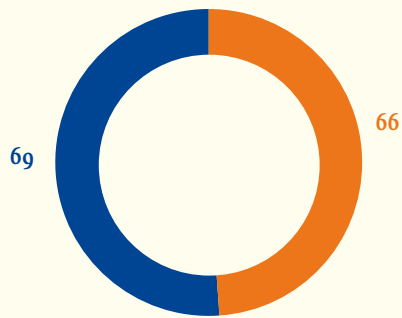
## Family Support Programme

Sexual violence has an impact way beyond the individual survivor. Intra familial abuse reverberates throughout the entire family system and can be immensely painful for all family members. In 2010 we put in place a new Family Support Programme offering psycho-educative facilitation to relatives of our clients.

**Eileen Finnegan**, Clinical Manager

# Psychotherapy Statistics 2010

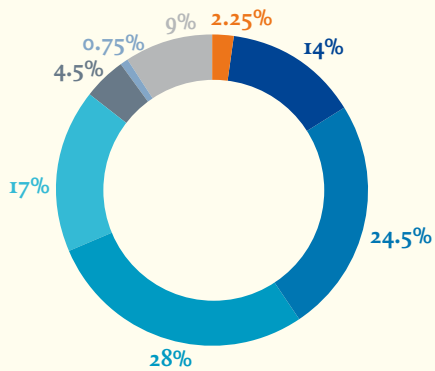
## Individual Psychotherapy



**Table 1:**

Male	66
Female	69
<b>Total</b>	<b>135</b>

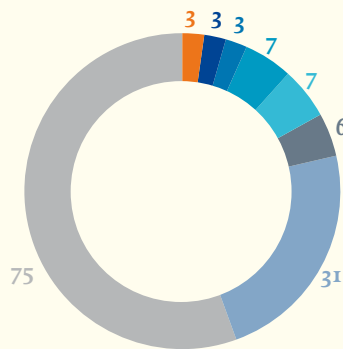
## Age Range of Individual Clients



**Table 2:**

Age	Number	Percentage
18-19	3	2.25%
20-29	19	14%
30-39	33	24.5%
40-49	38	28%
50-59	23	17%
60-69	6	4.5%
70-71	1	0.75%
Dates not available	12	9%
<b>Total</b>	<b>135</b>	<b>100%</b>

## Length of Time in Individual Psychotherapy

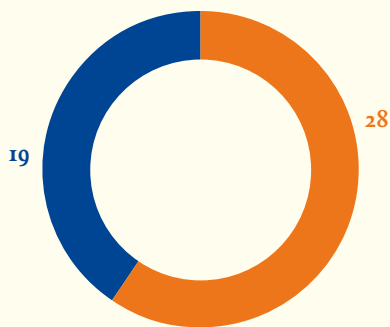


**Table 3:**

2003	3
2004	3
2005	3
2006	7
2007	7
2008	6
2009	31
2010	75
<b>Total</b>	<b>135</b>

## Group Psychotherapy Statistics 2010

### Number of Individuals in Group Psychotherapy 2010



**Table 4:**

Male	28
Female	19
<b>Total</b>	<b>47</b>

## Context of Sexual Abuse : Individual and Group Psychotherapy



**Table 5:**

Extra-familial	95	52%
Intra-Familial	87	48%
<b>Total</b>	<b>182</b>	<b>100%</b>

## Breakdown of Context of Sexual Abuse : Individual and Group Psychotherapy

**Table 6:**

Extra-Familial Abuse	Number	%
Clerical and Institutional	49	27%
Friends and Neighbours	34	19%
Professional	14	7%
Stranger	4	2%

Intra-Familial Abuse	Number	%
Extended Family	54	30%
Father	13	7%
Brother	11	6%
Mother, Sister	3	2%
<b>Total</b>	<b>182</b>	<b>100%</b>

