Annual Review
2025

ONE IN FOUR
Together to end child sexual abuse



Hope
Resilience
Survival

Strategy & Performance

One in Four delivers an integrated service framework that responds comprehensively to the needs of child sexual abuse survivors. Our model weaves together complementary interventions to ensure our support is both cohesive and tailored to an individual's needs.

Our clinical programme provides individual and group therapy for survivors and families, using an evidence-informed, collaborative, and responsive therapeutic approach tailored to each person's needs.

Our advocacy service equips survivors to navigate legal, institutional, and other formal systems with trusted, trauma-focused support—combining accessible information, emotional care, and practical tools to foster empowerment and self-advocacy.

Providing a space for families to understand and address the dynamics that allowed the abuse to happen.

Working with those who have sexually offended as part of our commitment to child protection and community safety.

Advocating within institutional systems to ensure survivor-centred practices and meaningful access to justice.

Developing an organisation that remains resilient, accessible, and committed to the highest standards of transparency and accountability.



Your support has literally changed my life and how I look at my present and future.

Foreword from the CEO

At the centre of our work are the people who come to us. For many, making contact with a service can follow years of silence, uncertainty or isolation. We know that trust is built gradually, through being listened to and supported without judgement.

Our role is to offer a space where people can speak when and how they choose, access specialist support, and begin to make sense of experiences that may have shaped their lives for a long time.

But our work does not end with responding to harm after it has occurred. After many years of supporting survivors, we know that child sexual abuse is not simply an issue of the past. It is happening now, in our communities and increasingly in online spaces. We have a responsibility to children today: to prevent abuse where we can, to challenge silence and complacency, and to build a society in which child safety is understood as everyone's responsibility.

2025 marked the beginning of a new chapter for our organisation, as we began to put our Strategic Plan 2025–2029 into action. It sets out a clear and ambitious commitment: to work together to end child sexual abuse through expert support for survivors, effective prevention and shared societal responsibility.

Throughout 2025, we continued to strengthen our integrated services while advancing prevention, sharing our expertise and working with partners towards a more informed, accountable and child-safe Ireland.

I want to thank our staff, Board, funders, donors and partners for their skill, leadership, trust and commitment. Most of all, I thank the clients who place their trust in One in Four. Their experiences, perspectives and resilience continue to shape our work and strengthen our resolve.



Deirdre Kenny
CEO

Outcomes

8,444
sessions provided across advocacy and psychotherapy programmes

Advocacy

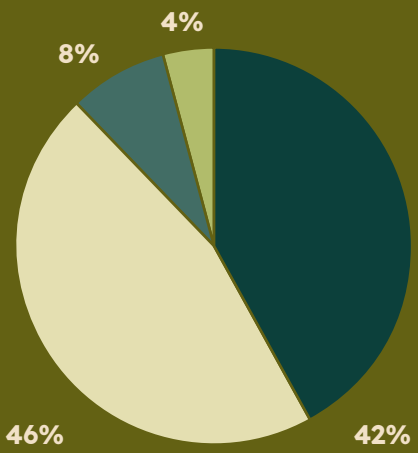
5,013
Sessions

700
Individuals

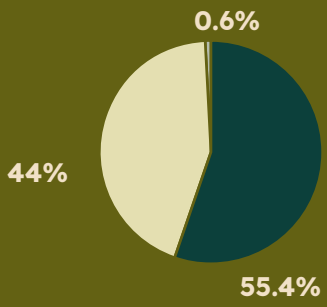
56%
New clients

Advocacy National Reach

- Dublin **42%**
- Rest of Ireland **46%**
- International **8%**
- Unknown **4%**



- Male **388** | **55.4%**
- Female **308** | **44%**
- Non binary **4** | **0.6%**



Psychotherapy

3,431
psychotherapy sessions were delivered

239
survivors took part in psychotherapy

39
clients participated in family group psychotherapy

38
clients participated in group psychotherapy

Prevention

80
individuals took part in the prevention programme

Waiting List Case Management

1,687
support engagements were provided

557
clients received waiting list case management support

49%
of survivor clients on the waiting list progressed into individual or group psychotherapy

Strategic Delivery

Training and Professional Development

Our training department delivered accredited, evidence-based training programmes, designed to share One in Four's expertise with professionals who interact with survivors through their daily work. We also offered shorter in-person and online workshops alongside our certificate course, covering a variety of specific topics including working with disclosures.

Demand for our services continues to grow, and we make every effort to respond to those who need our support. Alongside meeting this demand, we remain firmly committed to the quality and effectiveness of the services we provide. We continue to use psychometrics to give us valuable insight into client outcomes over time, with the evidence showing consistent reductions in trauma-related symptoms. This focus on evidence and measurable outcomes is central to ensuring that our services remain responsive, effective and of the highest quality.

Consultancy and Expert Advice

Building on our position as a leading authority on child sexual abuse support and prevention, One in Four provided expert advice and guidance to external organisations and agencies. This included support on safeguarding practices, trauma-focused responses, responding to disclosures and strengthening approaches to prevention.

Strategic Engagement and Communications

2025 marked a pivotal year in how One in Four positions itself and engages with the wider system working to end child sexual abuse in Ireland. As identified in our Strategic Plan, this was the year that we moved from intention to implementation, building the structures and functions needed to carry our mission further.

