



WINTER - 2025

ONE IN FOUR

Ending the trauma of childhood sexual abuse

NEWSLETTER



Dear Supporter,
I hope my update finds you safe and well. We have had an extraordinarily busy number of months. My brief roundup below will bring you up to date on the impact our work is having on survivors across Ireland.

In October, Minister for Justice, Home Affairs and Migration, Jim O' Callaghan TD, launched our Annual Impact Report 2024 along with our Strategic Plan 2025 – 2029.

My thanks to the Minister, our Chairperson David Barrett and everyone who attended for your support, especially the survivors and family members.

A special thank you to all the media outlets who ensured our Impact Report reached kitchens, cars, headphones and tablets, resulting in an increase in first time calls from survivors.

Read our Annual Report 2024 [here](#) and Strategic Plan 2025-2029 [here](#)

Our Key Statistics from 2024:

- Total sessions delivered: **7,674**
- Individuals supported: **1,292**
- Advocacy support up 21%
- Male survivor disclosures: 62% (up from 48%)
- Location:
 - Dublin 44%,
 - Rest of Ireland 45%
 - International 6%
 - Unknown 5%
- Gender:
 - Male 62%
 - Female 37%
 - Non-binary 1%
- Prevention programme participants: 72

We launched our first national advocacy campaign, which was very kindly funded by IHREC. I hope you spotted it on your IG / FB platforms. The purpose of the campaign was to raise awareness to reach more survivors of sexual violence, for them to learn about our free advocacy support service, the campaign reached over 773,000 views.

**Supporting you
to find your way.**



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Legislation Corner

In July we welcomed the Government's move to formally approve a Commission of Investigation into the Handling of Child Sexual Abuse in ALL schools across Ireland from 1927 to 2013. The scale of this Commission of Investigation reflects the thousands of lives affected and the deep impact on families and communities for generations. We hope the Commission will uncover the failures to prevent sexual abuse, identify lessons for the future, whilst ensuring that voices of those affected lead to meaningful change.

Internationally (Insert Cyprus flag, To Zero Logo & ISPCAN logo

We welcomed colleagues from Cyprus, members of the Cyprus Family Planning Association for a three-day study visit. The organisation offers vital Psychological Support services for adults who experienced CSA. We look forward to continuing this international collaboration.

We were invited to join an International Round Table hosted by "To Zero" @ToZero for a groundbreaking Narrative-Building Summit. Organisations from across the globe came together with one shared goal, to begin shifting the narrative toward one rooted in hope, solutions, and collective action. Two days of deep collaboration and strategic thinking explored what this new narrative could look like.

We attended and presented at the ISPCAN conference in Lithuania. Where colleagues from 64 countries came together to ask and answer critical questions. One particular workshop that stood out for me was "Beyond Tokenism" : Radical Listening to Young Survivors of Sexual Violence on Their Vision for Real Systemic Change". #RiseUpToEndChildAbuse.

Training Academy

Our Professional Development Course for Psychotherapists working with Complex Trauma saw ten participants graduate in October. Each graduate gained a deeper understanding on working therapeutically with complex trauma and sexual violence,.

In October we ran a very successful pilot training course with the IACP to drive awareness on the use of counselling notes in criminal trials. Our thanks to the IACP for helping us organise this important training for 18 of their members from across the country.

In early November we delivered a full day training on "Trauma awareness and staff resilience" for three teams of the Public Records Office of Northern Ireland in Belfast. The teams there do a tremendous job in working with private and public depositors of records related to sometimes very personal and traumatic events. We are proud to have played a small role in ensuring the strengthening of systems to support survivors who interact with PRONI and the teams who meet them equally.



Vital Fundraising Matters

In order to provide our support services to survivors we are reliant on fundraising. A huge thank you those who took part in marathons, abseiled, supported events and bought raffle tickets throughout the year. A reminder our **Secret Art Sale** is live if you wish to pick up a lovely piece of art work. Check out www.oneinfour.ie/shop.

In December we are hoping sea dippers and swimmers will support our work with our #Swim4Survivors, Santa Suits are optional and we will provide a cozy hat and branded t-shirt.