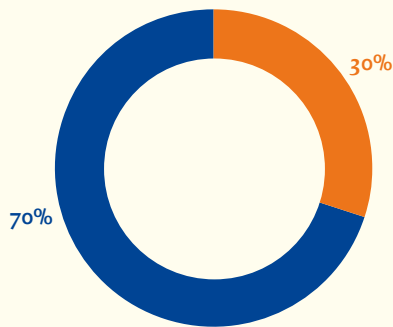
## Family Support Programme 2010

### Number of Families Supported in 2010

**Table 7:**

Number	23
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### Context of Sexual Abuse in Family Support



**Table 8:**

Context	Number	
Extra familial	7	30%
Intra Familial	16	70%
Total	182	100%

### Total Psychotherapy Hours 2010

Individual	3,980
Group	2,086
Family Support	130
Total	6,196



## »» One in Four stories »

The question is ‘What does One in Four mean to me?’. It means life after an emotional death, for I was emotionally dead until I found ‘one in four’. It has changed my life completely. I look at things differently now. I have found new confidence, a belief in myself. I discovered that the abuse I was suffered as a child was not my fault. To discover this has helped me immensely. I would not have discovered this without the help of One in Four.

I have been seeing my counsellor in One in Four for almost a year now. So far he has helped me immensely. As a result of childhood abuse some of the issues I am dealing with are aggression. My anger levels are so extreme I have lost the plot on numerous occasions. On one of these outbursts of anger I attacked my own daughter and tried to strangle her. At other times I have punched someone in the face for no other reason than they happened to be there at the wrong moment. Although I am still struggling with anger, I can now manage to contain my impulse to strike out at someone and cause them harm. I am focusing on the positive thoughts to help me along. Anytime a negative thought enters my mind now I immediately search out all my positive thoughts. I use the positive energy to banish the negative ones.

One in Four has given me the support I needed to make daily life liveable – the people here are so great and able to deal with things in a way I found other services unable to.



It took my ten years to finally realise I couldn't get better or move on and have a real life without "someone's" help. I'd been trying to do it alone and finally go the courage and realisation that I needed help. Without a place like One in Four there wouldn't be somewhere for me to go. I'm getting there now and the very bad things that happened me aren't gone and can't be forgotten. But they can be understood and accepted. Allowing me to lead an free and genuinely fulfilling life. Instead of the pretend one before. I am now living my life rather than suffering it. The memories are becoming just that...memories, instead of the chain and shackles they were.

One in Four are currently helping my family and I through a very rough time. I am only 17 years of age with my leaving cert this year, without a shadow of a doubt if I did not get the support one in four are providing for me I don't think I would be able to get through it all. They are showing me the light at the end of the tunnel. Thanks Guys.

**One in Four have been supporting my partner for the last two years. Since attending counselling weekly my partner has come out of a very dark place. He had turned to addiction and for many years used this to block out what he suffered as a child. He is now drug free and learning to cope with what happened in a different way. For me and our children we would be lost without One in Four. He can now be a Dad & Partner knowing he wasn't to blame for what happened him. He has someone who understands. Thanks to all the team, advocates, counsellors & the receptionist who are all very helpful.**



# »» The Phoenix Programme Sex Offender Treatment Programme »



**One in Four has always viewed the treatment of individuals who exhibit sexually harmful behaviour towards children as an essential child protection strategy.**

While the State provides treatment programmes for convicted sex offenders both in prison and on release, there are very few services for non-convicted sex offenders in the community.

The Phoenix Programme aims to fill this gap by offering structured community-based treatment, mainly in group settings.

When a sex offender contacts One in Four he is offered a series of individual meetings to assess his suitability for treatment. If a risk assessment is required the client is referred to a forensic psychologist. Following assessment the client enters a group treatment programme. Treatment takes place over three modules for eighteen months. At the end of 2010 the first treatment group finished and moved into Aftercare. It is anticipated that two treatment groups will operate in 2011.