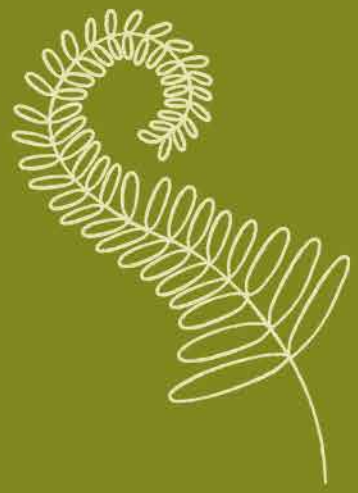
National Child Safety Task Force

In 2025, through the National Child Safety Task Force, One in Four launched *Irish Attitudes to Tackling Child Sexual Abuse*, research undertaken with Dr Karen Hand. It provided a strong Irish evidence base and, alongside partnerships at home and relationships with international experts, is helping us shape what an effective national prevention strategy should look like in Ireland.

We continued to advocate for a national, coordinated approach to prevention as a public-health issue. We have worked to build relationships and bring together clinical and research expertise, survivor voices, academics, statutory services, and other frontline organisations to share their knowledge and insights and work towards the development and delivery of effective, evidence-based prevention at all levels.

Prevention

In 2025, we continued to develop our prevention work, with a core focus on risk management and child protection. Secondary prevention offers a crucial opportunity to intervene before abuse takes place and is an essential component of a comprehensive public-health response to child sexual abuse.



Governance

CLG Registered Charity
Board of Directors (Trustees):

Chair
Dave Barrett

Company Secretary
Niall Behan

Treasurer
Derek Small

Catherine Heaney, Dr Conn Dorai-Raj, Dr Sinéad Ring,
Conall Harding, Philip Lee, Derek Nolan

Board Committees
Audit and Finance Committee, Governance and Risk Committee, Nominations Committee, Remuneration Committee, Research Committee

CEO
Deirdre Kenny

We maintain an extensive Risk Register which is scrutinised and monitored regularly by the Governance and Risk Committee. The Board of Directors (Trustees) comprehensively reviews it annually. We are fully compliant with the Charities Regulator's Charities Governance Code.

Staff
22 full-time equivalent (FTE)

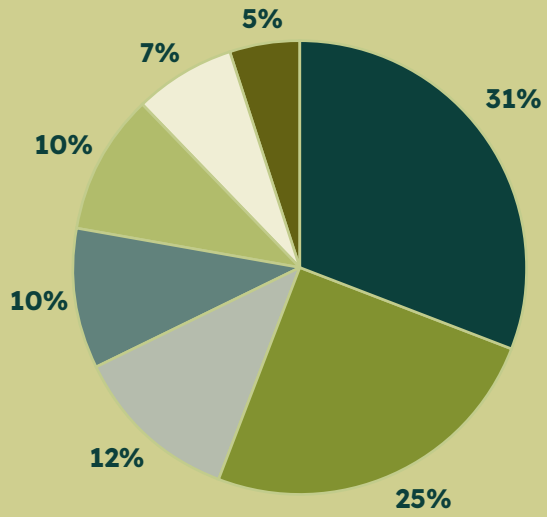
(Full governance details are available at www.oneinfour.ie)



One in Four has been life-changing, it helped me when I was at my lowest.

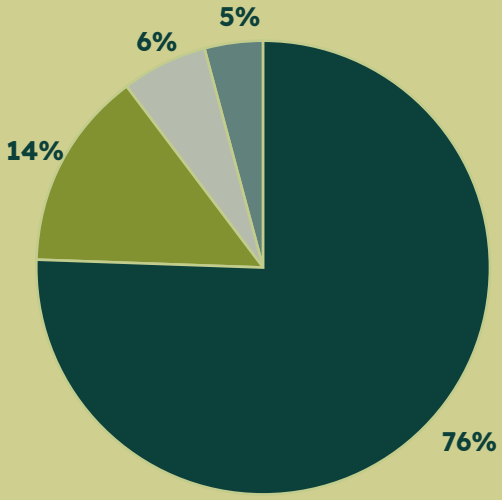
Financials

Operational Funding



- HSE **€695,811** (31%)
- Cuan **€547,835** (25%)
- Tusla **€260,516** (12%)
- Department of Education **€231,969** (10%)
- Income Generation **€222,947** (10%)
- Donations & Legacies **€152,354** (7%)
- Philanthropic Grants **€114,913** (5%)

Operational Expenditure



- Staff Costs **€1,587,758** (76%)
- Operating Costs **€289,478** (14%)
- Raising Funds **€131,878** (6%)
- Other **€90,573** (4%)

The kindness and compassion has had a lasting impact.

Our 2025 Audited Financial Statements are available on our website
https://oneinfour.ie/wp-content/uploads/2026/05/One-in-Four-Audited-Financial-Statements-2025.pdf

One in Four
35–36 Arran Quay
Dublin 7 D07 E221

01 662 4070
info@oneinfour.ie
www.oneinfour.ie

RCN: 20052393 | CHY: 15289 | CRN: 359278

Thank You for Your Support



I am grateful for what you have enabled me to face and say aloud.