Our strategic plan 2025 – 2029 is embedded with the voice of survivors. Our work continues to be about survivors voices. We need your help to deliver our ambitious plans.

If you needed our support, would you contact us? If so, please help others.

We are heavily reliant on donations to fund our life saving support services. This Christmas please support those who need us.

We have launched "Christmas Donation Certificates" .

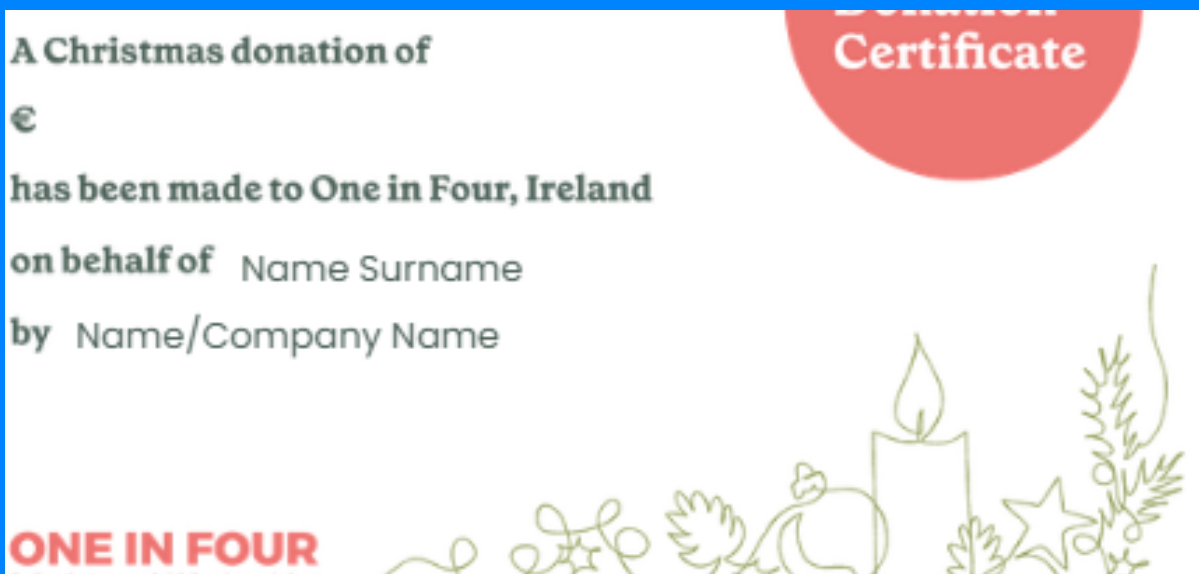
Would you like to make a donation as a Christmas Gift on behalf of a loved one? Simply make the donation and email 'fundraising@oneinfour.ie' to receive your digital or hard copy certificate.

Corporate gift donation

We rely hugely on the generosity of businesses across Ireland every Christmas. All business and corporate donations receive a 'Christmas Certificate of Donation' as a transparent way to support our mission of ending the trauma of child sexual abuse.

All donors are welcome to visit our office and meet members of our team when donating. It is a lovely way for us to say thank you in person, take a photo and forge important relationships.

Please contact Kathrina or Roisin on 01 662 4070 for any questions about our Christmas Certificate of Donation.



We were thrilled to be awarded the Charities Institute of Ireland (CII) , Triple Lock award again this year. The Triple Lock accreditation is a standard of excellence awarded by the CII to charities that meet the highest standards in three key areas: ethical fundraising, transparent reporting and strong governance. It acts as a quality mark and provides assurance to the public that a charity operates with integrity, accountability and transparency, ensuring funds are managed responsibly and effectively.



Following on from our extensive work whilst developing our strategic plan, one area of action is our branding. As part of the consultation process it became apparent it was time for a change, a time for our brand to reflect the values of our team and organisation. I hope you like a new branding, the colours chosen reflect kindness, care, compassion and healing.

Thank you for your generous support and for supporting survivors of childhood sexual abuse this Christmas.

Wishing you and yours a lovely Christmas season.

Warmest regards,

Deirdre Kenny
Chief Executive

Ps: Follow us to find out more about the survivors you are helping.

[Website](#) [Facebook](#) [Instagram](#) [LinkedIn](#)