Referrals to the Phoenix Programme come through the HSE, the court system, self referral and from other voluntary agencies. We receive no statutory funding for this programme which presents us with an enormous challenge.

International research shows  
that good community based  
treatment works, and reduces  
the risk of re-offending.



We notify the HSE as soon as a sex offender engages with the Phoenix Programme. During 2010 our relationship with various HSE child protections services strengthened. We see inter-agency cooperation as being fundamental to working with offenders if children are to be protected.

**Eileen Finnegan, Clinical Manager**

Number of Individuals Engaged  
on Phoenix Programme 2010

21

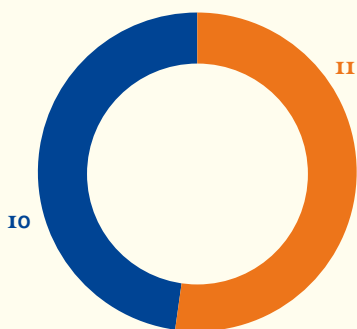
Number of Individuals in  
Pre-Treatment Group Assessment

14

Number of Individuals in  
Group Treatment

7

### Context of Sexual Offending



Context	Number
Extra familial	11
Intra Familial	10
Total	21

## Breakdown of Context of Sex Offending

Extra-Familial Offending	Number	%
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Non-contact offending (internet, photography etc)	6	27%
Contact offending	5	24%

Intra-Familial Offending	Number	%
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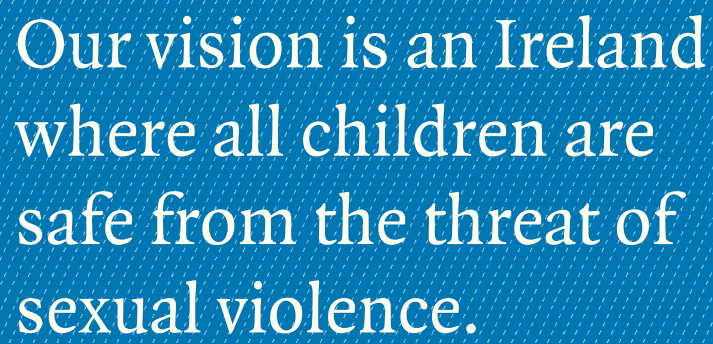
Sibling	4	19%
Nieces and Nephews	3	15%
Own Child	3	15%
<b>Total</b>	<b>21</b>	<b>100%</b>

### Number of sex offender group treatment hours delivered 2010

Type of Contact	Number
Group Hours	600

### Number of individual pre-treatment assessment hours 2010

Type of Contact	Number
Individual Pre-treatment Assessment Hours	150



Our vision is an Ireland  
where all children are  
safe from the threat of  
sexual violence.



# »» Policy and Influencing »



Since the publication of the Ryan and Murphy Reports in 2009 a growing number of survivors have spoken out publicly and demanded justice and compensation for themselves and others. This is a very welcome development and indicates that sexual abuse may be losing its power to shame and isolate those who have been victimised. However, many of our clients at One in Four do not wish to identify themselves publicly, and we see it as a crucial aspect of our work to ensure that their experiences inform public discourse and policy formation.

At One in Four we understand that sexual violence will continue to be endemic in Irish society unless we create a legislative framework and a cultural shift that accurately reflects and addresses the experience of those who have been sexually abused. A core feature of this work is the protection of children through changes in legislative and child protection systems.

## Saving Childhood

One in Four has played an active role in the Saving Childhood group in collaboration with Barnardos, CARI, Children's Rights Alliance, Dublin Rape Crisis Centre, EPIC, and Rape Crisis Network of Ireland.

During 2010 Saving Childhood continued to monitor the Ryan Report Implementation Plan and attended several meetings with Minister for Children Barry Andrews.

A prime focus is supporting a Constitutional Referendum on Children's Rights



## Survivors of Institutional Abuse in Northern Ireland

Throughout 2010 One in Four supported the nascent Survivors of Institutional Abuse in Northern Ireland group who are seeking an official investigation into abuse of children in residential institutions. Drawing on our experience of supporting clients to attend the Commission to Inquire into Child Abuse, the Commission to Inquire into the Dublin Archdiocese and the Redress Board we provided information and facilitated discussion. We attended several meetings in Belfast and welcomed the group to Dublin.

In October we presented a paper and facilitated a workshop at the “Time for Justice” Conference organised by Amnesty Northern Ireland in Belfast. We are delighted that the group have now been promised an official Inquiry.

## Criminal Justice System

At One in Four we estimate that fewer than 5% of cases of child sexual abuse result in a conviction. We remain concerned about the difficulties in accessing the criminal justice system for victims of sexual crime, and the way in which the conduct of trials re-traumatises victims.

In 2010 we began a small research project exploring the experiences of clients who had gone through the criminal justice system and look forward to publishing the results in 2011.

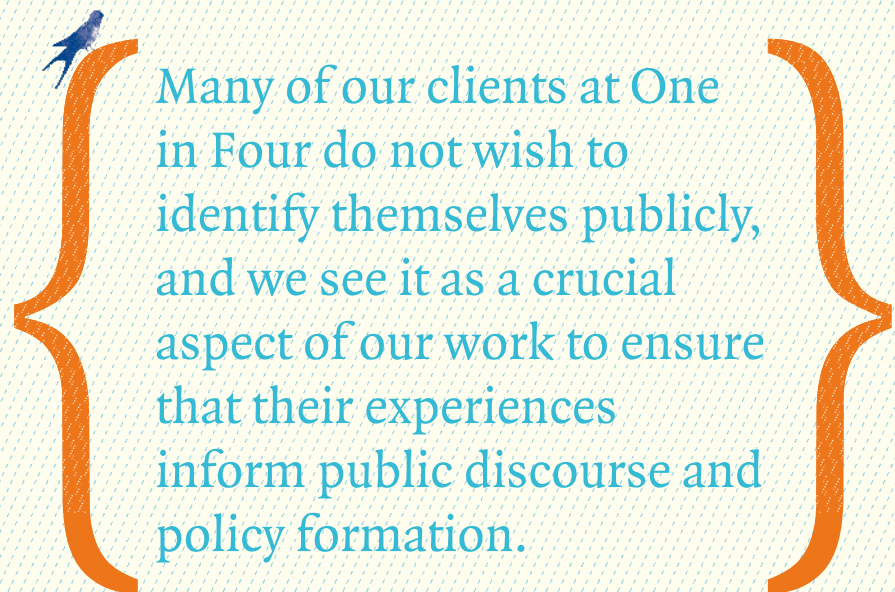
In 2010 we maintained regular contact with senior Gardaí and met with the Director of Public Prosecutions to discuss our clients’ concerns.

## Responding to the Ryan and Murphy Reports

The findings of the Ryan and Murphy reports continued to reverberate throughout 2010.

In August 2010 we made a submission to the Minister for Education and Skills in relation to the proposed Statutory Fund for survivors of residential institutions. The submission can be viewed on our website.

We also supported survivors of clerical abuse in the Dublin Archdiocese to give evidence to the Garda Criminal Investigation into the findings of the Murphy Report.



Many of our clients at One in Four do not wish to identify themselves publicly, and we see it as a crucial aspect of our work to ensure that their experiences inform public discourse and policy formation.



# »» Funding »

## Thank You

Therapy, Advocacy, Prevention...the work at One in Four only happens because you, our donors and volunteers, help make it possible.

## Fundraising

Here's a selection of some of 2010's fundraisers:

In June we had our biggest turn-out for the Flora mini-marathon with over 30 fabulous ladies.



Fundraisers Kate Harty & Brid Lewis hosted another enjoyable and successful 'Tea n More' in Nenagh with elegant chat in the morning & a knees up happy hour in the evening.



We held our first annual Ómós in the Pepper Canister with the help of a very talented group of artists and volunteers and a lovely audience. The theme of honouring and social responsibility was powerfully and entertainingly brought to us by: Joseph O'Connor, Karan Casey, Eleanor McEvoy, Christy Moore, Roddy Doyle, Nuala Ni Dhomhnaill, Lia Mills, Don Baker & Shaz Oye. The event was subsequently broadcast on RTE Radio 1.



**Roddy Doyle:**  
*'Thanks for last night. It was great - a pleasure and an honour.'*  
**Joseph O'Connor:**  
*'Just a note to congratulate you warmly on a fantastic evening... and all in all it was truly a night to remember.'*

Thanks again to the generosity of another talented group of artists, and supportive volunteers, we held an art sale & auction in the run up to Christmas.



Adventurous men stood forward to take part in events such as the Dublin Marathon and Christmas day jumps at the Forty Foot.



Throughout 2010 many talented musicians, supported by amazing volunteers, helped us raise funds. Many thanks to Dublin Gospel Choir, GLORIA, Garda Band, Ladies Garda Choir, Fr. Marino, St. Agnes Cello Ensemble, Pius X Boys Choir.



For me, One in Four  
has achieved miracles  
...all encompassed,  
they give life.

## Getting the Message out There

We redesigned our logo and branding to help tell our story and established a strapline 'Sexual Abuse. From surviving to living.' We began a new online journey with Facebook, this has continued into 2011 with a revamped website, blogs and tweets. Please join us online.

Thank you to everyone who donned a t-shirt, held or took part in an event, joined us on Facebook...you get people talking and thinking.

## No Unsung Heroes

To those that support us with on-going and once-off donations, large and small, thank you!

## Grants & Funding

Thanks to professional volunteers in December One in Four was awarded a National Lottery grant fund to support a suicide prevention programme and a Vodafone World of Difference 3 month paid placement for a funding officer in 2011.

## Ways to Help Us

More than ever we need your support to continue our vital work. You can make our work possible.

### Donate:

Post One in Four, 2 Holles St, Dublin 2,  
call 01 6624070 or enquire at  
fundraising@oneinfour.ie  
www.oneinfour.ie/help-us

**Volunteer:** A gift of your time can be just as precious as donating money.

Your support will help us to provide quality therapy, emotional and practical support to those people and families suffering the aftermath of abuse. Crucially you can help us protect Irish children.

**Become a monthly donor.**  
helps us to be as efficient as possible.

**Give a gift in memory or in honour.**

For further information call us on  
01 6624070.

**Give as you earn with payroll schemes.**

**Corporate support:** creating  
win-win programmes

**Legacies:** small or large.

### Statement of Guiding Principles

One in Four is compliant with the Statement of Guiding Principles for Fundraising. To review the full statement and for more information see [www.ictf.ie](http://www.ictf.ie). You can find a Donor Charter and our Statement of Principles on [www.oneinfour.ie](http://www.oneinfour.ie).

# »» Our People »



## Board of Directors

Dr. Jane Pillinger, Chairperson  
 Vincent Byrne, Secretary  
 Tim Whyte, Treasurer  
 Dr. Rosaleen McElvaney  
 Niall O'Muilleoir  
 Neil Ward

## Staff

### Management Team

Maeve Lewis	Executive Director
Eileen Finnegan	Clinical Manager
Therese Gilligan	Development Director
Deirdre Kenny	Advocacy Director

### Advocacy Officers

Julie Brown	Advocacy Officer
Damian McKenna	Advocacy Officer
Edel O'Kennedy	Advocacy Officer

### Staff Psychotherapists

Edel Bose  
 Margaret Costello  
 Teresa Daly  
 Jimmy Judge  
 Noel McGuinness  
 Antoinette McKeogh  
 Deirdre Murray  
 Donal Swift

6 Intern Psychotherapists were on placement during 2010

### Administration Staff

Ruth Carroll	Administrator/PA Executive Director
Lorna Cleary	Clinical Administrator
Ann Marie McGowan	Receptionist
Deirdre Mackay	Accountant

# »» Income and Expenditure Account »

For the year ended 31 December 2010

	Continuing Operations		
		2010	2009
	Notes	€	€
<b>Income</b>	2	897,840	1,039,733
<b>Expenditure</b>		(903,613)	(963,277)
<b>Deficit/(surplus) on ordinary Activities before interest</b>		(5,773)	76,456
Other interest receivable and Similar income		1,920	-
<b>Deficit/(surplus) on ordinary Activities before taxation</b>		(3,853)	76,456
Tax on (deficit)/surplus on ordinary activities		-	-
<b>Deficit/(surplus) on ordinary Activities after taxation</b>		(3,853)	76,456
<b>(Deficit)/Retained surplus for the year</b>		(3,853)	76,456
Balance brought forward		(13,550)	(90,005)
Balance carried forward		(17,403)	(13,549)

There are no recognised gains or losses other than the surplus or deficit for the above two financial years.

On behalf of the board;

**Vincent Byrne**  
Director

**Dr. Jane Pillinger**  
Director

# »» Balance Sheet »



As at 31 December 2010

	Notes	€	2010 €	2009 €	€
<b>Fixed Assets</b>					
Tangible assets	6		9,716		5,525
<b>Current assets</b>					
Debtors	7	26,012		19,631	
Cash at bank and in hand		13,664		20,764	
			39,676		40,395
<b>Creditors: amounts falling due within one year</b>	8	(66,795)		(59,469)	
<b>Net current liabilities</b>			(27,119)		(19,074)
<b>Deficiency of assets</b>			(17,403)		(13,549)
Capital and reserves					
Revenue reserves account			(17,403)		(13,549)
Members' funds	9		(17,403)		(13,549)

The financial statements were approved by the Board and signed on it's behalf by;

**Vincent Byrne**  
Director

**Dr. Jane Pillinger**  
Director

## »» Acknowledgements »

One in Four would like to acknowledge and thank the many individuals and companies who have donated funds or services to us in 2010. Without such support, we could not have delivered our vital services.

Many people wish their support to remain private, but we would like to tell them how much we appreciate their help.

We would like to publicly thank the following:

The Commission for the Support of Victims of Crime  
ESB Electric Aid  
Faoiseamh  
Family Support Agency  
The Health Service Executive  
The National Lottery  
The Irish Times  
DeVere's Art Auctions  
Arc Studios  
Ronnie Norton Photography  
National Lottery  
Shift Theatre Company  
Dept of Justice and Equality  
Dunboyne Castle Hotel & Spa  
Dil Wickremasinghe  
Theo Dorgan  
St. Stephen's Church/Pepper Canister  
Kevin Stanley  
Sorcha Lowry  
Michael O'Connell  
Sinead O'Regan  
Bewley's  
Hummingbird Studio  
L'Ecrivain

We are especially grateful to everybody who volunteered their time and energy to organise or take part in fundraising events for us.

The staff of One in Four would like to thank our Board of Directors who give so unstintingly of their time and expertise.

We would also like to thank our solicitor and auditor who are exceptionally generous with their time, advice and support.

**Solicitor**

Pearse Mehigan  
83/84 Upper Georges St  
Dun Laoghaire  
Co. Dublin

**Auditors**

John P. Carlin & Co.  
Unit E7  
Nutmog Office Park  
Dublin 14

I am only 17 years of age with my leaving cert this year...if I did not have the support One in Four are providing for me I don't think I'd be able to get through it all.





2 Holles Street  
Dublin 2  
t 01 662 4070  
e [info@oneinfour.ie](mailto:info@oneinfour.ie)  
[www.oneinfour.ie](http://www.oneinfour.ie)

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Registered Charity No. CHY 15289

**THERAPY.  
ADVOCACY.  
PREVENTION.**